



MARRIOTT INTERNATIONAL LUXURY BRANDS | JW MARRIOTT MARCO ISLAND | WELLNESS ACTIVITIES AND AMENITIES



BY JW
MARCO ISLAND

VISION

WELLNESS CONCEPTS

This is a place to recover... to recover from the stresses of work and life, from the hustle and bustle of a busy schedule, and from the internal and external struggles that take their toll on your wellbeing.

While the beach and natural environment of southwest Florida absolutely do their part, sometimes more is needed. So many of our groups have attendees that work so very hard, and while they are here with us in paradise we hope to give them something more than great memories and relaxation, we hope to instill them with some of the skills that they can use in their lives back in the real world.

Yoga practices that can strengthen their bodies and meditation classes that can calm their minds.



ABOUT

SPA BY JW

SPA BY JW, a different type of spa... one that considers the end of the experience just as much as the beginning.

How do you want to feel when your treatment is over? Spas should be results driven, so our spa is completely designed around four primary outcomes.

Calm • Renew • Indulge • Invigorate

Working within these four benefits, we incorporate treatment styles to help you achieve these goals.

Our spa facility boasts over 25,000 square feet of lounges, pools, retail, fitness and treatment space that are designed to specifically create respite from life.

As beautiful as our resort and spa are, a spa is only as good as the people that are part of it. Our team of massage therapists and skin care experts are some of the best in the world, and our guest satisfaction results prove it.



VENUE

JW MARRIOTT MARCO ISLAND BEACH RESORT

Situated on the shores of the Gulf of Mexico, along three miles of pristine private beach, JW Marriott Marco Island Beach Resort offers the perfect balance of luxury and tranquility.

Drawing inspiration from the Balinese culture and its emphasis on the beauty of nature.

Discover Paradise Redefined.



