

Store Hours: Sun. Closed M-
Th 8am-3pm Closed F & S

Living Food Bakery

Call 813-715-0622
38201 10th Ave Zephyrhills
FL 33542



Menu

Signature

Seasonal

* = Gluten Free

** = FTT - Farm to Table

***Both

Breakfast

Add mix Vegies \$1 or meat \$2

Choice of 1 each Cheese

American white or Yellow; Swiss +\$.50

B1	Croissant w/Egg & Cheese	\$	3.75
B2	Moringa Bread w/Egg & Cheese	\$	4.25
B3	Multi Grain Bread w/Egg&Cheese	\$	4.99
B4	Purple sweet potato	\$	7.99

w/ 2 Egg & Cheese

Seafood

S1	*Salmon w/ Coconut Rice Passion Fruit-Honey Sauce	\$	15.99
S2	*Wild Shrimp w/ Coconut Rice Passion Fruit-Honey Sauce	\$	16.99
S3	*Shrimp Boat w/ Coconut Rice Passion Fruit-Honey Sauce	\$	12.99
S4	*Cod w/Sweet Potato Noodle Salad	\$	11.99
S5	*Shrimp w/Sweet Potato Noodle Salad	\$	11.99
S6	*Sautéed Shrimp	\$	11.99

Noodles: Sweet Potato or Rice

Sub or Sandwich

Choice of any Bread in Shop & includes 1ea. 12oz Tea
(Multi Grain or Sprouted Wheat add \$1)

SS1	BBQ Pork	\$	8.99
SS2	Chicken	\$	8.99
SS3	Fish	\$	9.99
SS4	Shrimp	\$	9.99
SS5	Tofu (Non GMO)	\$	7.99
SS6	Garden Veggie (Seasonal)	\$	8.99

B5	Chicken w/mushroom Omelette	\$	9.99
B6	Chicken w/mushroom pancake	\$	9.99
B10	***Purple sweet potato cake-vegan	\$	4.75
B11	***P. sweet potato turkey dumpling soup	\$	8.99
B12	***P. sweet potato turkey dumpling -5pc	\$	10.99

C1	***Grill Chicken w/Sweet Potato Noodle Salad	\$	9.99
----	---	----	------

C2	***Chicken Boat w/ Coconut Rice Passion Fruit	\$	10.99
----	--	----	-------

C3	**Chicken Fried Rice	\$	10.35
----	----------------------	----	-------

		\$	10.99
--	--	----	-------

**Moringa Noodles (from Scratch)

C4	Sautéed Chicken	\$	10.99
S7	" Shrimp	\$	12.99
V5	Seasonal " **Garden Veggies	\$	9.99

Seaweed Wraps

w/ coconut milk Rice & Seaweed Soup

SW1	BBQ Pork	\$	8.99
SW2	Chicken	\$	8.99
SW3	Chicken w/ Passion Fruit	\$	9.99
SW4	Fish	\$	9.99
SW5	Shrimp	\$	9.99
SW6	Tofu (Non Gmo)	\$	8.99
SW7	Vegan without Rice	\$	9.99

B7	***Garden Veggie Omelette	\$	8.00
B8	***Garden Veggie Pancake	\$	8.99
B9	***Shrimp & Veggie Pancake	\$	11.99
B11	***P. sweet potato Vegan dumpling -5pc	\$	9.99

V1	***Vicky's Special- noodle soup Wild Shrimp; Fried Egg & GardenVeggies	\$	17.99
----	---	----	-------

(Served with Coconut Rice)

V2	*Sautéed Shrimp Garden Veggies	\$	11.99
V3	***Garden Veggies Fried Rice	\$	8.35
V4	*Sautéed Garden Veggies w/ rice side	\$	10.99
V5	***Kimchi vegan Fried Rice	\$	10.99

SP1	*Pumpkin Soup with toast	\$	7.99
SP2	***Pumpkin soup with mix Veggie	\$	8.99
SP3	Pumpkin soup w/ sweet P. N ***choice of chicken or shrimp	\$	11.99

Soups

Chicken Broth Base: choice of Noodles

Angel Hair Rice or Sweet Potato

MS1	*Roast Pork	\$	9.99
MS2	*Chicken	\$	9.99
MS3	*Fish	\$	10.99
MS4	*Shrimp	\$	10.99
MS5	*** GARDEN Veggie	\$	8.99
	<u>Vegan Broth w/ above noodle options</u>		
MS6	***Vegan - seasonal garden veggie	\$	9.99

