

Member of
General
Federation of
Women's Clubs

California
Federation of
Women's Clubs

Elisa Trasoras, President

**LOS CERRITOS
DISTRICT, AREA C**

LXII—Volume 9 July-Aug 2020



Barbee Heiny, Editor

PRESIDENT'S MESSAGE

How exciting that the Executive Committee finally met in person on June 12th, of course Social Distancing was in effect. The reason behind having the meeting, in person, was to have everyone present. Zoom is great but unfortunately, it's not enough time to have our business done properly. Thank you Paramount Chamber of Commerce for hosting our meeting.



Please mark your Calendar: October 31st is our Area C Workshop at the Airtel Plaza Hotel, 7277 Valjean Avenue, Van Nuys 91406. This is the time that we are going to meet the new 2020-2022 California Federation of Women's Club Officers. I am very excited to see how far this new Leadership will take us. Our District is proud to have our very own Barbara Briley Beard as the State 1st Vice President. Congratulations Barbara you make us very proud. Shout out to the Los Cerritos District.

As I have mentioned earlier, changes are inevitable so here goes. January 2021 is going to be a very busy month for all of us.

- Fine Arts Festival submission and Judging of all projects and art work are due on January 11th, that's including Photography and Creative Writings. Please have all the necessary documents attached to your project upon submission. This will make it more organized. All winners in each category will be on display the day of the actual Fine Arts Festival on **January 25th**. Club Art Tables and Table Centerpieces will be judged the day of the events.
- Clubs and Chairmanship Reports are due on January 11th, if you are new to this volunteer position, it is very important that everyone attends the District Report Writing Workshop on November 9th, following our Board/General Meeting. More information from Dean Katherine George Chu will follow.

Please READ our District Newsletter, a substantial amount of time was spent to assemble and publish it. We are

trying our very best to make the articles very informative.

I am inviting everyone to attend our District meeting every second Monday of each month at 10:00 a.m. – Progress Park Plaza Auditorium, 15500 Downey Avenue, Paramount 90723. The Club which brings in the most attendance to each meeting will receive a very special gift. We will have a monthly Guest Speaker and a Question and Answer Forum for everyone.

Recommendations and Suggestions are accepted, this includes Constructive Criticism but be gentle, we are all volunteers here. Your Executive Committee is here to work with you and will accommodate everyone the best we can.

**“VOLUNTEERS DO NOT NECESSARILY
HAVE THE TIME; THEY JUST HAVE A
HEART”**



August 7 - Executive Committee at 10 a.m.
Paramount Chamber of Commerce

August 10 - District Board Meeting
at 10 a.m. Clearwater Building Auditorium
16401 Paramount Blvd., Paramount
We will observe Social Distancing.
Club Drawings for District Luncheon

September 11 - Executive Meeting at 10 a.m.
Paramount Chamber of Commerce

September 14 District Board Meeting
at 10 a.m. Progress Park Plaza
15500 Downey Ave., Paramount



1st VP DEAN: Katherine George-Chu

Happy summer to you all! While our district and clubs often go dark during the summer months, there is still a lot of planning and organizing going on. Most of what I'm sharing with you was included in the June Newsletter but with a few updates. Please note that I am continuing to post weekly Live videos on my public Facebook page. This is a way for you to get a "behind-the-scenes" look at what the Dean is up to, get a preview of what's to come, give input or offer suggestions. For those of you who don't use social media, no need to worry. Everything I mention online will be included in my district report or newsletter article. My Facebook URL is @KatGeorgeChuCA



Some of you are not familiar with how Facebook Live works so let me answer a few questions:

- No, I can not see you when I'm Live. When I look at the camera, I can only read who is watching.
- You can engage in real time by typing a question or a greeting.
- You can always leave a comment after the video is over. I can go back and respond at a later time.
- Yes, other viewers can read what you type.
- You do not have to watch the video while I'm Live. The video will be posted for you to watch at your own convenience.

Yearbook Updates

Thank you for submitting your club information to me. Everything that I received will be included in the new district yearbook. If you have any last minute corrections, please send them to me A.S.A.P. The yearbooks will be sent to the printer in August. Additionally, I am collecting each club's website and/or Facebook page. Please email this information to me.

Community Service Programs

We welcome the District Chairmen who have volunteered to fill the positions below. I am still currently looking for District Chairmen. We would like to have representation from each club. The Chairmen duties for these Community Service Programs include: reporting new information at the district meetings, getting judges to judge the reports from the clubs, submitting a small monthly article in the District Bulletin and writing a short report of what you did as Chairman during the year. I hope you will be able to serve as a Chairman of something that is important to you. If you have any questions about the duties of a Chairmanship position, please feel free to call me.

