

## **DR. JOANNA L. ROSEN, PSY.D.**

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### **PROFESSIONAL EXPERIENCE:**

#### **BETWEEN2EARS® Trauma Consultancy, Founder**

Newtown, CT | 2022-Present

[www.between2ears.com](http://www.between2ears.com)

- Provide consulting, education, training, and coaching services in the areas of trauma awareness, prevention, and response/recovery to healthcare, legal, and client-based professionals.
- Developed *From Lockers to Lecture Halls*, a scalable mental health readiness and prevention program designed to help families, educators, and counselors support students' transition from high school to college. Presented regionally to parents, school counselors, and college advisors through NEACAC and community partnership series.
- Partner with pharmaceutical and patient advocacy organizations to advance awareness of the psychosocial burden of disease on patients and families, promote prevention by addressing stress and unmet needs, and strengthen overall care through trauma-responsive provider education.

#### **Fairfield County Trauma Response Team Inc, Member**

Fairfield County, CT | 2013-Present

- Conduct trauma trainings, outreach, therapy, and support services for first responders, frontline healthcare workers.
- Provide Cultural Competency training for mental health professionals on effectively working with and treating first responders, addressing occupational culture, barriers to care, and trauma-specific clinical approaches.

#### **Dr. Joanna L. Rosen, LLC, Clinical Psychologist**

Newtown, CT | 2005-Present

[www.moveforwardbetter.com](http://www.moveforwardbetter.com)

- Sole practitioner of a specialty trauma practice providing intensive, time-limited therapy focused on rapid reduction of distress and restoration of functioning.
- Provide specialized diagnostic evaluations for individuals with complex or ambiguous symptom presentations, integrating advanced clinical formulation and trauma-informed assessment to clarify diagnostic profiles and treatment pathways.

#### **Nuvance Health, Psychiatry Department, Clinical Psychologist**

Danbury, CT | 2005-2025

- Provided outpatient psychotherapy, clinical consultation, and psychoeducation to adult population.

#### **Yale University School of Medicine, Assistant Clinical Professor of Psychiatry, Department of Psychiatry**

New Haven, CT | 2004-2007

- Provided comprehensive diagnostic evaluation, conducted trainings on early warning signs of psychotic illness.
- Prepared manuscripts for academic publications.

#### **Yale University School of Medicine, Associate Clinical Director, PRIME Research Clinic**

New Haven, CT | 2002-2004

- Oversaw day-to-day operations. Co-developed clinical instrument for identifying patients at risk for psychosis.

**University of Medicine and Dentistry of New Jersey, Project Coordinator, Healing and Recovery after Trauma (HART) Project.** New Brunswick, NJ | 2001-2002

- Coordinated project and clinical activities for communities impacted by the 9/11 terrorist attacks.

**Yale University School of Medicine, Clinical Coordinator, PRIME Research Clinic**  
New Haven, CT | 1999-2001

- Coordinated clinical activities. Collaborated on database development, manuscript preparation, and grant submissions.

**University of Medicine and Dentistry of New Jersey, Clinical Psychology Intern**  
Piscataway, NJ | 1998-1999

- Provided individual, family, and home-based therapy. Developed and received seed grant for family survivors of homicide program. Provided consultation services for violence prevention. Co-led family groups for survivors of suicide.

## **EDUCATION:**

**Yale University School of Medicine.** New Haven, Connecticut  
Postdoctoral Fellowship in Clinical Psychology, 1999-2001

**Yeshiva University - Ferkauf Graduate School of Psychology.** Bronx, New York  
Doctoral degree in Clinical Psychology, 1999.  
Master of Arts degree in Clinical Psychology, 1996.

Dissertation: “Predictors of Chronic Posttraumatic Stress Disorder in Female Rape Survivors.”

