



# Rx Fly Fishing

DELTA FLY FISHERS, STOCKTON, CA

[www.deltaflyfishers.com](http://www.deltaflyfishers.com)

MARCH 2004

## Editor's Message

Our newsletter has a new look because I cannot possibly duplicate the great work done by Tom Lamb, the newsletter editor for the last several years. Tom has decided to spend more time fishing and less time typing. So please bear with me as I get this figured out. Please send photos, stories, tall tales, comments or complaints to [mmowry@earthlink.net](mailto:mmowry@earthlink.net) or call me at 209-748-2254.

I had the privilege of sitting next to Loyal Hall at the February monthly meeting. He told me that John Franucchi, Sr. was the original editor of the newsletter and the one who named it Rx Fly Fishing. He thought a prescription of fly fishing would cure just about anything that troubled you. It is always interesting for us newer members to hear about the history of the club.

The February meeting was well attended and Larry Mettler gave an interesting presentation about Pyramid Lake and even brought a bottle of Mettler wine for the raffle. The club has a speaker at most of the monthly meetings and there is always a raffle with some great prizes.

Marilyn Mowry  
[mmowry@earthlink.net](mailto:mmowry@earthlink.net)  
209-748-2254

## Fly Fishing Web Sites:

<http://www.nccff.org/rivermouth/mouth.pdf>  
<http://www.caltrout.org/>  
<http://www.dfg.ca.gov/>  
<http://www.tucalifornia.org/>

**March Program**  
**Wednesday, March 10th**  
**7:00 pm**  
**John R Williams School**  
**March Speaker:**  
**Barry Foster**

Wednesday, March 10<sup>th</sup>, professional guide Barry Foster will present a program on "Deep Water Nymphing". Barry has guided the Lower Sacramento River for over 10 Years and has logged over 1,500 trips on this river. Barry's program will detail his innovative indicator techniques that have proven to be deadly on the river systems of Northern California. Barry's free presentation which is open to the public will be given at the John R. Williams School 2450 Meadow Ave. Information Steve Cooper 956-1032.

## Conservation

The New Zealand Mud Snail has invaded both the Mokelumne and the Calaveras Rivers as well as Putah Creek and the Owens River. The Department of Fish and Game is testing methods to clean waders and equipment and has received donations from equipment manufacturers and fly fishing clubs and organizations including: the Northern California Council - Federation of Fly Fishers, Cal Trout, the Granite Bay Fly Fishing Club and the Delta Fly Fishers. DFG currently recommends spraying gear with Clorox Formula 409, then scrub with a stiff brush to remove all visible snails. Then rinse with tap water. snails can collect under laces and in the felt soles of wading boots. Placing gear in water maintained at 130 degrees for 5 minutes is an alternative method of removal. For more information visit: <http://www.esg.montana.edu/aim/mollusca/nzms/id.html>.

## President's Message

I'd like to complain about my recent lack of stream time but I believe I used last year's March president message on that subject. I guess it's just that time of year. There was lots going on with the club in the last month, so I guess this month's message should be dedicated to business.

First off, the DFF had another great success co-sponsoring the February 5th Trout Bout at Oak Grove park. Over 600 anglers of all ages showed up to enjoy a great day on the lake. Yours truly was penciled in as the chair person but everyone knows Charlie Reames is still the brains behind the operation. Thanks, Charlie!

I would also like to thank Ron Forbes, Rick Green, Walt Kotecki, Bob Laubengayer, Grady Lee, Dan McDaniel, Jim Rich, Bruce and Sally Rollans, Larry Schmidt, Ed Sill, Bob Souza, Herm Spalinger, Earl and Nancy Summers, and John and Karen Keagy. Another outstanding showing of DFF volunteers.

Last month was editor Tom Lamb's last issue. Tom has done an outstanding job for the past three years and deserves a big hand for his efforts. Vice President Marilyn Mowry has stepped in as the new editor. You can reach Marilyn at email: [mmowry@earthlink.net](mailto:mmowry@earthlink.net) for info or submission to the paper.

I will be filling in the large shoes of Al Smatsky as the new DFF program chair. I'd like to hear from the membership on possible program topics. If you see an interesting program, or meet a possible guest speaker, please get his/her card and forward it to me.

(Sorry for the lackluster message, but if things don't improve computer wise at my house, the next message may be sent etched in stone, as God intended messages to be sent!)

