

Member of
General
Federation of
Women's Clubs

California
Federation of
Women's Clubs

Elisa Trasoras, President

LOS CERRITOS
DISTRICT, AREA C

September 2020

LXII-Volume 10



Barbee Heiny, Editor

PRESIDENT'S MESSAGE

What an amazing experience it was, when our District finally adapted the new normal by holding out our very first meeting of the year thru Zoom. I appreciate everyone's patience and participation as we learned together. We are going to have a Zoom practice meeting before the September 14th Board Meeting. There's so much to learn like how to raise our hand, send a message thru chat, take a poll, etc., depending on the time allotted. Thank you Barbara Crowson, of Paramount Chamber of Commerce, for hosting our Zoom meeting.



Although we are not going to meet in person till January 2021, we will continue having our Board/General Meeting thru Zoom at 10:00 a.m. on September 14th, October 12th, November 9th and December 14th.

All Club Presidents will be given a maximum of 3 minutes to share something about their Club since the Pandemic on September 14th District Zoom Meeting.

Club members can received a District Newsletter for \$7 a month which will defray the cost of mailing and copies. Send a check to Julie Lehenbauer, District Financial Secretary and make the check payable to: Los Cerritos District.

My President Project "Long Beach Veterans Hospital" will start receiving individually wrapped snacks/treats monthly starting this month of August for approximately 60 patients. Time permitting the hospital will re-open on January 2021. My husband and I will be re starting an Art classes for Veterans, classes will be scheduled every 3 weeks. Also, we are

going to host a Sunday afternoon Bingo for an hour, once a month and we will be scheduling a once a year picnic once they open the facility Please let me know if you would like to volunteer for this worthwhile project.

Although we are not meeting in person till January of 2021, please keep collecting coupons for the military and bring them to our January Board/ General Meeting. Dispose all expired coupons.

To reiterate, all Club Chairmen Reports are due on January 11th and will cover January 1, 2020 to December 31, 2020.

Submission and Judging of Photography, Creative Writing, Arts& Crafts is January 11th. So get busy everybody and Goodluck!

Looking forward of seeing everybody soon at ZOOM! Please do Take Care and Be Safe Always....

What is the difference between "I LIKE you" and "I LOVE you"? Beautifully answered by Buddha: **When you "LIKE" a flower, you just pluck it. But when you "LOVE" a flower, you water it daily!** *FB/theidealist*



September 11- Executive Meeting
at 10 a.m. ZOOM

September 14 District Board Meeting
At 10 a.m. ZOOM



1st VP DEAN: Katherine George Chu

September Greetings!

Thank you to all of our members who attended the first ever District General Meeting in August. While many of us do not enjoy holding meetings online, it is one of the ways we can keep each other safe during this pandemic.



I applaud all of you for flexing or improving upon your digital skills in order to make this happen. Because of your participation, we were able to set up the District Luncheons and Table Decorations for the months of January through May. The chart is included below.

It seems that everything from church services to doctor's appointments are being conducted via live stream or video-chat. This is the new normal. It may take a little time to get everyone connected but we want each and every one of you to participate whether that means via video conference, phone conference, speaker phone, submitting your report via email or texting. For those of us who already know how to mute our microphones on Zoom or raise our hands in chat, we need to be patient and share these skills with those who are new to the whole experience. Thank you for your support in electing me to this position. Please know that your Executive Committee has been working hard behind the scenes. Many of us will be attending the CFWC September Executive Board Meeting via Zoom. I expect we will receive a lot of information which will be shared with you. The Area C Meeting will also be held via Zoom on October 31st from 9:30 a.m. to 1:00 p.m. The registration information will be made available in late September. If you are holding your monthly via Zoom or other video conferencing platform, please feel free to email me an invite.

Fine Arts Festival: Mon., Jan. 25, 2021

Luncheon: Paramount Women's Club
Coffee Hour: The Los Angeles Philippine Women's Club

Garden Conference: Mon., May 3, 2021

Luncheon: GFWC Long Beach Women's Club

Birthday Council: Mon., March 8, 2021

Luncheon: Lakewood Women's Club
Decorations: South Gate Women's Club

May Board Meeting: Mon., May 10, 2021

Luncheon: Woman's Club of Bellflower
Decorations: Woman's Club of Artesia-Cerritos

District Convention: Sat., April 24, 2021

Decorations (for luncheon): Norwalk Woman's Club

Waitlist (El Dorado Woman's Club would like a Luncheon slot)



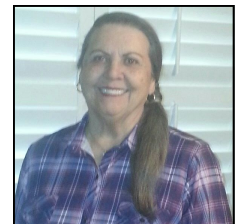
2nd VP MEMBERSHIP: Sandra Richardson

Hello Ladies,

September is fast approaching and still no sign of our normal in person meetings. I miss you all and can't wait to see you all in person. Barbee and I have designed a District Profile with all the clubs memberships info. Hopefully we will soon be bringing in new and

exciting new members. In the future I would like all new members and late paying members to turn in paper work and checks to me and I will turn them in to Financial Secretary.