**The University of Michigan.** Ann Arbor, Michigan  
Bachelor of Arts degree in Psychology and English, 1992.

## **PROFESSIONAL LICENSES/CERTIFICATION:**

2000-Present Licensed as a Psychologist in the State of Connecticut. License No. 002332  
2013-Present Certified, EMDR Therapy  
2014-Present Fully trained, Cognitive Processing Therapy for PTSD  
2022-Present Licensed as a Psychologist in the State of New York. License No. 024989  
2026-Present. Level 2 trained Deep Brain Reorienting (DBR®) provider

## **SELECT PRESENTATIONS/PROVIDER EDUCATION**

“First Responder Cultural Competency” – Fairfield County Trauma Response Team, Inc, 2025

“Beyond the Skin: Addressing the Drivers, Psychosocial Impact and Role of Goal Setting in Vitiligo Care” – LearnSkin Virtual Masterclass (sponsored by AbbVie Inc.), 2025

“Taking on the Trauma Epidemic” – Clinician Fest, 2025

“Elevating the Patient Voice: The Psychosocial Burden of Alopecia Areata” – AbbVie Inc., 2025

“When Stress Takes Over: Understanding How the Nervous System Shapes the Emotional Experience of Alopecia Areata” – National Alopecia Areata Foundation, Education & Empowerment Webinar Series, 2025.

Alopecia Areata Webinar Series and Panel Discussion – “Equity in AA Care: Stories and Insights in Alopecia Areata” – National Alopecia Areata Foundation (sponsored by Pfizer Inc.), 2025

**"Beyond Admissions: Helping Students and Families Navigate the College Transition with Mental Health in Mind"** – New England Association for College Admission Counseling (NEACAC), 2025

**"Addressing the Trauma Epidemic Through Collaborative Care and Intensive Trauma Therapy Solutions"** – Connecticut Psychological Association Annual Conference, 2025

**"You Can Recover from Duty-Induced Stress"** – Joint Threat Assessment Training, Association of Threat Assessment Professionals (ATAP), 2024

**"Trauma Made Simple: Wrinkles of the Mind"** – Trauma-Informed Care Training Series, 2023–2024

**"Enhancing Healthcare with Collaborative, Trauma-Informed Health Practices"** – Professional Development Series for Mental Health Providers, 2023–2024

**"From Lockers to Lecture Halls"** – Parent Partnership Series, 2023–Present

**"Navigating The Landscape of Evidence-Based Treatment After Trauma"** – Medical Residents, Danbury Hospital & Leadership Directors, 2023

**"Managing Stress Amidst COVID-19"** – Corporate Series for Employees and C-Suite Executives, 2020

## **PUBLICATIONS:**

**Rosen, J.L.**, Miller, T.J., D'Andrea, J.T., McGlashan, T.M., Woods, S.W. Comorbid diagnoses in patients meeting criteria for schizophrenia prodrome. *Schizophrenia Research*. 2006; 85:124-131.

Miller, T.J., McGlashan, T.H., **Rosen, J.L.**, Cadenhead, K., Cannon, T., Ventura, J., McFarlane, W., Perkins, D.O., Pearlson, G.D., Woods, S.W. Prodromal assessment with the structured interview for prodromal syndromes and the scale of prodromal symptoms: Predictive validity, interrater reliability, and training to reliability. *Schizophrenia Bulletin*. 2003; 29:703-715.

**Rosen, J.L.**, Woods, S.W., Miller, T.J., McGlashan, T.H. Prospective observations of emerging psychosis. *Journal of Nervous and Mental Disease*. 2002; 190:133-141.

Miller, T.J., McGlashan, T.H., **Rosen, J.L.**, Somjee, L., Markovich, P.J., Stein, K., Woods, S.W. Prospective diagnosis of the prodrome of schizophrenia: Preliminary evidence of interrater reliability and predictive validity. *American Journal of Psychiatry*. 2002; 159:863-865.

Miller, T.J., Woods, S.W., **Rosen, J.L.**, McGlashan, T.H. Treatment of psychosis at onset [comment]. *American Journal of Psychiatry*. 2002; 159:153.

Preda, A., Miller, T.J., **Rosen, J.L.**, Somjee, L., McGlashan, T.H., Woods, S.W. Treatment histories of patients with a syndrome putatively prodromal to schizophrenia. *Psychiatric Services*. 2002; 53:342-344.

**Rosen, J.L.** [Review of the book: *Treating the Trauma of Rape: Cognitive-Behavioral Therapy for PTSD*]. *The Journal of Psychiatry and Law*. 1999; 27:353-358.

## **PROFESSIONAL ORGANIZATIONS:**

American Psychological Association  
American Academy of Experts in Traumatic Stress  
Association of Threat Assessment Professionals  
Connecticut Psychological Association

EMDR International Association (EMDRIA)  
Fairfield County Trauma Response Team  
International Critical Incident Stress Foundation  
Westchester County Psychological Association