



**President's Message by Stephen Johnson (the top dog in camp)**

**November, 2009**

From the desk of the "the totally P...." President.

Agh...wind, great planning for a trip to the Feather River this morning.

Clue #1 trip won't get off the ground, when you show up at the guides house at zero dark thirty and no lights are on...and 1 hour later they are still not on, Go Home.

Now if the wind will just die down so I can hit the upper Sac tomorrow I will be out of my kill anyone that smiles at me mood. Heading for Dunsmuir for 4 days of fishing and a Bamboo Rod Gathering (fancy word for a bunch of old men sitting around a campfire dinking fine Scotch). I will be home for Halloween and then the little Redhead along with Kate and I head north to the Rogue next Monday, damn this is tough work.

This all got started (bad mood) Saturday at the "Presidents" meeting at the Conclave...more on this later. Next came the discovery my wife shipped the wrong dog to Florida on Saturday while I was goofing off.

Last weeks trip to the Trinity for the purpose of checking things out...if only all trips were like this one...no one on the river 2.5 days and not one other boat. Hooked approx 33 fish landed 29 largest 27.5inch 8lb bright wild steelhead. Fished up and down the river with two guides that were making the first run of the year to see what had changed.

I will be sending out an email to all Board of Directors and committee members to get an idea who is staying and who isn't so we can get an accurate head count for the November meeting. I know we are looking for at least two committee members and two Directors for the up coming year. Now is the ime of year to communicate to me if you have anyone who you feel needs to be recognized for the "angler of the year" or worse.

Been a downer of a week dog wise...had to put one of the backbones of the business to sleep for age and hip problems...Thanks for all you have given ROCKY the world is a much better place thanks to your dedication to finding illicit dope and the offenders possessing it.

Speaking of dogs Katy got into the Guinness the other day and has been on an Irish roll ever since, she found this in an old book in the office.

Bíonn grásta Dé idir an diallait agus an talamh.

"THE GRACE OF GOD IS FOUND BETWEEN THE SADDLE AND THE GROUND"

Hope to see ya all at November's meeting. Come on Kate; get in the truck we have a few miles to go.

**Membership Form**

Regular membership – \$30\*

Family Membership – \$35\*

62 years or older – \$25.00\*

\*New members please add \$5.00 Initiation Fee

Dues are for one year, from September 1 to August 31 Please fill out then mail to:

Delta Fly Fishers P.O. Box 77862, Stockton, CA 95207

Check one:

New membership \_\_\_\_\_ Renew membership \_\_\_\_\_

Regular Membership:

One year \$30.00 \_\_\_\_\_

Senior (62+) \$25.00 \_\_\_\_\_

Family Membership:

One year \$35.00 \_\_\_\_\_

Name \_\_\_\_\_ Spouse \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Cell (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Work (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

E-Mail Address \_\_\_\_\_

I would like to be on the \_\_\_\_\_ committee

Please renew your membership, if you have not done so. If you are not sure, check the mailing label for your current status. If there is any questions or problems please contact:

Bob Souza at 209-607-6604

or e-mail at [suzasbs@clearwire.net](mailto:suzasbs@clearwire.net).

**Wednesday Night Fly Tying**

The weekly Wednesday evening fly tying sessions have begun and will continue through the Spring, Summer and Fall. Meet at the Nature Center, in the Oak Grove Park, at 6:30. The exception is the 2nd Wednesday night when DFF has its monthly meeting.

Whether you are a novice and want tips on how to tie flies or an expert that wants an excuse to get out of the house, then come out for the camaraderie of other members. This is an excellent chance improve your fly Casting and/or BS abilities. For more information contact Joe Balderston at 474-8515 ([joesteelhead@aol.com](mailto:joesteelhead@aol.com)) or Jim Rich at 477-6404 ([jrich1@sbcglobal.net](mailto:jrich1@sbcglobal.net)).

**Oak Grove Parking**

Jim Rich wants to inform DFF members that they will now need a DFF parking permit to display on your dash as the county sheriff's office will be writing tickets for non DFF members on Wednesday nights. Jim is going to print up placards or permits, so see Jim to get one. Information: 477-6404 or [jrich1@sbcglobal.net](mailto:jrich1@sbcglobal.net)

**Fishing Buddy Request**

NAME \_\_\_\_\_

DATE \_\_\_\_\_

PHONE CONTACTS: (1) \_\_\_\_\_

(2) \_\_\_\_\_

The best time to contact me is \_\_\_\_\_ My E-mail address is: \_\_\_\_\_

I WOULD LIKE A FISHING BUDDY TO HELP ME WITH ONE OR MORE OF THE FOLLOWING:

- Casting  Fly Tying  Attending Outings  Equipment
- Knot Tying  Float Tubing  Pontoon Boating
- Stream Fishing  Lake Fishing  Trout Fishing
- Steelhead Fishing  Shad Fishing  Bass Fishing
- Striper Fishing  Salt Water Fishing  Private Water Fishing
- Rod Building  Selecting a Guide  Travel
- Entomology  Other \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please describe what you would like help with \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

If you need further information, please contact the Fishing Buddy Committee:

Bob Souza at 209-607-6604 or [suzasbs@clearwire.net](mailto:suzasbs@clearwire.net)

Grady Lee at 951-3623 or [gmississippikid@aol.com](mailto:gmississippikid@aol.com)

Mail the form to: Delta Fly Fishers P.O. Box 77862, Stockton, CA 95207

## **Good Karma**

by Dennis Dickson, Dickson Flyfishing Steelhead Guides

In the discussion of becoming a more proficient angler, we often get so hung up over where we fish, how we cast, and what equipment we fish with, we often neglect one the greatest tools at our disposal. Our positive mental attitude. “Good Karma”

Positive Mental Attitude (PMA), Good Luck, Zen, Karma or whatever you want to call it, seems like an unlikely subject to talk about in fishing, but let me assure you, it is real and it works.

Question: How many of you hardcore steelhead flyfishers get this kind of “funny feeling “ shortly before you get the pull from a fish?”

I am not going to even to try to analyze the anatomical, physiological Zen between man and fish. I am going to discuss how to get it and how to keep it.

The other day I was fishing with a client and an outdoor photographer/ writer, who came along to observe. About half way through the day she says, “ You know what you do, Dennis?” You coach.” I thought about that. She was right. A big part of my coaching, is positive mental attitude.

There are some definite do and don’t when you fish with me. First off, if you try to tell me how “unlucky” you are, I will probably cut you off in mid sentence by saying, “But not today”.

I can’t count the number of angler who have come to me almost apologizing, saying they have fished for steelhead for X number of years without any luck, and as a last resort, they come to me. I am not sure if this is a complement or not. You see, every trip this guy has gone fishless, he has become more convinced, he can’t be successful.

## **Bad Karma**

Example. About twelve years ago, I was fishing couple of guys on the Sauk River for native steelhead. The fishing had been quite good that week and I was optimistic. In fact, the pool we were headed to, had held a fish for me every trip, for the last two weeks! Those were the good ole days! Anyway, as we float down to the first pool to fish, all I heard from this man was, how this trip was going to be waste of time, there is no steelhead anymore, and yada, yada, yada. (Why did you come?)

I decided to jump-start this outing so I didn’t even fool around, I rowed him across the river to fish the sweet spot, right off the bat. Of course I was bragging how never miss this little pool was, and to make a long story short, he didn’t do jack. So back across the river we go to where his buddy is fishing another piece of water. I promptly dropped him off and told him where to fish. I put his partner in the boat and headed back across.

He says,” Where you going?”

“Back to the other side.” is all I said.

His partner didn’t hook one either, he hooked TWO. Landed them both! The skeptic did a big turnaround and ended up finding a fish later that day, himself.

How do I teach “Good Karma?” Key word: Visualization. After I teach them the cast and presentation and I feel they are covering the water effectively, I play a mental game with the angler. I tell them to visualize steelhead in the pool.

“Now tell yourself “I say,”There is forty steelhead in this pool and all I want is one.” The client will generally start fishing as if he expects to get one. Ever notice, especially in athletics, successful people expect to be successful?

Then I will do silly little things while his fly is swimming across the pool, like I will say, “ OH, oh, he’s looking at it, here he comes. Joe client doesn’t know I cant see the fish either, so boy he is ready! More than that. He is learning to be mentally successful, and he hasn’t found a fish yet!

The other day I was fishing with Hal and his girlfriend Suzy. She works with kids and reading. I hadn’t seen her in a year, but after maybe 20 minutes on the water, she was fishing really well. I told her I was impressed how quickly it all came back to her. She said she just laid awake for a while the night before and visualized the fishing and instruction we had worked on in the past. It worked AWESOME. It wasn’t long before she spanked a big fish. Now interesting,

After this fish she says” I think all the fish are now scared of this fly, Dennis”.

I said, “No Suzy, now they will Fight for it”. Four casts later she hooks the largest steelhead we have seen all year. See, just by taking a negative and making it a positive.