Frustratedly Your, Steve



# CALENDAR OF EVENTS

<b>March 10 (Wed)</b>	<b>John R Williams School Stockton</b>	<b>Monthly Meeting 7:00 pm</b>
<b>Mar 23 (Tues)</b>	<b>Bob Souza's garage</b>	<b>Beginning FlyTying Begins Bob Souza 209-478-8344</b>
<b>April 3 (Sat)</b>	<b>Kelsey Bass Ranch</b>	<b>Bass Al Smatsky 209-365-7079</b>
<b>April 7 (Wed)</b>	<b>Oak Grove Park Stockton</b>	<b>Board Meeting 7:00 pm</b>
<b>April 14 (Wed)</b>	<b>John R Williams School Stockton</b>	<b>Monthly Meeting 7:00 pm</b>
<b>Apr 21 (Wed)</b>	<b>Oak Grove Park Stockton</b>	<b>Weekly Flycasting Begins Every Wednesday 6:30 pm until dark Jim Rich 209-477-6404</b>
<b>May 1 (Sat)</b>	<b>Lake Amador</b>	<b>Float Tube Derby (limited to 100 tubers) Cash Prizes to 10 places, \$1000 to 1st place \$40 entry fee includes fishing, launch fee &amp; lunch</b>
<b>May 5 (Wed)</b>	<b>Oak Grove Park Stockton</b>	<b>Board Meeting 7:00 pm</b>
<b>May 8 (Sat)</b>	<b>White Pines Lake Calaveras County</b>	<b>One Fly Contest Sponsored by Calaveras Fly Fishers Scholarship Fund Raiser Check In 7:30 - 8:30 am \$15 entry fee (includes lunch)</b>
<b>May 12 (Wed)</b>	<b>John R Williams School Stockton</b>	<b>Monthly Meeting 7:00 pm</b>
<b>May 23 (Sun)</b>	<b>TBA</b>	<b>Shad George Cecchetti 209-365-7335</b>
<b>June 2 (Wed)</b>	<b>Oak Grove Park Stockton</b>	<b>Board Meeting 7:00 pm</b>
<b>June 9 (Wed)</b>	<b>Oak Grove Park Stockton</b>	<b>Monthly Meeting Club BBQ Glen Bockman 209-887-3970</b>
<b>June 12 -13 (Sat &amp; Sun)</b>	<b>Manzanita Lake</b>	<b>Ron Petit 209-931-2997</b>
<b>July 15-18</b>	<b>Umpqua River, OR</b>	<b>Smallmouth Bass Steve Cooper 209-956-1032</b>
<b>July 31- Aug 1</b>	<b>Truckee River</b>	<b>Trout Dan McDaniel</b>
<b>Sept 11 -12 (Sat - Sun)</b>	<b>Bridgeport</b>	<b>Trout Don Gillett 209-464-1240 Ron Petit 209-931-2997 (lunchmeister)</b>
<b>Oct 8-10 (Fri - Sun)</b>	<b>Mammoth Lakes</b>	<b>Al Smatsky 209-365-7079</b>

# Henderson Springs Outing by Ron Pettit

March 8th, 9th and 10th

Mon-Tues-Wed

Henderson Springs is a private water fly fishing resort located about 5 hours north of Stockton and east of Redding on Hwy. 299 east. There are four spectacular lakes, one large pond and a 1/2 mile meandering spring creek, all filled with trophy trout. This is excellent wet and dry fishing! The catch & release barbless hook waters are open only to guests of the ranch which it limits to 10-12 anglers, ensuring a very private and unpressured fishery. The fish are mostly Pit River rainbows ranging in the 3-6 pound range, with Browns to 8 pounds. Anglers have taken fish up to 15 pounds in Clear Lake. I have fished at Henderson Springs twice a year for 6 years and have never caught a fish under 18 inches.

The pristine setting of the drive-to lakes offers float tubers hours of outstanding fishing. Stream anglers like using light tackle for big fish and are limited to only a few hours a day to reduce pressure on the fish, as the catch rate is high.

The lodge is spacious and comfortable featuring 7 bedrooms, 4 bathrooms, fireplaces and a big screen satellite TV. A huge deck overlooks a gorgeous meadow excellent for viewing soaring Eagles, honkers, wild turkey, quail, otter, deer and an occasional bear. In addition to the main lodge, there is a unique cabin with a wood stove, fully appointed kitchen and gas BBQ. It sleeps up to 6 people for those who want to be on their own.

