

Member of
General
Federation of
Women's Clubs

California
Federation of
Women's Clubs
Area C

Elisa Trasoras, President

LOS CERRITOS DISTRICT BULLETIN

May 2021

LXIII VOLUME 11



www.loscerritosdistrict.org



Barbee Heiny, Editor



PRESIDENT'S MESSAGE

HELLO EVERYBODY!

Time sure goes fast when you're having fun. As we conclude our year 2020-2021 fiscal year, I would like to thank everyone for riding with me on this very challenging

journey for our District.

Although having District Meetings via Zoom was very difficult for some, I really appreciate everyone's effort to make the attempt to participate. I can't count how many Zoom meetings I have attended. I have to tell you that I'm averaging 15 or more Zoom meetings a month, therefore, there some invites that I'm unable to attend due to time conflict. Hopefully, with the Government's effort to have everyone vaccinated through the summer, I am anticipating that the City of Paramount facilities will open soon so we will be able to meet in person.

"HOPE" is the one thing can help us get through the darkest of times.

GFWC/California Federation of Women's Club Convention registration is now closed. Hopefully everyone was able to register on time. I will guarantee you that it is going to be a fun and very informative Convention.

Please make sure you read our District Dean's article this month stating the rules of our upcoming Garden Conference on May 3rd. Come join us because It is going to be a fun-filled colorful and

COUPONS FOR MILITARY

Please save coupons and bring it to our next live District Meeting! We will be clipping coupons during our meeting. Please bring scissors and/or ruler.



blossoming day.



Mon.3 Garden Conference via ZOOM

Fri. 7 District Executive Committee 10 a.m.
ZOOM

Mon. 10 District Board Meeting 9:30 a.m.
ZOOM

Wed. 12-Sat. 15
118 CFWC Annual Convention ZOOM

1st VP DEAN: Katherine George Chu



What a year this has been. We have had several challenges this past year but we managed to get through it. We learned new skills. Hard skills (computer) and soft skills (patience).



Some of our members logged onto a computer for the first time during this pandemic. We picked up the phone, made calls and sent newsletters out to those without email accounts. We learned how to share files and how to upload photos. We used social media and other digital platforms. We got comfortable with our computer and phone cameras and learned how to mute and unmute.

We conducted business and made sure our organization kept running. It is with deep gratitude, that I thank our Executive Committee for making the effort. It has not been easy. We had to get creative at times. You all deserve a round of applause for making it all come together.

I hope that you will join us for the District Garden Conference. You will find the information included in this month's issue. We do not conduct business during the Garden Conference. It will simply be a time for us to enjoy each other's company and see what's blooming in your gardens. Feel free to wear a hat or a colorful scarf and put on some lipstick. Spring has sprung! So let's make the most of it.

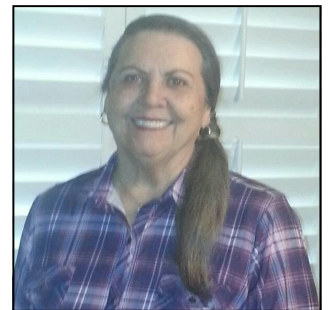
Wishing all of the moms out there a very Happy Mother's Day!

2nd VP MEMBERSHIP: Sandra Richardson

Hello to all who have paid their Dues,

Well that should be just about everyone. Hopefully by now every club has paid their Dues and turned in a new Membership Roster. If not Please get them in ASAP. I think it is such a privilege to belong to such a great organization and hope you feel the same.

Where can you get great fellowship, the opportunity to volunteer and donate, to make a difference in all things that matter, to come together in spirit and to Learn and Grow through a spirit of cooperation. Yes the Federation of Women's Clubs is all that.



Thank you all for Keeping up your Membership and a shout out to all.

Your forever thankful Membership Chairman.

3rd VP PROGRAM: Gerda Trutzl

Hello dear Friends.

It really seems that our Life's soon can come back to a little normalcy. It was a long and sometimes lonely year without our in person meetings and wonderful social events.

The District Board members did a great job holding Zoom meetings, but some of our members could not attend.