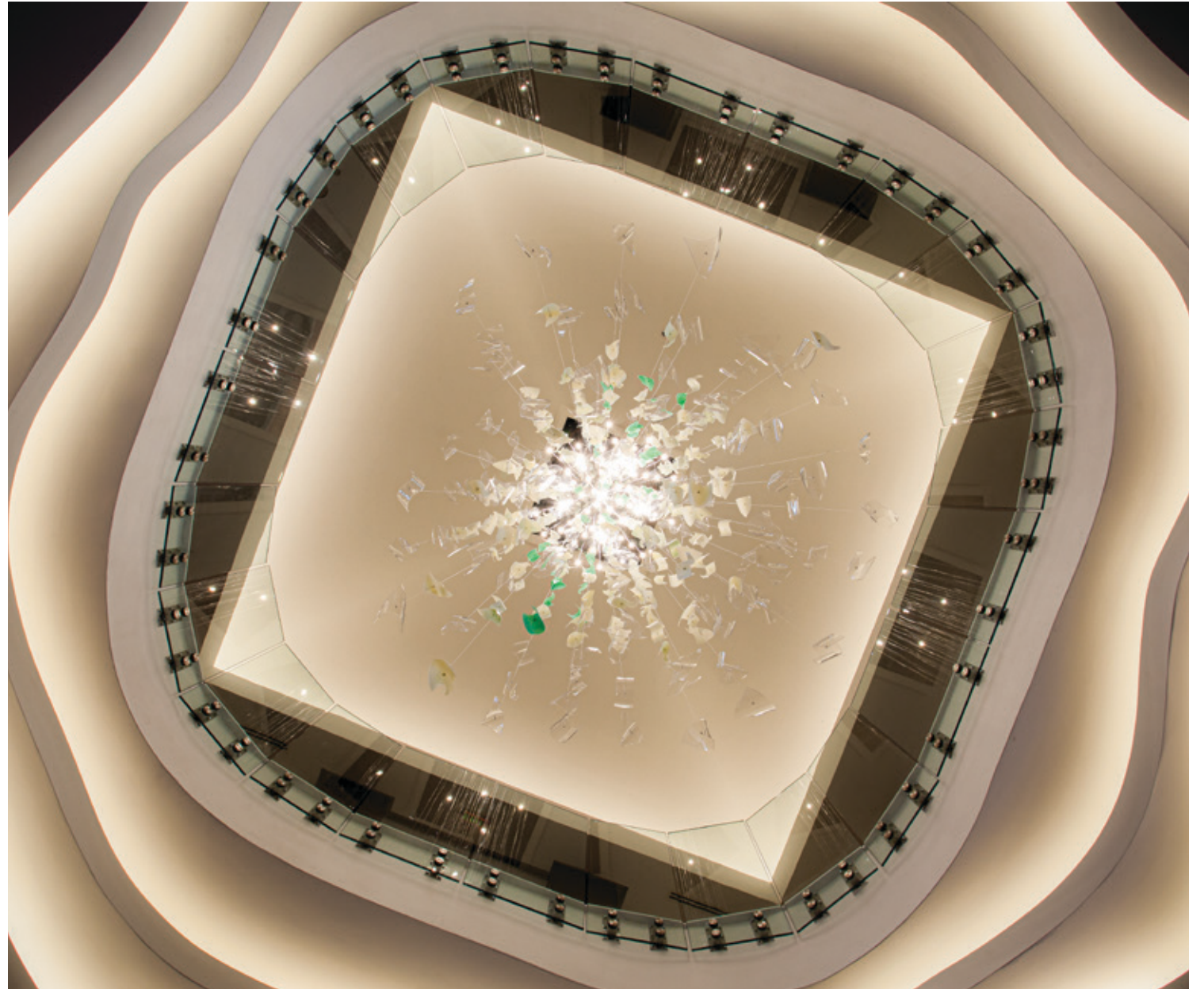
SPA TREATMENTS

PRESELECTED SPA TREATMENTS

All spa treatments have been designed with your group in mind. A preselected menu allows participants to avoid confusion when designing their day in the spa.

Additionally, all proposed Spa treatments include an all day access to Spa by JW amenities. As part of our amenities, we offer a sauna, steam room, hot and cold plunge pool, yogurt stand with toppings, fresh fruit, coffee/tea station, as well as access to the JW Spa Outdoor Pool and Mineral Tub (for resort guests, the spa access fee is \$55).

The SPA BY JW provides bathrobes, sandals and all amenities to enhance the guest's experience. We suggest that Spa guests bring a bathing suit to enjoy our Outdoor Pool and Mineral Tub.



MASSAGE

TREATMENTS

5 SENSES: Our signature massage uniquely balances both body and mind, while simultaneously integrating all five senses into the healing process. This treatment was designed exclusively by our team of therapists to deliver a truly unique spa experience. (100 minutes)

MARCO ISLAND CUSTOM MASSAGE: Have your say on pressure and pace and allow our talented therapists to tailor a personalized experience based on your needs. (50 or 100 minutes)

DEEP MUSCLE RELEASE MASSAGE: Enjoy a welcome sense of renewal for exhausted muscles from this intensely satisfying, powerful massage that reaches the deeper structures of the body. (50 or 100 minutes)

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FACIAL

TREATMENTS

MARCO ISLAND CUSTOMIZED FACIAL: Allow our experienced skin care specialists to create a customized facial treatment designed for your skin type and based on your preferences, while using organic products. (50 minutes)

ANTI AGING: Recapture a youthful complexion through a precise combination of exceptional skin care, telomere technology, healing rose and plant stem cells proven to regenerate the skin. (50 minutes)

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NAIL CARE

TREATMENTS

SPA MANICURE AND PEDICURE COMBINATION:

A luxurious treatment that includes a calming arm and hand massage followed by an anti aging skin treatment using essential oils and hydrating lotions. (Please discuss with spa sales team for timing options). (100 minutes)



INTERACTIVE SPA ACTIVITIES

SIGNATURE INTERACTIVE EVENTS, WELLBEING OFFERINGS

ORGANIC SCRUB BAR:

Our most popular interactive event in which the Spa facilitates a crafted experience by mixing customized exfoliating scrubs for each guest.

AROMA-BLENDING BAR:

Using pure essential oils, our team will create a signature aroma for each participant, while educating about how aromas affects the body and mind.

SELF-CARE MASSAGE CLASS:

This class is designed to teach guests how to take better care of their bodies by using self massage techniques and specialized tools which will assist in relieving tension and increasing mobility.



SPA ACTIVITES

INTERACTIVE EVENTS, WELLBEING OFFERINGS

ACTIVITIES

Zen Den

Massage Garden

Organic Scrub Bar

Aroma-blending Bar



ORGANIC SCRUB BAR

CUSTOMIZED EXFOLIATING SCRUBS

Our most popular interactive event in which the Spa facilitates a crafted experience by mixing customized exfoliating scrubs for each guest.

Our team will guide each guest through the crafting process using a variety of raw ingredients such as salts, sugars, herbs, essential oils, and fruits that can be used on the body, face or hands and feet.

A wonderful event that can be paired with group arrivals, registrations, breakfasts, lunches, or cocktail hours that can be hosted in any environment.



AROMABLENDING BAR

CUSTOMIZED AROMA FROM ESSENTIAL OILS

Using pure essential oils, our team will create a signature aroma for each participant, while educating about how aromas affects the body and mind.