Thank you for your cooperation.



3rd VP PROGRAM: Gerda Trutzi



Hallo everyone.

Since all our live Events have been cancelled for the year 2020, unfortunately I had to also cancel the Entertainment for the October Council Meeting. The next Program will be needed for March Birthday Council, you will be

informed sometime down the road as to who we will be able to get.

Please stay well, we will see each other at the Zoom meetings and I miss all our get togethers.



4th VP FUNDRAISING: Eloisa Velasquez

Dear Club Members:

I hope you are well and getting used to wearing masks, social distancing and staying home a lot more. I know I miss seeing all of you in person, monthly meetings and being with family.

Moving forward I have been thinking of ways to do fundraising events and I am putting your trust in me to try the following:

An opportunity drawing of three (3) baskets – valued over \$25.00.

Tickets are 10 for \$5.00 or 25 for \$10.00.

Mail your check payable to Los Cerritos District to me: Eloisa Velasquez
7871 Westra Lane, La Palma CA 90623

Winner will be announced October 12, 2020 at our Zoom General meeting.

One change, instead of each club donating a basket(s), I am suggesting two clubs get together for November. That will be El Dorado and Huntington Park. That drawing will be November 9, 2020. Keep in mind this is only a donation request from each club. I will be responsible for the drawings and delivery.



Trying the NEW way of doing Fundraising.

Planning a Quarter Mania event is a possibility for a future fundraiser. I did research on the Annual Casino trip and Casinos are not providing transportation, which makes it financially impossible for private transportation and social distancing makes it impossible as well. Sorry to say, the cancelling of Festival of Trees really was difficult as it is one of our best fundraiser.

I am open to any ideas for Fundraisers during this time of isolation. I accept new donated items used for baskets fillers.

Please contact me by email:

Velasquez.eloisa@gmail.com
or call 951.427.0640

Your ideas are appreciated. Thank you and stay positive.



COUPONS FOR MILITARY

Please save coupons and bring it to our next live District Meeting!

We will be clipping coupons during our meeting.



PARLIAMENTARIAN: Barbee Heiny

CLUB CHAIN of INQUIRY

If you have a question to be answered regarding your club, district or state, here is the order of asking for the information.

1. Ask the officer or chairman the question applies to in your club.
2. Ask your Dean and then your President.
3. Ask the chairman or officer the question applies to in District.
4. Ask the District President.
5. Ask the Area C Vice President.
6. Ask the chairman or officer the question applies to at State.
7. Ask the State President.

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CORRESPONDING SECRETARY: Jean Williams

Hello all my sisters in federation. Hope You all are enjoying this summer time with your family as you continue to wear mask in public places, washing your hands frequently and practicing social distancing.

As you're corresponding secretary, I am asking each club President mail to me 6 copies of your clubs yearbook.

My mailing address is 15545 Brayton St., Paramount, CA 90723. Should you have any questions regarding this matter you can reach me at 310 962-3048.

The district yearbook will be available in September. Each club will be given 4

copies. Additional copies can be purchased for \$5.00 each.

Thank you Heavenly Father, for the wonderful gift of today. You are there to greet us every morning with your grace and loving kindness. We invite you to walk with us Lord, and to guide our every footstep. Let your goodness and mercy go with us and your glory shine up on our faces. In Jesus name we love and thank you, Amen



PUBLIC RELATIONS: Claudia Vidaurri

PUBLIC
RELATIONS



ALUMNAE: Robbie Hicklin

ALUMNAE



HEALTH and WELLNESS: Rae Holtzendorff



CARE & CONCERN: Judy Dessel

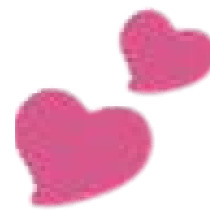
Hugs for you. A cuddle a day keeps your troubles at bay. A hug at night makes everything right. So I am sending these hugs to help you cope, to give you some love, and bring you hope.

We have a lot of members this month, that need your prayers. They are as follows:

Cathy Brassell, Teri Belch's husband, Blanca Clair, Winnie Baker, Olga Cardenas, Terri Carlson, Nada Hester, Bruce Engelback

and family, Anna Negro and family, Jill Mulder, Sally Pendleton, Betty Yeager, Ericka Hidalgo, Joyce Stoneycypher, Helen Reyes, Jeanine Franco, Nancy Duitsman, and Sheila Lazarus.