Look in some old timers flybox sometime. He will have an assortment of flies, but One fly, will be in little sizes to big sizes. Only fly he ever fishes, he admits. Magic fly? No, but it is the one that brings him “Good Karma”, because that’s the one he is successful with.

Fish with “Good Karma” and good things happen. Count on it. Check out Dennis’s website [www.flyfishsteelhead.com/](http://www.flyfishsteelhead.com/).

## - FFF Conservation Corner -

Check out these pages on our site:

Conservation for Clubs

<http://www.fedflyfishers.org/Default.aspx?tabid=4404>

Conservation Strategic Planning 2009 – 2013

<http://www.fedflyfishers.org/Default.aspx?tabid=4974>

Club & Council Conservation

<http://www.fedflyfishers.org/Default.aspx?tabid=4416>

Osprey – A Steelhead Conservation Newsletter

<http://www.fedflyfishers.org/Default.aspx?tabid=4392>

### Club Conservation

The Wenatchee Valley Fly Fishers recently improved access to some wonderful lake fishing in Washington State. ‘Sir’ Gil Biles and his WFFF Team of workers have finished a single track road to launch boats at Upper Antilon Lake. Upper Antilon Lake is about 6 miles north of Manson. Access to the lower and upper Antilon lakes is via Grade Creek Road. Gil announced that the fishing is excellent for brown trout and crappies. This effort started in 2007 with Gil starting the paperwork to build a launch site at the upper lake. Persistence and dedication has paid off. Great work!

[http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGZNUANNDcf61QU9KBzMI1mQcfLjmh-4YCBuXAsSM9X4S\\_kCmzAN9r\\_9DvjoNwA\\_skbeNI\\_gm-MYDZG7NRLSeJNJ0P00RIVNXfzE=](http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGZNUANNDcf61QU9KBzMI1mQcfLjmh-4YCBuXAsSM9X4S_kCmzAN9r_9DvjoNwA_skbeNI_gm-MYDZG7NRLSeJNJ0P00RIVNXfzE=)

### The Stream Team Celebrates 20 years of work!

StreamTeamLogo [http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGYogQ23y96V0ZY4p4peqb6S6i6\\_aMI3mj0gk1RkKC6qJjA7epr54cGEJ2WJc3NORG8422y3SIHuCxy-GO5M-XRfw2tOIEf95wY3rv4M9Amlg=](http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGYogQ23y96V0ZY4p4peqb6S6i6_aMI3mj0gk1RkKC6qJjA7epr54cGEJ2WJc3NORG8422y3SIHuCxy-GO5M-XRfw2tOIEf95wY3rv4M9Amlg=)

Stream Team was started two decades ago by a FFF affiliate club, the Roubidoux Fly Fishers Association [http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGZJngtzgUMPQe5R1Rhg1ksGk0UMqwqLAW26I2-MBbP6fZeHR\\_bGBsp3Zb-KKXLPve5kSt1NY-gUznO\\_T1Z3JHjwz\\_MHKPvD2PqVid88Y-rOVzD5nw9cDhKg-sBKWOUIZQ7ewJtcLzQC4dAw=](http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGZJngtzgUMPQe5R1Rhg1ksGk0UMqwqLAW26I2-MBbP6fZeHR_bGBsp3Zb-KKXLPve5kSt1NY-gUznO_T1Z3JHjwz_MHKPvD2PqVid88Y-rOVzD5nw9cDhKg-sBKWOUIZQ7ewJtcLzQC4dAw=).

What started as a modest effort to clean their local water has grown to over 4000 teams across the state of Missouri. Look at a video [http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGY\\_T4yOJM0cZPhFRINbC8HAwwwCnwVCFyEetcHf-aMBmxBMcpbZBg\\_LXzxi5mXZDl0RNsr4tyBJgw-TFG3XA55-i8xVcr6u6NikW6rTSJUVOx3RJUBA4ZB8y-GJz0AMRk=](http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGY_T4yOJM0cZPhFRINbC8HAwwwCnwVCFyEetcHf-aMBmxBMcpbZBg_LXzxi5mXZDl0RNsr4tyBJgw-TFG3XA55-i8xVcr6u6NikW6rTSJUVOx3RJUBA4ZB8y-GJz0AMRk=) that showcases their work. You will be inspired by the good work that we all can do!