Gourmet meals are served each morning and evening in the lodge dining room. Made to order lunches are prepared daily for guests to take to their fishing sites. The management and staff are GREAT!. Very friendly and knowledgeable. Staying there is a good experience.

Henderson Springs is open FEB through MAY, closed JUNE, JULY & AUGUST,

open again SEPT, OCT. & NOV, closed DEC & JAN. Early booking is necessary.

Rates for the lodge or cabin, all meals and fishing are \$252. per person, per day.

Rate for the cabin, without meals, is \$160. per day, per person.

Non-angler guests are \$120. per person, per day

The ranch has float tube rentals and limited supplies such as leaders and flies.

Visit their website:  
[www.hendersonsprings.com](http://www.hendersonsprings.com)

**Due to the response from members at the December meeting, I have**

**reserved lodging and fishing accommodations for 8 people at Henderson**

**Springs, the private water fly fishing resort east of Redding. If we are a group of 8, the resort could be exclusively ours. We will arrive on Monday, March 8 around 1pm and leave Thursday, March 11 around noon. This is an excellent time for float tubing and stream fishing using wet and dry flies. Cost for lodging, all meals and fishing is \$252.pp per day for a total of \$756. I am offering my services to guide those who would like some assistance. Please call me ASAP if you would like to reserve a place or if you have any questions.**

**Ron Pettit 209-931-2997 or  
Floatubefisher@AOL.com**

**Turn In Poachers!**

**1-800-DFG-CALTIP**

**Call 24 hours a day, remain  
anonymous, collect a reward!**

# Fly Tying Classes for 2004 Year by Bob Souza

Basic fly tying class will be six lessons:

#1 will be introduction to basic fly tying tools and their use.

#2-5 will be tying fly patterns to learn different tying methods needed to complete various styles of flies.

All tools and materials will be furnished in the classes. Cost for classes will be \$25.00 for the six lessons. This charge is to offset cost of tying materials needed.

Classes will be held to six students. The class will start at **7:00 pm – 8:30 pm**. There will be two classes a week for each lesson, **for a total max of 12 students**. Lessons will be on Tuesday and Thursdays. Students can sign up for one night a week.

The location of classes will be at:

8452 Mason Dr. Stockton, CA  
At the home of Bob Souza.

Dates for classes are: March 23, 25, and 30, April 1, 6, 8, 13, 15, 20, 22, 27 and 29.

For more information contact Bob Souza by phone (209) 478-8344 or E-mail him at [suzasbs@netzero.com](mailto:suzasbs@netzero.com).



**For Sale:**

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## DFF OFFICERS

### President

Steve Cooper 209-956-1052

### Vice President

Marilyn Mowry 209-748-2254

### Secretary

Herman Spalinger 209-477-3412

### Treasurer

John Keagy 209-369-5690

## DIRECTORS

Grady Lee 209-951-3623

Rick Greene 209-478-1488

Bob Souza 209-478-8344

Dan McDaniel 209-951-7900

Earl Summers 209-957-6756

Al Smatsky 209-368-9261

Jennifer O'Neill 209-955-6932

Ron Forbes 209-366-5767

## COMMITTEES

### Bulletin

Marilyn Mowry 209-748-2254

### Conservation

Dan McDaniel 209-951-7900

Bob Laubengauer 916-725-0556

### Catfish Derby

Bob Bradley 209-369-4048

### Historian

Alan Aadland 209-744-8915

### Membership

Rick Greene 209-478-1488

### NCCF

(open)

### Outings

Grady Lee 209-951-3623

### Publicity

Grady Lee 209-951-3623

### Programs

Steve Cooper 209-956-1052

### Property

Bob Souza 209-478-8344

### Raffles

Earl Summers 209-957-6756

### Trout Bout

Charlie Reames 209-369-6053

### Web Site

Lavon Wiseman 209-952-9605

## Our Mission

Delta Fly Fishers is a community organization whose members are dedicated to the furtherance of the art of fly fishing. To accomplish this, we actively participate in educational programs to teach anglers the techniques of fly fishing, fly tying, fishing ethics and the practice of "catch and release". We place great emphasis on conservation issues as they relate to streams and lakes with a focus on protection, preservation and restoration. We have assumed the responsibility to monitor local waters and bring to the attention of the public and governmental agencies issues which threaten conservation. We encourage families and anglers of all ages to participate in the club's activities.