Here are the current open and filled Chairmen positions for 2020 - 2022:

- Arts and Culture (Formerly Arts Creative) - Open
- Photography Contest –
- Writing Contest -
- Civic Engagement and Outreach (Formerly Public Issues) - Open
- Education and Libraries (Formerly Education) - Open
- Environment (Formerly Conservation) - Open
- Health and Wellness (Formerly Home Life) – **Rae Holtzendorff**

Special Projects

- Advocates for Children – Open
- Communications & Public Relations - Open
- Domestic Violence Awareness – **Gloria Medina**
- Jennie Awards - Open
- Leadership Program – **Blanca Claire**
- Legislation & Public Policy - Open
- Women's History & Resource Center – **Laura Oropeza**

District Event Themes

The Fine Arts Festival theme is Messages of Hope and Resilience.

The Festival of Trees theme is Let There Be Peace on Earth.

The Garden Conference theme is A Bookworm Garden Party. A literary themed Garden Party. Which books will inspire you? A Secret Garden. James and the Giant Peach. The poppy field from the Wizard of Oz. The enchanted rose from the Beauty and the Beast. The Grouchy Lady Bug by Eric Carle. The tiger lilies in Alice in Wonderland. Clubs will decorate their tables and donate the book that inspired them. The Environment Chairman will partner with District Dean for this event. The Education & Libraries Chairman will collect and deliver books to an agreed upon charitable organization.

Club Participation

It is the time of year when each Club has a chance to choose between preparing meals (a great fundraising opportunity for your Club) and decorating a table at our luncheons for the year. We will be drawing for opportunities to prepare meals or set decorations for district events on Monday, **August 10, 2020** at 10 a.m. at the Clearwater Building – 16401 Paramount Blvd., Paramount, CA 90723.

*Reminder (reposted from June 2017 District Bulletin) - If you choose to prepare luncheon for the Council Meetings, Garden Conference, May Board Luncheon, the Festival of Trees or Fine Arts Festival, we hope that you will take into account that our members expect a complete luncheon for their \$15.00. While it may be easy to prepare a quick sandwich and salad, a hot entrée or full salad (such as a Cobb or Chef's) and appropriate side dishes and dessert would be most appreciated.

Thank you.

District Events

25 points for providing district function meal, when cooking is done by club members.
10 points for providing district function meal when using a caterer.
25 points for decorations.

October Birthday Council: Mon., Oct. 12, 2020

Decorations: _____

Luncheon: _____

Festival of Trees: Mon., Dec. 14, 2020

Decorations: _____

Luncheon: _____

Coffee Hour: _____

Fine Arts Festival: Mon., Jan. 25, 2021

Luncheon: _____

Coffee Hour (club fundraiser/no points): _____

Birthday Council: Mon., March 8, 2021

Decorations: _____

District Convention: Sat., April 24, 2021

Decorations (for luncheon): _____

Garden Conference: Mon., May 3, 2021

Luncheon: _____

May Board Meeting: Mon., May 10, 2021

Decorations: _____

Luncheon: _____

2nd VP MEMBERSHIP: Sandra Richardson

Hello Ladies,

I can't wait for us to have a normal Meeting. There I've said it. I miss you all. We are busy working on a District Profile. It will have all the Membership Chairman for all 11 clubs on it. Hope to have these made by our first meeting to hand out to each

club. This is to be used as a tool for Recruiting New Members. I plan on checking with each club on a monthly basis. So please be ready to give me some great news. Please be safe and Healthy

2nd VP Membership
Sandra Richardson



3rd VP PROGRAM: Gerda Trutzi

Hello everyone. Considering all the little problems that arise because of the Corona Virus, I trust that you are still having a great time with Family and Friends. This Program Chairman is working on securing a fun Entertainment for our October Council Meeting that I know

you will enjoy. So, please save that date and make sure you attend for your pleasure and to represent your Club. Our first District Board Meeting is on August 10th and I do look forward to see you there. Until then, stay safe, Gerda Trutzi, Program



4th VP FUNDRAISING: Eloisa Velasquez

Dear Club Members:

This year to help the district, a request from each club to donate two (2) baskets with a value of \$25.00 to 50.00/basket will be much appreciated. The dates for each club/committee is as follows:

- August 10, 2020 Los Cerritos District Executive Committee
- September 14, 2020 El Dorado WC
- October 12, 2020 Huntington Park WC
- November 09, 2020 Long Beach WC
- December 14, 2020 Each Club donates a Christmas Tree or a Christmas wreath (Festival of Trees)
- January 11, 2021 Lakewood WC

January 25, 2021 Norwalk WC (Fine Arts Festival)

February 8, 2021 Paramount WC

March 8, 2021 South Gate Multicultural WC

April 12, 2021 South Gate WC

April 24, 2021 Each Club donates \$50.00 cash, a basket, or a gift card worth \$50.00 (One day Area C Convention)

May 10, 2021 The L.A. Philippine WC

June 14, 2021 Artesia-Cerritos WC

One more thing, I welcome any NEW items if you are willing to donate them. They will be used for opportunity drawings. Thank you.