### Litigation Update - Victory for FFF

In 2007, the Federation of Fly Fishers joined with other conservation groups in filing a lawsuit to challenge a decision by the US Fish and Wildlife Service [http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGZB4G0Lc9kdh\\_\\_4-AvhZ\\_0mghBLKMNmVtB\\_Dwx002VvmsZe5ogOh0w4kOWGKly-](http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGZB4G0Lc9kdh__4-AvhZ_0mghBLKMNmVtB_Dwx002VvmsZe5ogOh0w4kOWGKly-)

[http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGYEIn2\\_C3dVC72mhfu2m-frBNDHGAvN55JvCiL8omFNatKpBZbcKpOSJ-7IHdAn-C1ocGRTw3d26n6n20CTtxJTak7xFlQYIhg9esjR\\_XwN0feLJrB-69f8m9HqoKPhuTypkRg7jvg2fJLhDN7Blxlv6jmlDgG4nKZA-ykt\\_MD\\_wV4FBWK6RQb3oiRbYXVLI0Hsrx-Jk6SVOR35Q=](http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGYEIn2_C3dVC72mhfu2m-frBNDHGAvN55JvCiL8omFNatKpBZbcKpOSJ-7IHdAn-C1ocGRTw3d26n6n20CTtxJTak7xFlQYIhg9esjR_XwN0feLJrB-69f8m9HqoKPhuTypkRg7jvg2fJLhDN7Blxlv6jmlDgG4nKZA-ykt_MD_wV4FBWK6RQb3oiRbYXVLI0Hsrx-Jk6SVOR35Q=) that denied protection to declining grayling populations. The FFF disagreed with the US Fish and Wildlife decision process and rationale for not listing the fluvial arctic grayling. The US Fish and Wildlife Service stated in their 2007 decision that MT fluvial arctic grayling were not genetically distinct and further populations in Alaska were sufficient.

The Montana fluvial arctic grayling once again will be considered for protection under the Endangered Species Act, according to settlement papers filed in federal court in Billings Wednesday, with a decision to be made by Aug. 30, 2010. Read the press release to learn more. [http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGYEIn2\\_C3dVC72mhfu2m-frBNDHGAvN55JvCiL8omFNatKpBZbcKpOSJ-7IHdAn-C1ocGRTw3d26n6n20CTtxJTak7xFlQYIhg9esjR\\_XwN0feLJrB-69f8m9HqoKPhuTypkRg7jvg2fJLhDN7Blxlv6jmlDgG4nKZA-ykt\\_MD\\_wV4FBWK6RQb3oiRbYXVLI0Hsrx-Jk6SVOR35Q=](http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGYEIn2_C3dVC72mhfu2m-frBNDHGAvN55JvCiL8omFNatKpBZbcKpOSJ-7IHdAn-C1ocGRTw3d26n6n20CTtxJTak7xFlQYIhg9esjR_XwN0feLJrB-69f8m9HqoKPhuTypkRg7jvg2fJLhDN7Blxlv6jmlDgG4nKZA-ykt_MD_wV4FBWK6RQb3oiRbYXVLI0Hsrx-Jk6SVOR35Q=)

### Conservation Grant Highlight

Understanding how fish deal with the dynamics of water. In 2007, the Conservation Committee supported then post doctoral student Jimmy Liao’s research of fish movement in relation to the dynamics of water. He discovered some interesting details about fish in their environment. You can view short videos

[http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGZUQ0Iz7hS10Lo2abNtejlhSQaoUN4uNi5H\\_xCYW30v-9fORq4C1enr42dbykyEHxrgvMmSQJdPo1qu4iScYKOOBp-DzeMhYp-apsZFuL158SelJvVviM8UXjoA5Dhk5uo9Gp8rIZu-WdKnd8eRe0All52](http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGZUQ0Iz7hS10Lo2abNtejlhSQaoUN4uNi5H_xCYW30v-9fORq4C1enr42dbykyEHxrgvMmSQJdPo1qu4iScYKOOBp-DzeMhYp-apsZFuL158SelJvVviM8UXjoA5Dhk5uo9Gp8rIZu-WdKnd8eRe0All52)]of the work he completed.

Dr. Liao is now a research professor at the Whitney Laboratory for Marine Bioscience

[http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGYIwBVwUou\\_eJTR5M\\_RXaTcVfWGGfEG1JnKq-6joFZGdpE8mtpNPqXRhmyDK5sv8d41kgKyarmHOUq1SXn-WZJN7o0\\_gcVeaMIKLEuWi3644oAlvPTYGBRMS](http://rs6.net/tn.jsp?et=1102734158326&s=2571&e=001sxRkLWOHcGYIwBVwUou_eJTR5M_RXaTcVfWGGfEG1JnKq-6joFZGdpE8mtpNPqXRhmyDK5sv8d41kgKyarmHOUq1SXn-WZJN7o0_gcVeaMIKLEuWi3644oAlvPTYGBRMS)] at the University of Florida. He continues his work on Biomechanics and Neurobiology of Fish Locomotion.