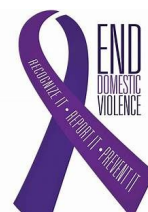
Please contact me with new information, or concerns you might have about our members, and notify me before Next months bulletin is due. Please contact me, Judy Dessel at 714-904-6219.



DOMESTIC VIOLENCE

AWARENESS and PREVENTION: Gloria Medina

Prevent online sexual exploitation of children. The Eliminating Abusive and Rampant Neglect of Interactive Technologies Act (EARN IT Act) is bipartisan legislation unanimously approved by the Senate Judiciary Committee and is now pending before the Senate. The EARN IT Act is supported by more than 70 groups, survivors and stakeholders, including the National Center for Missing & Exploited Children (NCMEC), Rights4Girls, and the National Center on Sexual Exploitation. CA Senator Dianne Feinstein is one of the original cosponsors of S.3398 – EARN IT Act of 2020. Take Action: Log onto the GFWC Legislative Action Center to send a letter to Senator Kamala Harris asking her to support the EARN IT Act or contact her office directly. Members can also send a postcard to Senator Dianne Feinstein letting her know that you support the EARN IT Act of 2020.



CIVIC ENGAGEMENT: Elisa Trasoras

On Memorial Day, May 25th, my husband Ed and I went to the City of Downey Cemetery to place small American flags on Veterans graves. The Downey Cemetery District traces its roots back in 1868. We had purchased approximately 100 flags but as we went through the Cemetery we found around 300 to 350 were needed. These graves represent soldiers who fought in the Civil War. From the Civil War there are Union and Confederate soldiers buried together.

In historical research a great many people from the South migrated to California to escape the terrible destruction brought down on the South. It is good that we honor those who fought at Gettysburg, San Juan Hill, Bella Woods, Normandy, Vietnam and a hundred battlefields around the world.

They served, bled and died for this country. The individuals who survived the wars went on to build new lives and work towards not having anyone else go through what they experienced. They are all at peace now and for eternity.



WOMEN'S HISTORY & RESOURCE CENTER: Laura Oropeza



Dear friends in Federation.

This year marks the 100 Years Anniversary of the ratification of the 19th amendment to our Constitution that gave the American women the right to vote, August 18, 1920.

This is an election year, so be sure to go out and vote for your candidate. The future of our country is at stake.

I miss you all and hope to see you at a zoom meeting





Leadership

Now is a good time to empower your incoming chairmen. GFWC is offering six webinars beginning with Leadership. Registration closes at noon *Eastern Standard Time* on August 28th for the Leadership, Legislation/Public Policy, and Communications webinars. Registration is available only on the GFWC Member Portal. If you don't have an account, you will need to set one up first. Once you get in, go to the EVENTS tab. The webinars are free and listed individually.

September 1st - Building Your Leadership Toolkit

Want more tools to lead, influence, and encourage others, especially in these challenging times? Come learn how leadership incorporates both personal enrichment and the development of others. Meet the GFWC Leadership Honorary Chairman, get excited about the online Leadership Toolkit, and create a blueprint—what will you build with the right tools? Let's get to work—together!

September 2nd - Gathering Facts & Working For Change - Legislation/Public Policy Activity in an Election Year This four-topic webinar will introduce club women on various topics.

Rock the Vote: Voting registration drives, candidates' forums, working the polls, ride sharing, and vote by mail registration campaigns.

Advocacy Do's & Don'ts: No need to panic, learn what is permitted to be done by a 501C3 organization.

Celebrate the Vote: Remember the 100th anniversary of woman getting the right to vote by encouraging women to vote. How to utilize the Legislative Action Center in support of your efforts and to educate GFWC Clubwomen

September 3rd - Communications 101: From Club to Crisis and Everything in Between This webinar is three mini workshops covering the critical components of an integrated communications strategy.

September 7th - Juniors' Special Program: Advocates for Children

Learn how to advocate for children in your community through programs, educating your clubs about advocacy, and the new focus for 2020-2022!

September 8th - Hats Off to Membership

Retention, Recruitment, Building Connections, and Celebrating — even in a time of crisis. Topics covered include staying engaged with members under current circumstances, how GFWC contests can grow your membership base, connecting with GFWC and your state resources, and Celebrating the volunteer victories every day.

September 9th - GFWC Signature Program: Domestic and Sexual Violence

Awareness and Prevention

This webinar will educate the grassroots clubwoman on how to increase awareness of and help prevent the widespread occurrence of domestic abuse and violence against women in communities across the nation by working with national domestic violence networks, supporting existing activities, working with various established programs and initiating educational opportunities for club members and local citizens.

Eight focus areas will be outlined:

Intimate Partner Violence

Teen Dating

Elder Abuse

Military Sexual Assault

Child Abuse

Campus Sexual Assault

Violence Against Native American Women

Human Trafficking for Sexual Purposes

ENVIRONMENTAL

Save the Honeybees!



