



## PDI Treatment Overview

Adapted from Table 10.2 in *Parent-Child Interaction Therapy*  
(McNeil & Hembree-Kigin, 2010, p. 209)

Type of Session	Who Attends	Handouts/Forms Needed and Home Practice
<p><b>PDI Command Training (CT)</b></p> <p><b>Teach Session</b></p>	Caregivers	<p>PDI Handouts (one per caregiver):</p> <ul style="list-style-type: none"> <li>● ECBI</li> <li>● The Big Ignore Diagram</li> <li>● Praising Compliance with Older Children</li> <li>● CDI Home Practice Sheet</li> <li>● PDI-CT Home Practice Sheet (caregivers continue 10 mins. of CDI and also use CT throughout the day)</li> </ul> <p><b>From <i>PCIT Protocol</i>:</b></p> <ul style="list-style-type: none"> <li>● Eight Rules of Effective Commands in PDI</li> <li>● Changing Ineffective Commands to Effective Commands</li> </ul>
<p><b>PDI CT</b></p> <p><b>Coaching Session:</b> Minimum of 1</p>	Caregivers and Child	<p>PDI Handouts (one per caregiver):</p> <ul style="list-style-type: none"> <li>● ECBI</li> <li>● In-Session CDI Coding Sheet</li> <li>● CDI Home Practice Sheet</li> <li>● PDI-CT Home Practice Sheet (caregivers continue 10 mins. of CDI and also use CT throughout the day)</li> </ul>
<p><b>PDI Time-out Acceptance Chart (TAC)</b></p> <p><b>Teach Session</b></p>	Caregivers	<p>PDI Handouts (one per caregiver):</p> <ul style="list-style-type: none"> <li>● ECBI</li> <li>● Time-out Acceptance Chart (Sample)</li> <li>● Time-out Acceptance Chart Diagram</li> <li>● CDI Home Practice Sheet</li> <li>● PDI-CT Home Practice Sheet (caregivers continue 10 mins. of CDI and also use CT throughout the day)</li> </ul> <p>** TAC is <b>not</b> practiced at home this week **</p>
<p><b>PDI TAC</b></p> <p><b>Coaching Sessions:</b> Minimum of <b>two</b> sessions</p>	Caregivers and Child	<p>PDI Handouts (one per caregiver):</p> <p><b>TAC Coach 1</b></p> <ul style="list-style-type: none"> <li>● ECBI</li> <li>● In-Session CDI Coding Sheet</li> <li>● Time-out Acceptance Chart (blank)</li> <li>● CDI Home Practice Sheet</li> <li>● PDI-TAC Home Practice Sheet (continue 10 mins. CDI daily and use TAC throughout the day)</li> </ul>

		<p><b>TAC Coach 2 (introduce house rules, if ready):</b></p> <ul style="list-style-type: none"> <li>● ECBI</li> <li>● In-Session PDI-TAC Coding Sheet</li> <li>● Steps for Accepting Time-out Handout</li> <li>● CDI Home Practice Sheet</li> <li>● PDI-TAC Home Practice Sheet with House Rules (continue 10 mins. CDI daily, TAC throughout the day, and for one house rule)</li> </ul> <p><b>From <i>PCIT Protocol</i>:</b></p> <ul style="list-style-type: none"> <li>● House Rules Handout</li> </ul>
<p><b>PDI Time-out with Suspension of Privileges (TSP)</b></p> <p><b>Teach Session</b></p>	<p>Caregivers</p>	<p>PDI Handouts (one per caregiver):</p> <ul style="list-style-type: none"> <li>● ECBI</li> <li>● Time-out with Suspension of Privilege (TSP) Diagram</li> <li>● CDI Home Practice Sheet</li> <li>● PDI-TAC Home Practice Sheet (continue house rules)</li> </ul> <p>** TSP is <b>not</b> practiced at home this week **</p>
<p><b>PDI TSP</b></p> <p><b>Coaching Sessions:</b> Minimum of <b>two</b> sessions</p>	<p>Caregivers and Child</p>	<p><b>TSP Coach 1</b></p> <ul style="list-style-type: none"> <li>● ECBI</li> <li>● In-Session CDI Coding Sheet</li> <li>● CDI Home Practice Sheet</li> <li>● PDI-TSP Home Practice Sheet (continue house rules)</li> </ul> <p><b>TSP Coach 2: Introduce Public Behavior</b></p> <ul style="list-style-type: none"> <li>● ECBI</li> <li>● CDI Home Practice Sheet</li> <li>● In-Session PDI-TSP Coding Sheet</li> <li>● PDI-TSP Home Practice Sheet (continue house rules)</li> </ul> <p><b>From <i>PCIT Protocol</i>:</b></p> <ul style="list-style-type: none"> <li>● Public Behavior Handout</li> </ul> <p><b>TSP Coach 3 and Beyond</b></p> <ul style="list-style-type: none"> <li>● ECBI</li> <li>● In-Session CDI Coding Sheet</li> <li>● In-Session PDI-TSP Coding Sheet</li> <li>● CDI Home Practice Sheet</li> <li>● PDI-TSP Home Practice Sheet</li> </ul> <p><b>Graduation Session</b></p> <ul style="list-style-type: none"> <li>● Graduation Certificates (for child and caregivers)</li> <li>● Privilege Loss Handouts (Appendix D)</li> </ul> <p>Other Discipline Tools (from <i>PCIT Protocol</i>)</p>