The diversity of FFF Conservation efforts are seen nationwide. Conservation comes in many forms as you can see from this newsletter - restoration work by our clubs, grant supported research and important litigation to protect species in peril.

The projects and issues highlighted in this newsletter also show that it takes time to see a project through. Several of the projects shown here began in 2007 with results taking a couple years to be realized. Persistence and dedication to conservation pays off. The FFF continues after 45 years to provide an important voice for anglers and fish!

Leah Elwell - Conservation Coordinator FFF – [conserve@fedflyfishers.org](mailto:conserve@fedflyfishers.org)

## DFF Officers 2009

### President

Stephen Johnson 209-887-9255

### 1st Vice President

(Open)

### 2nd Vice President

Herman Spalinger 209-477-3412

(Temp)

### Secretary

Sallye Rollans 209-274-0448

### Treasurer

Bruce Rollans 209-274-0448

## Directors

Joe Balderston 209-474-8515

Charles Edwards 209-951-0391

Ron Forbes 209-368-5767

Marty Kjelson 209-477-9618

Bill Laughlin 209-477-6644

Doug Ridgway 209-957-0170

Sallye Rollans 209-274-0448

Larry Schmidt 209-948-3360

Earl Summers 209-957-6756

## Committees

### Education

Joe Balderston 209-474-8515

### Newsletter

Doug Ridgway 209-957-0170

### Conservation/NCCFFF Member

Ron Forbes 209-368-5767

### Historian/Property

Jim Grimes 209-367-4663

### Membership

Bob Souza 209-478-8344

### Outings

Earl Summers 209-957-6756

### Publicity

Grady Lee 209-951-3623

### Programs

Marty Kjelson 209-477-9618

John Keagy 209-369-5690

### Raffles

Bill Laughlin 209-477-6644

### Catfish Derby (June)

Earl Summers 209-957-6756

### Trout Bout (November)

Charlie Reames 209-369-6053

### Bob McMillan Trout Bout

### (February)

Steve Cooper 209-956-1032

### Web Site

David Coon 209-239-9936

### Fishing Buddy Program

Bob Souza 209-478-8344

Grady Lee 209-951-3623

Ron Pettitt 209-931-2997

## Delta Fly Fishers Official Club Merchandise For Sale

Help support your club by buying and using club merchandise.

Polo Shirt w/club logo sale \$26.00

Ball Cap \$11.50

Club Patch \$5.00

Lapel Pin \$7.00

Lic. Plate Frames \$3.00

Official coffee mug \$5.00

Also the club has a video library

Videotape Rentals \$2.00 Per Video

See Jim Grimes 209-367-4663 for info on merchandise and videos at all the meetings.

## Membership Meeting

November 11

## November Board Meeting

November 18

## November Newsletter

The deadline for the

December issue is

November 25th

## November General Meeting Fishing in Lakes for Large Trout With Cliff Sullivan

This month's speaker will be Cliff Sullivan; Cliff will speak on catching large trout in lakes. Cliff has been fly tying and fishing since 1956. He has also been instructing youth and adult fly tying programs from beginner to advance since 1982. In 1990 Sullivan became an exhibition fly tier. He regularly ties for the Fly Fishing Show, The International Sportsmen's Expo and instructs at the FFF International Conclave. Cliff is a FFF Certified Fly Casting Instructor. In 1999 he wrote his first book (Stillwater Trout) and produced a video for TV (Introduction to Fly Tying) in 2002. Cliff's "Crawler Fly" has fished in the Jackson Hole one Fly. Sullivan tied his CDC Emerger Fly in Jack Dennis and Friends video volume 3. This fly was also



published in Tying Emergers by Jim Schollmeyer and Ted Leeson. Cliff has had flies published in numerous other Fly Tying Publications and has been a Guide and Instructor for 25 years. In 2006 he started working for Sierra Stream & Mountain. Cliff lives in Tracy, California, and is a member of the Northern California Council and a life member of the FFF.

## DFF Newsletter is Moving Towards Sending Via E-mail

DFF is working towards being able to send out DFF's Monthly Newsletter to our members electronically. By sending the Newsletter this way the DFF will be saving rising printing and postage costs that can then go towards our many programs. There is no need to send an email to Bob Souza, [suzasbs@clearwire.net](mailto:suzasbs@clearwire.net), if you want to continue receiving the Newsletter by hard copy, snail mail.