One of CFWC President, Pam Ament's Special Projects is saving the honeybees. How can we as home gardeners support and rejuvenate the bee populations in our neighborhoods? Dr. Gordon Frankie of the University of California, Berkeley has been studying bee habitats and his recommendations are:

- Eliminate the use of pesticides
- Plant a diversity of nectar- and pollen-rich plants (10 or more species)
- Mass each plant in patches 1 square meter or larger
- Choose plants that bloom in succession over the seasons
- Avoid excessive manicuring
- Set aside some bare patches of soil for nesting

The UC Davis Arboretum and Public Garden put out a PDF introduction to California's native bee population (not necessarily all honeybees but pollinators nonetheless) along with a list of pollinator-supporting plants. The *10 Bees and 10 Plants They Love* brochure can be downloaded here:

<https://ucdavis.app.box.com/s/l5mw4rbmmdkwv91trkxqy55mzi6ag7zr>

If you decide to add one of these plants to your garden to help support California's native bee population, please be sure to record your efforts. Imagine how many bees we can support in our communities, if each of us planted flowers to help fuel their flight.

LEGISLATION and PUBLIC POLICY

H.R. 1923, the Women's History and Nineteenth Amendment Centennial Quarter Dollar Coin Program Act has gone through a series of negotiations and changes and now has the support of the US Treasury and Mint. Over the past year, since the bill was

introduced by Congresswoman Barbara Lee, there has been much work with the House Financial Services Committee, the Senate, the US Mint, and Treasury to clear the way for enactment. Updated language that accommodates requests

from all stakeholders has been added, which should allow the bill, The Circulating Collectible Coin Redesign Act of 2020, to be considered on the House floor. Currently there are 166 Cosponsors signed onto the bill; 27 of them are from California.

ARTS and CULTURE

When considering where an art project is reported at the state level, the "intent" of a project should be the primary factor in determining where it is reported and detailed in a GFWC Award Entry.

Here is an example of attributing a project by its intent:

- An art therapy project that emphasizes the therapeutic value of art: **Arts and Culture**
- An art therapy project to aid Veterans with PTSD: Civic Engagement and Outreach
- An animal-themed art therapy fundraiser to benefit endangered animals: Environment
- An art therapy project that helps special needs children focus attention: Education and Libraries
- An art therapy project to aid those with addiction or depression: Health and Wellness

Susan B. Anthony

Susan Brownell Anthony was born February 15, 1820 in Adams, Massachusetts and died March 13, 1906 in Rochester, New York. She was the first true advocate for woman suffrage in the United States. Susan was a pioneer and activist for the women's movement and was president of the National Woman Suffrage Association (1892 -1900). In her early life she was brought up in a Quaker tradition which nurtured independence and moral zeal. To say she was intelligent is an understatement as she could read and write at the age of three. Susan attended local school and then her father set up a school for which she attended. She ended up going to a boarding school close to Philadelphia.



Her family were very political and participated in the Revolutionary War. Early in her teenage years Susan B. Anthony distributed anti-slavery pamphlets. She worked for the New York State American Anti-Slavery Society

In 1839 Susan took on a position in a Quaker seminary in New Rochelle, New York. She went to a female academy in upstate New York and taught from 1846 to 1849. The year was 1848 and the 1st Women's Rights Convention in the US was held. Anthony was teaching at this time and did not attend. A few years later Anthony met Elizabeth Cady Stanton. In 1852 Anthony started the Woman's New York State Temperance Society and became its first president. She was the most zealous advocate and pursued the cause with tireless effort. Anthony and Stanton clashed over the issues of women's rights. She campaigned for married women's property rights which she succeeded with in 1860. She fought against slavery and tried unsuccessfully to alter the Fourteenth Amendment to allow woman as well as African American suffrage. She was ridiculed for her efforts but never stopped pushing women's rights.

Anthony and Stanton published a new periodical called "The Revolution". Later in 1869 both ladies formed the National Woman Suffrage Association (NWSA). People fell away from her fiery demeanor and formed a new conservative group called The Woman Suffrage Association. In 1872 Anthony tested the Fourteenth Amendment by voting in the presidential election. She was arrested, convicted and fined which she refused to pay. Nothing more happened to her on this matter. Anthony fought in California, Michigan and Colorado for women's rights.

Later on in her life she was well received, respected and emerged as a heroine. In 1900 she retired as president of The National American Woman Suffrage Association. In 1906 Susan B Anthony died. It would be another 14 years, after her death, before the Nineteenth Amendment would be passed.

Susan B. Anthony did not care about what people thought of her. She stayed on track and sometimes even her associates would be cringing on how far she would push her efforts for women's rights. She fought long and hard and she lit the fire which would eventually give the right for women to vote. She was a pioneer.