Now we look forward to our Los Cerritos District Convention with lots of excitement. I was able to get us David Kaufman, Singer- Entertainer, to perform for us on Zoom. We will have a super time, please make sure you join us.
Take care



4th VP FUNDRAISING: Eloisa Velasquez

Dear Club Members:

Well, summer is upon us and hope you are enjoying the beautiful days and beautiful flowers.



I don't know if this newsletter reached you before the 65th Annual Los Cerritos District Convention, but whether it did or not, I hope you had the opportunity to attend and enjoyed the event. I know I was looking forward to the speakers, the club members and our guests via Zoom.

Thank you to all 11 clubs that provided amazing opportunity drawings for the event and congratulations to all the winners!!

I can't stress enough how wonderful it is when all the club member's continue supporting The Los Cerritos District and its President's Project, The Veteran of Long Beach with so much enthusiasm.

I appreciate all of you for your willingness in supporting your club and still able to donate opportunity drawings for the event of April 24, 2021.

For May 10th, if able, The Los Angeles Philippine Women's Club and Artesia-Cerritos Women's Club will provide the opportunity drawings. The tickets are \$5.00/10 tickets - \$10.00/25 tickets or \$20.00/60 tickets.

Please make **checks payable to Los Cerritos District** and mail to: Eloisa Velasquez -7871 Westra Ln. La Palma, CA 90623. Any questions, email or call (714) 994-1847.

Thank you again and many blessings.

PARLIAMENTARIAN: Barbee Heiny

If you don't have an article in your yearbook about electronic meetings: here is what is in our yearbook.

"All properly noticed meetings of Los Cerritos District may be conducted wholly through electronic means, "so long as the meetings provide, at a minimum, conditions of opportunity for simultaneous aural communications among all participating members, equivalent to those of meetings held in one room or area.

This should be in your yearbook, and can be in the standing rules (they can be changed at any meeting with a 2/3 vote.

I INVITE ALL President's, Deans and Parliamentarians, and anyone else interested to attend and join Theta, a member of the California State Association of Parliamentarians. We meet the 1st Thursday at 9:30 at Paramount Chamber of Commerce, 15357 Paramount Blvd. 90723



CLUB ARTICLE - GFWC Women's Club of Huntington Park

A heartfelt hello and update from the GFWC Women's Club of Huntington Park hard at work during the pandemic. Incredible that a year has passed, keeping to social distancing, working endlessly from home but keeping super active and busy!

Our club in the month of October was able to continue with the distribution of funds for our Annual Scholarship Speech Contest. Happy we were able to help seniors going into higher education with scholarships totaling \$1,400.00.

Followed by our week long Virtual National Domestic Violence Awareness Forum on our Facebook page. Highly promoting awareness among our community and beyond. We were able to Invite many amazing community leaders and other guest speakers helping us reach almost 6,000 views on our page! We even had a Virtual Women's Self-Defense Workshop, In the month of November our club generously received \$200 in gift cards, from the Office of Assemblymember Miguel Santiago and we were happy to give to 10 families in the community. Also, our club was chosen to receive, turkeys and food box donations, giving us the opportunity to give to 25 families in the community by the generosity of Los Angeles County Supervisor Hilda Solis's Office.

In the month of December our club gladly help out with 11 shoe boxes filled with daily essentials for the Veterans of Long Beach Hospital helping our Los Cerritos District President with her project.

Our club was thrilled to be chosen once again by the office of Supervisor Hilda Solis, receiving \$200 in toys for the children in our community and also food boxes from the LA Regional Food bank that we socially distance distributed to their families.

We also decided to have a Christmas virtual Fundraising on Facebook which our club did very well with all baskets and gifts donated to increase our fundraising.

In the month of February, our club received donations from the Huntington Park American Red Cross Coalition distributing ARC Emergency PPE Bags and a \$50 gift card to each of the 20 families chosen in our community and of course social distancing in mind.

In the month of March we were able to put together 15 bags for the families with children with special needs. In the bags we had t-shirts, socks, masks, sanitizers, flashlights and much more. So as you can see, this pandemic didn't stop us from keeping us active and will not stop us as we continue to help the less fortunate or anyone that needs our help. Very proud of our Huntington Park Club always trying to make a difference in our community and beyond, even in hard times!

Evelia Castillo- Rodríguez
GFWC Women's Club of Huntington Park

ADVOCATES FOR CHILDREN

In 2008, Prevent Child Abuse America (PCAA) introduced the pinwheel as a national symbol of great childhoods.