If you want to receive the Newsletter by email, send your email to [suzasbs@clearwire.net](mailto:suzasbs@clearwire.net). Please put the following in Subject Field of your e-mail: Newsletter Email. Advise Bob of your full name and the email address you would like the magazine sent to.

This is strictly voluntary but you will be saving the Club money. also, since Bob emails out the newsletter before he takes it to the printer, you will receive it sooner.

# Eastern Sierra Focus

By CJ Webb

## Fishing Tip:

Matching the hatch can create a lot of consternation when in fact you aren't matching what the trout is taking. Anglers usually match the length of an insect only to diminish their efforts by adding tails, a detail that is unnecessary to trout especially if the fly is size 16 or smaller. Tails are aesthetic and only for "us" as we do not eat bugs unless we sleep with our mouth open at night. The body of a nymph is more visible to trout when it is below the meniscus (water "goo"), as it's under the mirror. Trout can see it and will come from a greater distance to take it if it passes "muster". The key word is "seeing", trout prefer what they are used to seeing. If you buy most of your flies, pick through them and find the ones with the least amount of tail material. If you tie your own, use natural, slender wisps of fibers, keeping it simple, and it will provide improved success when tying for the trout rather than for the anglers who peruse your flies when a show and tell is eminent.

## Weather:

Early October had high temperatures even into the 80's but changed with wind driving a low pressure system into snow showers. Four storms hit during the month leaving a lot of needed moisture and raising water levels every where. Looks like winter might start earlier than expected.

## Legislation and/or News

The Nevada Fish and Wildlife Office has completed the LCT 5-year review and is distributing the document. It has layers with currently occupied streams and lakes, historical waters and known fish barriers. Also included are presentations given at the 2009 LCT (Lahontan Cutthroat Trout) Interagency meeting and can be downloaded from [http://www.fws.gov/filedownloads/ftp\\_nevada/](http://www.fws.gov/filedownloads/ftp_nevada/) and the folder is titled LCT Info. If you have questions you can contact Chad Mellison at 1.775.861.6300 ([chad\\_mellison@fws.gov](mailto:chad_mellison@fws.gov)), he's the resident expert.

The Fish and Game Commission is holding meetings around the state regarding the Automated Licensing System along with angling regulation changes for 2010-2011, if you have input please check their website and try and attend.

DFG posted the EIR/EIS prepared for the lawsuit on their website September 25th and the 45 day review period for comments ends November 10th. This is a critical document to most businesses in California that rely on the stocking of roadside waters and/or streams. Remember, if stocking is eliminated, there will be many problems associated with this decision, not just the loss of the Coleman strain of rainbow trout. Think it through before you comment. Should any news arise that needs exposure, I'll get it to the Editor and post it on my web-site.

**ROCK CREEK** – Has been fair to good with most of the fish holding near the inlet and outlet; try a full sink with black or burgundy woolly buggers, and 2-fly rig. Dries are working at the inlets and outlets, so try olive Hornbergs.

**HOT CREEK** – is fishing well; water level is up. Use a 2-fly rig, prince, zebra or any standard midges like small WD40's, PT flashback, Zebra Midges and WD40's (22-24). Dry fly action is down, but if it hits try elk hair caddis in sizes 20-24. There

is always an afternoon breeze so be prepared for everything.

**CROWLEY** – Moss is still hanging and it depends on which way the wind blows as to where you will be able to fish. Fishing is good in the McGee Creek Channel if you can find a way to work through it. Try Tiger Midges, black crystal zebra and the black broke-back in about 12 feet of water, but check with the local experts in Mammoth or at Crowley Lake Fish Camp.

**CONVICT** – Continues to have a good breeze on most days so fish the same southwest corner near the aspens, fish different levels and see where the trout are holding. Water is a lot cooler all over.

**UPPER OWENS** – Has been fishing well and the water level is up. Larger fish are moving around so keep working until you find the where they are holding and use dry/dropper, Copper John, soft hackles, pheasant tails, and prince nymphs in sizes 20-24. Check regs for changes as to where you can fish.

**MAMMOTH BASIN** – George is doing great on small Rickard's olive/orange still water nymph or a leech pattern with a nymph dropper #16 or #18. Pick your best nymph i.e., prince, hare's ear, Zebra Black/Grey, or Crystal.

**SAN JOAQUIN ROAD** – The road is closed for the season.

**JUNE LOOP** – Has done well overall with small midges over a dropper using a pheasant tail, prince, hare's ear or any bottom midge in a variety of autumn colors but very small.

