

Information that might help (if dealing with various issues) Do your research!!!

Minimum 3 day fast (water maybe black coffee or tea no sweetener or additives)

Get's body in Autophagy- Probably Keto diet after fasting to deal with issues such as cancer

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2990190/>

Zinc (25 / 50 mg) w/ Quercetin (500 mg) antioxidant antimicrobial 1x day w/ food w Ivermectin/Fenbendazole

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9200564/>

Vitamin C: up to 3000 mg per day depending on age and risk level.

Vitamin D: up to 250 mcg (10000 IU) per day depending on age and risk level.

Ivermectin: (depends on situation see Covid treatment below) Also treats many cancers!!!

<https://pubmed.ncbi.nlm.nih.gov/35070575/>

*** <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7505114/> ***

Hydroxychloroquine: Covid

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5718030/> (BRAF, Lung, myeloma, sarcoma & others)

Fenbendazole or Phenbendazole (Panacur) {colorectal cancer and others}

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9437363/>

<https://www.fenbendazole.org/fenbendazole-information/fenbendazole-dosage-guide/>

Nitazoxanide (Nizonide): (1 500 mg per day) Hep B & C and Influenza and corona virus

<https://www.medrxiv.org/content/10.1101/2021.03.03.21252509v1>

<https://www.ncbi.nlm.nih.gov/books/NBK548943/> <https://pubmed.ncbi.nlm.nih.gov/25847384/>

Chlorine Dioxide: (lung cancer) <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9636887/>

<https://www.cancertreatmentjournal.com/articles/chlorine-dioxide-as-a-possible-adjunct-to-metabolic-treatment.html>

https://d197for5662m48.cloudfront.net/documents/publicationstatus/139532/preprint_pdf/ae5eec57f2edecb6b306ce7697068ccc.pdf <https://patents.google.com/patent/US10105389B1>

Green Barley (grass){cancer}: <https://makismd.substack.com/p/green-barley-barley-grass-for-treatment>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5904770/> <https://makismd.substack.com>

L. Salivarius (probiotics): boost immune system (gut health)

Allicin (Garlic prop) Allimax or AllicinV: Corona / bacterial respiratory infections {vapor administered}.

Covid: See a recommended treatment protocol link below

<https://vladimirzelenkomd.com/treatment-protocol/>

Information that might help (Prophylactically)

Do your own research!

Minimum 3 day fast (water maybe black coffee or tea no sweetener or additives)

Get's body in Autophagy- it is your body's cellular recycling system. It allows a cell to disassemble its junk parts and repurpose the salvageable bits and pieces into new, usable cell parts. A cell can discard the parts it doesn't need.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2990190/>

<https://makismd.substack.com>

Zinc (25 to 50 mg) with Quercetin (500 mg): antioxidant antimicrobial (once a month together with food before or with Ivermectin/Fenbendazole)

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9200564/>

Vitamin C: up to 1000 mg per day depending on age and risk level

Vitamin D: up to 100 mcg (4000 IU) depending on age and risk level (need to eat with fatty meals)

Ivermectin: (12mg one time every three weeks) {with small amount of zinc and quercetin}

<https://pubmed.ncbi.nlm.nih.gov/35070575/>

*** <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7505114/> ***

Hydroxychloroquine: (Covid, glioblastoma and brain cancer)

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5718030/>

Fenbendazole or Phenbendazole (Panacur) (colorectal cancer)

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9437363/>

<https://www.fenbendazole.org/fenbendazole-information/fenbendazole-dosage-guide/>

L. Salivarius (probiotics): boost immune system (gut health)

Allicin (property in garlic) {Allimax}: Coronavirus / bacterial respiratory infections (healthy lungs heart etc.)

Vaccine cleanse: Break down spike protein (some cases may help cancer)

Natokinase: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9458005/>

Bromelain (BromAc): <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7999995/>

Liver cleanse: NAC (N-Acetylcysteine) <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8211525/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8234027/>

Green Barley (grass){cancer}: <https://makismd.substack.com/p/green-barley-barley-grass-for-treatment>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5904770/>

Covid: See a recommended prophylactic protocol: <https://vladimirzelenkomd.com/prophylaxis-protocol/>