Parliamentarian: Barbee Heiny

GFWC Parliamentarian, Deen J. Meloro suggests that bylaws be amended by adding a new article to the bylaws just before "Dissolution". It could be titled "Emergencies" or whatever you feel is best. Suggested wording: "In the case of a national emergency, state emergency, or any type of event (man-made or natural) that could potentially put members in danger, the President, with the consent of the Board of Directors (or Executive Committee), may order elections be held by mail. See suggestions below for state, district or clubs.

STATE: A ballot will be sent to each voting member eligible to vote at State Convention. The voted ballots will be returned by US Postal Service mail by the designated deadline. Each club will be entitled to as many

votes as the number of delegates it is allotted when a convention is held.

Districts: Similar wording, but make it fit your district.

Clubs: Each member will be sent a ballot. The voted ballots will be returned by US Postal Service mail by the designated deadline.

Since this proposal says that a ballot will be sent to each club (or member), that would allow emailing the ballot if the bylaws allow communication electronically. Otherwise, the ballot must be sent by USPS mail.



Public Relations: Claudia Vidaurri



Alumnae Election Results

CHAIRMAN: Robbie Hicklin

PROGRAM VP'S:

Laura Oropeza & Joanne Witt

MEMBERSHIP V.P.: Fran Itkoff

SECRETARY: Lynn Hutton

TREASURER: Sandi Reynolds

FINANCIAL ADVISOR: Julie Lehenbauer

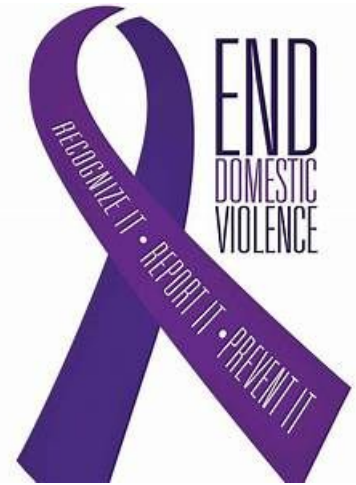
CORRESPONDING SECRETARY & PARLIAMENTARIAN are appointed.



Domestic Violence Awareness: Gloria Medina

Over the summer months is a good time for each Domestic Violence Awareness and Prevention Club Chairman to reach out to their local crisis shelter or facility. If they are new to the Chairmanship, they can introduce themselves and gather information i.e., scheduled events, an in-kind donation items list, ask if the shelter can send you literature to share, etc. You can also reach out to your local law

enforcement agency to find out if they accept items such as teddy bears for children in crisis. Contact your city council, county supervisor or other elected officials to find out what resources they provide when someone is in need of help. Keep a file of this information and share it during club's reports of chairmen or submit it in your club's newsletter.



Health and Wellness: Rae Holtzendorff

Hello, this is Rae Holtzendorff, chairman of Health and Wellness for 2020-2022. During the covid stay-at-home pandemic, of March 2020, I made 120 masks for family, friends and co-workers. That was the pleated kind. These were donated. I had to order 100 yards of elastic. When the order to wear masks during May and June (and beyond) I bought an acrylic template to

make the fitted masks.

In the pictures are examples of some of the face masks I had made. I know there were other sewers making hundreds of masks. We could do this as a health and wellness project together. Let me know.

USE my mobile phone
562-677-5651.



Women's History & Resource Center: Laura Oropeza

GFWC publishes the Women's History and Resource Center Newsletter, a quarterly email publication for those who sign up to receive it. The WHRC Newsletter highlights the history, achievements, and collections maintenance of GFWC Clubs around the country.

Each Newsletter features a theme which is chosen to reflect a milestone in GFWC or American history, or significant triumphs

in the preservation of GFWC and women's history. Articles are submitted and written by clubwomen to emphasize the diversity of members, histories and accomplishments within GFWC. While the newsletter is great information for any club member, it is especially important that each Women's History and Resource Center Club Chairman have access to it. How do I enroll to receive the WHRC Newsletter? Go to the GFWC website. Click on the News & Publications tab. Locate the WHRC Newsletter on the

page and click, > Learn more. Here you will be able to read back issues of the newsletter. To receive the WHRC Newsletter directly, scroll down to the very bottom of the page and type in your email to sign up. You can also go directly to the page by typing in: <https://www.gfwc.org/news-publications/whrc-newsletter/>



LEADERSHIP: Blanca Claire

Hi my name is Blanca Claire. I am married to a loving husband. I have four wonderful children two boys and two girls, and I have seven wonderful grandchildren. I'm a member of the The woman's club in Huntington Park for the past three years. I have the pleasure to be the treasury for this year . I love helping the community that's one of the reasons why I got involved with the woman's club. I am also involved with LAC USC , St. Frances, Rancho Los Amigos and Los Angeles Mission volunteer department. I also extend my help across the boarder to help people in need for the past twelve years.