**LUNDY** – Has been doing fair from tubes and has seen a lot of action in the beaver ponds. The resort closed Sept. 13th. Work Hornbergs, streamers and olive crystal flashy buggers, wiggle nymphs in olive or dark brown. Try a 2 fly rig at the inlet and south shore near the aspens. There are still 2 more weeks in our season here and it will get nice again.

**VIRGINIA LAKES** – Continued warm weather plagued most of the Eastern Sierra without any relief driving the fish deeper early during the month, then several small storms hit as the Little V started to turn over melding the cooler temperature and bringing the fish to the surface. "Mr. Majestic" made his appearance many times during the summer providing incentive and constant aggravation to anglers. I hit him once each of the last 2 summers and he took me to the "tree". Ask me next summer and I'll explain. Only one person brought him to shore (Michelle the "Dude") with the fly I gave her in 2008. Big Virginia is still holding trout in cooler water and fish were found at about 14 to 16 feet according to Dave Breiter and his sons from Utah. Trumbull was probably the best producer during this temperature change using a variety of small midges and a nymph/dropper. Little V is iced over but Big V and Trumbull are still ice free.

**EAST WALKER** – Flow is currently at 148cfs and fishing very well. Use small midges, Zebra, WD40, San Juan worms, in green and black. Streamer action is best early and late.

**WEST WALKER** – Water is at 89cfs and a bit higher than normal for this time of year, so use a two fly rig with large attractor and small tiger, crystal or your favorite midges as the bottom fly. If weather warms use some terrestrials.

**SADDLEBAG RESORT** – The lakes basin is basin was doing well for those willing to walk in, as the gate is up and Saddlebag is closed, as is the pass, as of now. The stream is running fair and some nice brooks, browns and bows can always be found if you are better than their ability to see you.

Stealth is the key here now.

See you on the water....cj 9.9

# CALENDAR OF EVENTS

Every Wed (except meeting nights)	Nature Center Oak Grove Park Stockton	WEDNESDAY EVENING FLY CASTING & TYING Contact: Joe Balderston 474-8515 Jim Rich 477-6404
Every 2nd Wed (except July & Aug) 7:00 PM	John R Williams School Stockton	Membership Meeting Contact Marty Kjelson 477-9618 John Keagy 369-5690
Every 3rd Wed (except July) 7:00 PM	Nature Center Oak Grove Park Stockton	Board Meeting All Members Welcome
Wednesday November 11	John R Williams School Stockton	November General Meeting Fishing in Lakes for Large Trout Cliff Sullivan
Wednesday November 18	Nature Center Oak Grove Park Stockton	Board Meeting All Members Welcome

## Swap and/or Trade

Yamaha Outboard Motor 20 horsepower, 4 stroke long shaft electric start, electric tilt and tiller control. Under 10 hours 2006 model. Firm at \$2,000.00. Contact Bruce Rollans 209 274-0448.

I wish to trade either a 7/8 wt and/or 6 wt fly rod for either a 5 wt, 4 or 5 piece, travel rod or a large reel, to hold 7-10 wt line.  
Marty Kjelson - 477-9618

## DFF MENTOR PROGRAM

The Delta Fly Fishers Board of Directors, intent upon enhancing the existing Fishing Buddy Program, is proposing DFF adopt a Mentor Program which is proactive and broadly inclusive. The primary objective is, by sharing fly fishing skills and knowledge of existing DFF members with new members, this will assist new members in getting acquainted with existing members, with club activities and, generally speed the transition from new member to old friend.

The Board of Directors recognizes this will take considerable commitment from the existing membership and does encourage the active participation of current members. The following broad guidelines are thought to be necessary for this program.

- Every existing member willing to serve, as a Mentor will be asked to complete a skills/knowledge list that they will share with new members as requested. The Mentor Program Chairperson will maintain these documents.
- Every new member will be asked to complete a skills/knowledge request form, which the Mentor Program Chair will also maintain.
- The Mentor Program Chair will introduce any and all new members before the General Program begins and will make an effort to introduce the new members to DFF Officers and Board Members.
- Under consideration is the additional incentive for new members of some free raffle tickets.
- The Mentor Program Chair will follow up on matching a Mentor with a new member based on skills/knowledge sought and skills/knowledge available. The mentor and new member will work out a compatible schedule by which to transfer skills/knowledge. The Mentor Program Chair as needed can make reassignments.
- Examples of mentoring include such things as guiding a new member on local waters within a few months of assignment, accompany the new member to a local fly shop to assist with gear purchases, contact the new member a few days before each monthly meeting to remind the new member of the meeting and program, assisting with casting skills, how to tie useful knots and/or fly tying, sharing information regarding fly fishing destinations including basic travel tips and promoting new members to join DFF in its outings

Over time the Mentor Program may be extended to include existing members who want to learn new skills/knowledge.