Customized aromas are curated for relaxation and awakening, as well as designed to help recall specific memories through our sense of smell.

Each guest will walk away with their specific aroma in a small 2mL bottle with roll on applicator to use throughout their day.



SELF-CARE MASSAGE CLASS

A WELLNESS ACTIVITY

This class is designed to teach guests how to take better care of their bodies by using self massage techniques and specialized tools which will assist in relieving tension and increasing mobility.

We offer this class to our guests as a part of our growing® wellness initiative and each session is facilitated by the talented massage therapists from the SPA by JW Marco Island.



SLEEP CLASS

THE MOST RELAXING CLASS YOU WILL EVER TAKE

Sleep is one of the most important things that you do on a regular basis. How well you sleep is incredibly important.

Many people have a hard time falling and staying asleep, in large part due to the stresses of daily life encroaching into their nighttime routine.

Our team of trained Yoga Nidra practitioners will facilitate your sleep class, designed to give you direction on achieving better sleep. We also discuss the science of sleep, and what happens to you mentally and physically when you don't sleep well.

Lie back, listen, and drift off...



MEETING BREAKS

THE MOST RELAXING BREAK YOU WILL EVER TAKE

Meetings Break - 5, 10, 15 min - \$125 | 30 min - \$200
(5, 10, 15 or 30 min.) Keep your meeting attendees focused and ready to receive information by breaking up the meeting with movement, meditation, or stretching.

- **Stretch Break-** *Stretching for your guests can help keep focus and alleviate body discomfort.*
- **Meditation/Breath Work -** *Bringing the mind and breathing back in focus to keep the mind sharp.*
- **Movement/Exercise -** *Get the heart rate up and circulation going with a brief cardio session for all levels of fitness participants.*

All activities have an additional 25% service charge.



MASSAGE GARDEN

SPA ANYWHERE

The Spa will come to you...

Allow our team to create a wellness space in any area you decide. With state of the art luxury spa massage chairs, our team will come to the meeting spaces, the pools, or even the beach.

Using the newest technology in massage and their extensive skill set, our world class therapists will help your guests get into a refreshed state of mind during meetings, after meetings, or after their extensive travels to Paradise.

**Additional culinary offerings (tea, organic juices or healthy bites) available upon request at an additional rate. Please inquire about our curated menu.*



ZEN DEN

RELAXATION ZONE

A space to get away...

Give your team a way to unplug from the work and reset their minds. This space is designed to provide a sanctuary to break away from the meetings, to recharge their minds, and refocus their thoughts for the upcoming meetings.

Moving Art cascades the wall with imagery that teleports your guests to a beautiful natural setting.

Comfortable Thai triangle cushions make relaxation easy, and delicious comforting hot tea provides the perfect companion to the experience.



GROUP FITNESS

CUSTOMIZED FITNESS OFFERINGS

Beach Yoga

Yin Yoga

Spinning Classes

Beach Boot Camp

Meditation

Core Class

Pilates



TREATMENT PRICING

PRESELECTED GROUP SPA TREATMENTS

5 SENSES MASSAGE

100 minutes \$390*

MARCO ISLAND CUSTOM MASSAGE

50 minutes \$200; 100 minutes \$380*

DEEP MUSCLE RELEASE MASSAGE

50 minutes \$215; 100 minutes \$395*

MARCO ISLAND CUSTOM FACIAL

50 minutes \$200*

D.T.R.

100 minutes \$400*

SPA MANICURE AND PEDICURE

100 minutes \$175*

**Treatment pricing above varies based on peak vs. non-peak days. A 25% service charge will be added to all spa treatments.*
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ACTIVITIES PRICING

INTERACTIVE EVENTS, WELLBEING OFFERINGS

ZEN DEN

Pricing starting at \$3,000 per day

MASSAGE GARDEN

Pricing based per therapist, per hour, \$250 per hour

ORGANIC SCRUB BAR

Groups sizes from 20-200, \$25 per person

AROMA-BLENDING BAR

Groups sizes from 25-75, \$25 per person

CLASSES (60-MINUTES)

Yoga Nidra Sleep Class

Self-Care Massage Class

\$550 for a group of up to 30 guests

\$1,000 for 31-74 guests

*For larger groups, please consult our spa sales team.
All activities have an additional 25% service charge. MM14514*



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CUSTOMIZED FITNESS OFFERINGS

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Yin Yoga

Spinning Classes

Beach Boot Camp

Meditation

Core Class

Pilates

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TO LEARN MORE, CONTACT:

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