GOOD LEADERS REMEMBER:

- No one is indispensable.
- The majority rules, but the minority has the right to be heard.
- Seek advice and opinions from others, but formulate your own.
- You are working with unpaid volunteers.
- Club "cliques" can divide a club.
- No one likes to be preached to or "yelled" at.
- Get as many new and novel ideas as possible before the group and then have a discussion to evaluate.
- To develop creative thinking.
- To hold "Rap Sessions."

- Club members are individuals, all different.
- You can't please all members all the time.
- Open discussion is good.
- Your attitude is a reflection of the club in the community.
- Record keeping is important.
- An involved member is an interested member.
- Enthusiasm is catching. Be enthusiastic.
- Everyone likes to feel important and a part of the team.
- Voice your opinion at meetings, not in the parking lot.



- None of us is as smart as ALL of US.
- It is up to you to develop the future leaders of your club.
- To keep a procedure book.
- To give all Federation materials to your successor.
- Appreciate the other person's point of view and be patient with others.
- Be prompt and regular in attendance.
- Only one person should talk at one time-- avoid private conversations while someone else is speaking or performing.
- Know your club bylaws.

Fannie Coralie Perkins

Few people know much about Frances Perkins. She arrived on the scene when the country was in the Great Depression. What she accomplished changed this country forever.

Frances became the Secretary of Labor for FDR and as such was the first woman in US history to become a cabinet member. She was tasked by FDR to find a way to bring the country out of the Great Depression. Frances put together the "New Deal" to get the country out of its economic crisis.

Fannie Coralie Perkins was born in 1880 in Boston but always felt her roots were in Maine. During her childhood years she heard stories of the family's history which included the French and Indian War, The Revolutionary War where her family fought for Independence. Frances was employed as a secretary at the age of 15 for a Civil War general Oliver Howard as he had lost an arm, in the war, and needed help. She was deeply patriotic and took pride in her family past history. She attended Mount Holyoke College where she was called "Perk" by her classmates. She studied American Economic history and when visiting factories and work houses was appalled by the work women and children had to do in the factories. She saw dangerous working conditions, long hours, low pay, and no health insurance compensation. From this came. "I had to do something about unnecessary hazards of life, unnecessary poverty. It was sort of up to me. This feeling sprang out of a period of great philosophical confusion which overtakes all young people."

In 1910 Frances became Executive Secretary of the New York City Consumer League. Here she focused on sanitary regulations, fire protection for factories and laws to limit the number of hour's women and children had to work in the factories to 54 per week. She was appointed as a New York State Industrial Commissioner. In 1928 the new governor, Franklin D. Roosevelt, made her the state's Industrial Commissioner with oversight of the whole Labor Department. In 1930 things were looking bad for the US employment and as President Hoover was telling the American people things were getting better Frances challenged him and said things were getting worst. She was right as in 1933 the US went into an economic depression. She convinced FDR to incorporate a program of unemployment insurance which made him the first public official in the country to commit to this plan.

In 1933 FDR was elected president of the United States and he brought along Frances to be the head of the Department of Labor. But she told him she would only accept the position if he committed to a 40 hour work week, a minimum wage, unemployment compensation, workers compensation, abolition of child labor, Social Security and universal health insurance. Roosevelt endorsed all her priorities. Perkins pushed for a strong public work programs to get people back to work again. This would be known as the Civilian Conservation Corp. (CCC).

1935 FDR signed into law the Social Security Act which provided unemployment compensation, old age pensions, and money for the needy and disabled. 1938 saw FDR enact The Fair Labor Standards Act which had minimum wage and maximum hours to work and no more child labor. The only item she did not get through was health care for all.

While FDR got the credit and is remembered in history for these ground breaking social acts, it was a woman named Frances Perkins who was the architect of the New Deal. She served until Roosevelt's death in 1945 then President Truman appointed her to the United States Civil Service Commission which she stayed in until 1953. Perkins died in New York City May 14, 1965 and is buried in Maine. Today we still have her reforms in use. What a Lady!!



COUPONS FOR MILITARY

Please save coupons and bring it to our District Meeting in August!

We will be clipping coupons during our meeting.

Please bring scissors and/or ruler.