## FLY CASTING FOR KIDS

Beginning the last week of August and for all of September three DFF members spent one hour every Wednesday afternoon teaching 12, 5th and 6th graders at J.R.Williams School how to fly cast. Bruce and Sallye Rollans along with Joe Balderston worked with these children using DFF equipment. The task proved to be a contradiction in terms; both enjoyable and daunting given all the kids seemed to be on a sugar high and typically working in 100 degrees plus heat. Over half those in class were girls.

## MOKE RIVER CLEANUP

September 19th DFF was represented by Bruce and Sallye Rollans at the Mokelumne River Clean Up hosted by the Foothill Conservancy and EBMUD. There were approximately 60 volunteers who showed up at the San Joaquin County Park below Camanche Reservoir Dam. Some floated the river to the Mackville Road Bridge while others walked the park, parking lots and river's edge gathering trash. Bruce and Sallye were responsible for the main parking lot and spent four hours picking up thousands of cigarette filters.

## SAVE MART MARKETS – S.H.A.R.E.S

DFF has joined with Save Mart Markets via the S.H.A.R.E.S. program. DFF earns 3% of most purchases made by customers using the card provided to DFF by Save Mart.

In February we passed out close to 100 S.H.A.R.E.S. cards to DFF members. Many of you have been using them. Since late February we have earned approximately \$300. We have noticed a drop in usage this past month so we encourage you to shop Save Mart and use the card. There is no additional cost to you. It merely gives 3% to DFF that otherwise would go to market profit.

## So, What Has The Federation of Fly Fishers Done For Me Lately?

By Ken Hofmeister – Taken from the Suncoast Fly Fishers Newsletter

I hear this question frequently. Here is my personal and unvarnished response. First, the question changes from “me” to “us” in a hurry. Since SFF decided to join the FFF in June of 2007, we acquired Kemper club insurance made possible by such affiliation. The infamous Withlacoochee trip convinced us of the need.

We received one free incentive TFO Lefty Kreh rod for every twelve new FFF members enrolled—(113 paid members). These rods became club rods and contributed to our financial health through club auctions. SFF also received twelve free 10 wt. rod blanks to stimulate our rod building education.

As a club, we flew the SFF and FFF flag at Florida Sportsman's Show at no cost to us. Our FFF relationship got us not-for-profit entry fees into other events as well. Visitors have found us by searching the FFF Florida website. Numerous program presenters came from our FFF contacts at the expo and other events (Rick Grassett, Pete Greenan, Ron Whiteley, Steve Gibson, and Aaron Adams).

Project Healing Waters Fly Fishing was introduced to us at an FFF expo and encouraged by FFF partnerships and publications. Thirteen SFF volunteers donated 872 hours this year to helping vets learn to cast, tie, and fish at Bay Pines VA. Pat Damico heads up PHWFF region activities while Terry Kirkpatrick and John Craig are point persons for Bay Pines.

FFF leadership and publications encouraged us to participate in the Boy Scout Fly Fishing Merit Badge Program. Richard Oldenski led over ten SFF members to teach twenty scouts how to cast, tie, fish, and remove hooks from flesh this year.

OK, FFF has been helpful to the club—so what has it done for me? Well, I got a patch, a magazine, and a bill for \$25.00 (senior special rate). I also receive the FFF club wire, a useful monthly e-mail communication put out by Barbara Wuebber that includes updates, articles from other FFF newsletters, and some helpful book reviews. FFF introduced me to “Catch” Magazine and its outstanding photography. FFF gives me an opportunity to speak collectively on conservation and marine resource issues.

What made a profound personal impact upon my life was the contact with FFF people at the board, club, and officer level. Pat Damico's casting clinics for FFF members gave me sufficient skill to even approach a casting pond where people like Pete Greenan, Dusty Sprague, Leigh West, and others gave me some invaluable casting tips. Ron Whiteley presented a great program for us; however, he kept me informed and inspired with a barrage of e-mails about conservation and legislation. Others shared their journey through fly tying tips and fishing wisdom. At an FFF board meeting I caught some passion for conservation projects in Florida. Basically, people wearing the FFF badge expanded my world and broadened my education. They gave me access to a larger fly fishing community. Priceless!

FFF Florida Council Conclave at Ramada Celebration Resort October 23-24 gives you a chance to rub shoulders with some of the finest casters, tiers, and liars. Go--and answer the question for yourself.

Check out <http://www.fff-florida.org/conclave.htm> for more details. ....Ken



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