## Community Events

We recognize that as a community organization we have a professional obligation to provide information and activities relating to fly fishing for the non-member fishing public, with emphasis on children. Each year we participate in conservation projects in 17 of our elementary schools where a team of members obtain fresh fish eggs (either Salmon or Trout) and in conjunction with the classroom teacher, present a program to the children, leaving the eggs with them to hatch in their classroom tank. Once the fry are old enough, we accompany the children to the Mokelumne River and assist them in releasing the fish. We strongly encourage the children to practice "catch & release".

Club members in Partnership with San Joaquin Count Park and Recreation present Trout Bout in November, the Catfish Derby in June for youth 5 to 15 years old and parents and seniors at Oak Grove Regional Parks. Casting Classes are presented from 6:00 pm to dark every Wednesday evening during daylight savings time at Oak Grove Regional Park.

We also support Conservation and Stream restoration project locally and throughout the State.

We also provide, and staff, an informational booth at the Asparagus Festival where we have exhibits and demonstrate fly tying and casting while talking to folks about the benefits of joining our club and the pleasures of fly fishing.

## Membership Form

**Family Membership is: \$30.00 or \$20.00 for 62 years or older. New members please add \$5.00 one time new member initiation. Dues are for one year September 1, 2003 to August 31, 2004. Please fill out then mail to:**

**Delta FlyFishers P.O. Box 77862, Stockton, CA 95207**

Name \_\_\_\_\_ Spouse \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_ Phone: Home \_\_\_\_\_

Phone: Work \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Please renew your membership, if you have not done so. If you are not sure, check the mailing label for your current status. If there is any questions or problems, please contact **Rick Greene** at **209-478-1488** or email at: **[greeneman.ca@netzero.net](mailto:greeneman.ca@netzero.net)**. You may also use this form to join.

### Welcome New Members!

Tom & Sandar Dillon of Stockton

Tom & Anne McCollum fo Stockton

Joey & Brittan Paglierani of Lone



## The Bob McMillen Memorial Fishing Tournament

The County Parks and Recreation Department held a memorial "Trout Bout" Saturday, February 7th in memory of Bob McMillen, the county's recreation department director who passed away suddenly last June. Bob was the moving force in creating the county's Trout Bouts held each year and Delta Fly Fishers joined in to provide food and drinks for the public who come to participate in the event.



Pictures of Bob were posted outside around the clubhouse, and his family was in attendance, including his mother and brother and their families. Balloons were released before sunup and the first "commemorative cast" into the lake was made by Bob's grandson. Just before weigh-in and prizes were awarded, the Boy Scouts presented a flag color guard to Bob's family and his wife with a plaque commemorating the event that Bob started.



DFG closes the park the Friday before each trout bout and plants around 2,000 pounds of rainbow trout, some with tags worth money that can be redeemed through the Parks and Recreation



Department. Prizes are awarded for the various categories of children, young and old, who catch the heaviest trout before final weigh-in. Many arrive before sunup to get their favorite spot. Several DFF members also arrived by 6:00 a.m. to set up their "food service" that help make the event a success. This is DFF's



contribution to the parks department for allowing us free rent of the Nature Center to hold our Board meetings and fly tying events. This event is a very satisfying experience for those DFF members who participate.



Story and photos by Herman Spalinger.

## The Shadow Lake Outing

The turnout for the Shadow Lake Outing was good. We had about 20 fly fishers show up despite the threatening weather (we actually only had light drizzles and sprinkles.) The lake, which is located in an East Bay Regional Park, was nice and there were plenty of grass and picnic tables. We had a nice little lunch despite the fact that the Fed Ex carrier (civil war era hot-air balloon) transporting the precious cargo of Mississippi Road Kill was hijacked by some Oklahoma hooligans. The fish however were a little less than cooperative, by lunch time we had a total of about four or five fish landed.



The majority of us were bumpy. However we were fortunate to be able to be there and it gave us an excuse to get out and to see and fish a new lake. January and February typically prove to be tough months for getting the fish to bite, at least for me. This was my 3rd trip in a row without a bump, I am trying to break my record of a few years ago in January of 4 trips in a row without a bump. Photos by Herman Spalinger, story by Grady Lee.



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