

# Living Food Bakery



## Pastries

## Signature

## Seasonal

\* = Gluten Free

\*\* = FTT - Farm to Table

\*\*\*Both

|                         | Each    | Dozen            |                                   | 12oz     | 16oz    | 32oz                  |                                    | Each    | 2 loaf   |
|-------------------------|---------|------------------|-----------------------------------|----------|---------|-----------------------|------------------------------------|---------|----------|
|                         |         | <i>*preorder</i> | <b>CF1 Coffee</b>                 | \$ 3.15  | \$ 3.75 | \$ 6.00               | <b>Loaf</b>                        |         |          |
| Croissant               | \$ 1.75 | \$ 17.50         | <b>CF2 Coffee w/Moringa</b>       | \$ 3.95  | \$ 4.65 | \$ 6.75               | Banana Nut                         | \$ 7.99 | \$ 14.99 |
| <b>Danish</b>           |         |                  | <b>TEA Flavors</b>                |          |         | <b>12oz 16oz 32oz</b> | Blueberry Banana Ginger            | \$ 7.99 | \$ 14.99 |
| Almond                  | \$ 1.75 | \$ 17.50         | HT House Special Happy Tea        | \$ 2.00  | \$ 2.50 | \$ 4.50               | Sweet Potatoe                      | \$ 8.50 | \$ 15.99 |
| Cinnamon                | \$ 1.75 | \$ 17.50         | BB Moringa Flower Blend           | Pot Only |         | \$ 5.25               | Everything (Seeds/Fruit/Flower)    | \$ 7.00 | \$ 12.99 |
| Cream Cheese            | \$ 1.75 | \$ 17.50         | ( Rose; Lavender & )              |          |         |                       | Moringa Pullman                    | \$ 4.50 | \$ 7.99  |
| Lemon Raisin            | \$ 1.50 | \$ 15.00         | CO Cranberry Orange               | \$ 1.50  | \$ 2.00 | \$ 3.80               | Moringa Whole Wheat                | \$ 6.00 | \$ 10.99 |
| <b>Sweet Buns</b>       |         |                  | ( Cooling )                       |          |         |                       | Multi Grain                        | \$ 7.00 | \$ 12.99 |
| Coconut                 | \$ 1.50 | \$ 15.00         | DET Detox Blend                   | \$ 2.50  | \$ 3.25 | \$ 5.25               | Rum Raisin                         | \$ 3.99 | \$ 6.99  |
| Cranberry Buttermilk    | \$ 1.75 | \$ 17.50         | DIG Immute Booster 18             | \$ 2.99  | \$ 3.50 | \$ 6.99               | purple Power loaf                  | \$ 4.99 | \$ 8.99  |
| Pineapple               | \$ 1.75 | \$ 17.50         | GIN Ginger-Peach-Black Tea        | \$ 1.50  | \$ 2.00 | \$ 3.80               | <b>French Style</b>                |         |          |
| Moringa w/Cream Cheese  | \$ 2.00 | \$ 20.00         | ( natural Caffeinated )           |          |         |                       | Olive                              | \$ 3.00 | \$ 4.99  |
| Moringa w/Cream Coconut | \$ 2.00 | \$ 20.00         | LG Lemongrass & Astrangul         | \$ 3.99  | \$ 4.69 | \$ 7.99               | Moringa                            | \$ 3.00 | \$ 4.99  |
| <b>Cookie Style</b>     |         |                  | ( energy & warming )              |          |         |                       | <b>Cookies</b>                     |         |          |
| Lemon Crisp Bun         | \$ 1.50 | \$ 15.00         | LB Holiday Spirit Blend           | \$ 2.99  | \$ 3.50 | \$ 6.99               | Brownie                            | \$ 6.99 |          |
| <b>Other Buns</b>       |         |                  | MLM Moringa Lemon Balm            | \$ 2.00  | \$ 2.50 | \$ 4.50               | Cranberry & Walnut oatmeal         | \$ 4.50 |          |
| BBQ Roast Pork          | \$ 2.00 | \$ 20.00         | MM Moringa Mints                  | \$ 2.00  | \$ 2.50 | \$ 4.50               | Granola                            | \$ 4.50 |          |
| Sweet Potatoe           | \$ 2.00 | \$ 20.00         | HG Hibiscus Ginger                | \$ 2.00  | \$ 2.50 | \$ 4.50               | *Moringa Sm - Large                | \$ 4.50 | \$ 5.49  |
| Taro Root               | \$ 1.50 | \$ 15.00         | SB Sunflower Blend                | \$ 2.00  | \$ 2.50 | \$ 4.80               | *Chocolate Chip Sm - Large         | \$ 4.99 | \$ 7.99  |
| <b>SWEETS</b>           |         |                  | ( assists in lowering body heat ) |          |         |                       | <b>Smoothies</b>                   |         |          |
|                         |         | <b>1/2 Dozen</b> | YMB Yerba Mate Blend              | \$ 2.00  | \$ 2.50 | \$ 4.50               | SM1 ***Passion Fruit & Raw Honey   | \$ 5.99 | \$ 6.99  |
| Chocolate Cake          | \$ 3.00 | \$ 15.00         |                                   |          |         |                       | SM2 ***BlueBerry lemonade w/Ginger | \$ 5.00 | \$ 6.50  |
| Coffee Cake             | \$ 3.00 | \$ 15.00         |                                   |          |         |                       | SM3 ***purple power smoothy        | \$ 4.00 | \$ 5.00  |
| Chocolate Roll          | \$ 4.00 | \$ 20.00         |                                   |          |         |                       | SM4 ***Garden Green                | \$ 4.00 | \$ 5.00  |
| *purple power Mousse    | \$ 4.00 | \$ 20.00         |                                   |          |         |                       | SM5 *Hibiscus Honey                | \$ 4.00 | \$ 5.00  |
| *Lemon Cheesecake cups  | \$ 2.00 | \$ 10.00         |                                   |          |         |                       | SM6 *Mint Dark Cocoa               | \$ 3.50 | \$ 4.50  |
| *Lemon Rolls            | \$ 2.00 | \$ 10.00         |                                   |          |         |                       | SM7 ***Moringa                     | \$ 4.00 | \$ 5.00  |
| *Chocolate Mocha Mousse | \$ 4.00 | \$ 20.00         |                                   |          |         |                       | SM8 **Papaya Honey                 | \$ 5.00 | \$ 6.50  |
| *Mocha Mousse           | \$ 4.00 | \$ 20.00         |                                   |          |         |                       | SM9 *Taro Root                     | \$ 3.50 | \$ 5.00  |
| *Opera Cake             | \$ 4.00 | \$ 20.00         |                                   |          |         |                       | SM10 *Turmeric Honey               | \$ 3.50 | \$ 4.50  |
| Small Pineapple Tart    | \$ 2.00 | \$ 10.00         |                                   |          |         |                       |                                    |         |          |