The pinwheels represent the happy, carefree childhoods all children deserve. PCAA is a GFWC Affiliate Organization.

To find out more about the Pinwheels for Prevention campaign, visit the PCAA website.



Los Cerritos District Program Chair, Gerda Trutzl with her granddaughter, Lorelei, remind us that all children deserve healthy, happy and full lives.



Thank you to our District President Elisa Trasoras and her granddaughters, Alexis, Victoria and Stephanie for showing support for our nation's children and celebrating positive

FINE ARTS FESTIVAL AWARDS & RECOGNITION

First Place winning entries have been entered in the Arts and Crafts Show at CFWC Convention.

ART

1st Place - China Painting Novice – Joann Studebaker, Woman's Club of Artesia-Cerritos, Snowman and His Boots.

Honorable Mention: Joann Studebaker, Woman's Club of Artesia-Cerritos, Pink Floral Pattern and Dreams Come True submissions.

Honorable Mention: Student Art, Graduating Senior, Jesse Lopez, House from Moonlight Kingdom, submitted by Eloisa Velasquez, Norwalk Woman's Club.

CRAFTS

1st Place - Counted Cross Stitch – Elizabeth Hauser, Paramount Women's Club, Two Children Under Umbrella.

1st Place - General Crafts – Jean Williams, Paramount Women's Club, Hand-Painted Diva Planters.

Honorable Mention: Jean Williams, Paramount Women's Club, Wooden frame with crimson decorations, Wooden frame with autumn decorations, and Fuchsia floral arrangement in ceramic cup.

PHOTOGRAPHY

The World in Pictures

Natural Wonders - wide angles and panoramas, or moody landscape images, to showcase mountains, meadows, sandhills, rivers, waterfalls, oceans, deserts, or any other magnificent vista.

1st Place - Evelia Castillo-Rodriguez, GFWC Women's Club of Huntington Park, for her digital entry titled, "A Kiss of Summers Red".

2nd Place – Gloria Medina, GFWC Women's Club of Huntington Park, for her digital entry titled, "Small Village in Baja".

WRITING CONTEST

Entries submitted to CFWC

Poetry – Janie Sullivan Van Fleet, El Dorado Woman's Club, "A COVID Christmas".

Short Story – Sandra Richardson, Lakewood Women's Club, "Scary Dreams".

DISTRICT AWARDS

1st Place - Table Decorations – Paramount Women's Club, submitted by Jean Williams, 100th Anniversary Women's Right to Vote centerpiece.

Los Cerritos District 2021 Report Writing Judging Final Club Awards:

ADVOCATES FOR CHILDREN -

Division I (small):	1 st Place:	GFWC Long Beach Women's Club
Division II (medium)	1 st Place:	Paramount Women's Club
	2 nd Place:	GFWC Women's Club of Huntington Park
Division III (intermediate)	1 st Place:	Norwalk Woman's Club
	2 nd Place:	Lakewood Women's Club

ARTS AND CULTURE –

Division I (small):	1 st Place:	GFWC Long Beach Women's Club
Division III (intermediate)	1 st Place:	Lakewood Women's Club

CIVIC ENGAGEMENT AND OUTREACH – DISTRICT CHAIR, ELISA TRASORAS

Division I (small):	1 st Place:	GFWC Long Beach Women's Club
Division II (medium)	1 st Place:	El Dorado Woman's Club
Division III (intermediate)	1 st Place:	Norwalk Woman's Club
	2 nd Place:	Lakewood Women's Club

COMMUNICATIONS AND PUBLIC RELATIONS – DISTRICT CHAIR, BARBEE HEINY

Division I (small):	1 st Place:	GFWC Long Beach Women's Club
Division II (medium)	2 nd Place:	Paramount Women's Club
Division III (intermediate)	1 st Place:	Lakewood Women's Club
	2 nd Place:	Woman's Club of Bellflower
	Honorable Mention:	Norwalk Woman's Club

DOMESTIC VIOLENCE AWARENESS – DISTRICT CHAIR, GLORIA MEDINA

Division I (small):	1 st Place:	GFWC Long Beach Women's Club
Division II (medium)	1 st Place:	GFWC Women's Club of Huntington Park
	2 nd Place:	South Gate Women's Club
Division III (intermediate)	1 st Place:	Norwalk Woman's Club

