

ADDITIONAL SUPPORT RESOURCES

Heal from early childhood trauma and combat/first responder/life traumas.

<https://rebootrecovery.com/>

Heal and make your marriage last

<https://victormarx.com/marriage/>

Attend a personal, marriage, group weekend retreat 2 a year for free for military active/veteran (no childcare).

<https://thecove.org/events/>

Active military go out on outdoor adventures.

<https://www.soulsurvivoroutdoor.org/>

If you're in a very tough spot and need immediate emergency needs assistance.

<https://www.codeofvets.com/>

Make connections with other vets and daily resources to help you stay on azimuth moving forward in life.

<https://thewarriorsjourney.org/>

Go to a 5-day resiliency clinic and learn how to build strength in mind, body, heart, and spirit.

<https://sofmissions.org/>

Find the purpose and source of strength in your life.

<https://www.mightyoaksprograms.org/>

Learn about your purpose and what you were designed for:

<https://engageyourdestiny.org/>

Sharpen your mind and heal from PTSD.

<https://www.projecthealingheroes.org/>

God's word (Jesus) the never-ending source of the practical tangible tools above.

<https://www.youversion.com/the-bible-app/>

Learn about Gods word together with others locally.

<https://www.navigators.org/>

Life together and learner to grow together.

<https://crumilitary.org/about/who-we-are/international/>