EDUCATION AND LIBRARIES -

Division I (small):	1 st Place:	GFWC Long Beach Women's Club
Division II (medium)	1 st Place:	GFWC Women's Club of Huntington Park
	2 nd Place:	El Dorado Woman's Club
Division III (intermediate)	1 st Place:	Lakewood Women's Club

2nd Place: Norwalk Woman's Club

ENVIRONMENT – DISTRICT CHAIR, KATHERINE GEORGE CHU

Division I (small): 1st Place: GFWC Long Beach Women's Club

Division II (medium) 1st Place: Paramount Women's Club

2nd Place: El Dorado Woman's Club

Division III (intermediate) 1st Place: Norwalk Woman's Club

2nd Place: Lakewood Women's Club

FUNDRAISING AND DEVELOPMENT – DISTRICT CHAIR, ELOISA VELASQUEZ

Division I (small): 1st Place: GFWC Long Beach Women's Club

Division II (medium) 2nd Place: GFWC Women's Club of Huntington Park

Division III (intermediate) 1st Place: Lakewood Women's Club

HEALTH AND WELLNESS – DISTRICT CHAIR, RAE HOLTZENDORFF

Division I (small): 1st Place: GFWC Long Beach Women's Club

Division II (medium) 1st Place: South Gate Women's Club

2nd Place: GFWC Women's Club of Huntington Park

Honorable Mention: El Dorado Woman's Club

Division III (intermediate) 1st Place: Lakewood Women's Club

2nd Place: Norwalk Woman's Club

LEADERSHIP – DISTRICT CHAIR, BLANCA CLAIRE

Division I (small): 1st Place: GFWC Long Beach Women's Club

Division III (intermediate) 1st Place: Norwalk Woman's Club

2nd Place: Lakewood Women's Club

MEMBERSHIP – DISTRICT CHAIR, SANDRA RICHARDSON

Division I (small): 1st Place: GFWC Long Beach Women's Club

Division II (medium) 1st Place: Paramount Women's Club

Division III (intermediate) 1st Place: Norwalk Woman's Club

2nd Place: Lakewood Women's Club

PROGRAM: DISTRICT CHAIR, GERDA TRUTZL

Division III (intermediate) 1st Place: Lakewood Women's Club

WOMEN'S HISTORY AND RESOURCE CENTER: DISTRICT CHAIR, LAURA OROPEZA



Los Cerritos District

VIRTUAL GARDEN CONFERENCE

Theme: A Bookworm Garden Party

May 3, 2021

This program will include buds, blooms, succulents, cacti, thorns and flora; all arranged by the loving hands of our members. We will hear from the Lakewood Women's Club Garden Groomers and the Norwalk Woman's Club Green Thumbers. District members who are attending the CFWC Annual Convention will share with us the butterfly hats they have created to wear at convention. We want to show off our Los Cerritos District spirit and creativity, so put your thinking caps on and share your ideas with us.

This year's Garden Conference will be scaled down to only include the floral competition categories listed below. Please send photos of your floral competition entries to Los Cerritos District Dean Katherine George Chu at katgeorgechu@hotmail.com by **April 30, 2021**. Along with your photo, include your name, club and category.

ZOOM starts at: 9:30 a.m. (link will be emailed to clubs)

Floral Competition Categories:

- * Arrangement of Roses (5 or more)
- * Arrangement of Roses (less than 5)
- * Arrangement of All One Kind
- * Arrangement of Succulents or Cacti
- * Old-Fashion Bouquet
- * Miniature (6 inches & under)
- * Single Flower





GFWC/CFWPC LOS CERRITOS DISTRICT WOMEN'S CLUB



It is time to renew your District Newsletter Subscription for the year 2021 - 2022.

Please send \$10.00 to defray the cost of postage and printing

Check Payable to: Los Cerritos District

Mail to:
Los Cerritos District
P. O. Box 1201
Paramount, CA 90241

NAME: _____ CLUB NAME: _____

ADDRESS: _____

HOME PHONE: _____ CELL: _____ EMAIL: _____

DATE: _____ Amount Paid: \$ _____ cash/check # _____



=====