

BREAKEAST

7am - 3pm

Avocado Toast 11 Chunky avocado on sourdough, crumbled feta, chilli flakes, basil oil Add egg +2 BEC Wraffle 14 Crispy waffle, american cheese, scramble, avocado, turkey bacon, tater tots, chili oil, secret **Breakfast Burrito** 14 Scrambled eggs, vegan chorizo, cheddar, avocado, crispy tater tots, chipotle mayo **Breakfast Sandwich** 12 Avocado, boiled egg, cheddar, tomato, arugula, mayo on toasted pretzel bun **Brunchie Burrito** 14 Turkey bacon, soft boiled eggs, sweet potato, avocado, arugula, feta, side of cilantro jalapeño sauce Cheddar chive biscuit scramble Creamy scrambled egg on lightly toasted cheddar and chive biscuit Croissant scramble 10 Creamy scrambled eggs, shaved parmesan, chives on lightly toasted croissant Matcha Chia Pudding 9 Chia with coconut milk, maple syrup, topped with strawberry puree **(1)** Overnight oats 9 Oats, chia seeds, almond milk, cinnamon, maple syrup, topped with banana, seeds, walnuts, dried cranberries Swedish waffles 11

housemade thin crispy waffles served with lingonberry jam and whipped cream

SANDWICHES

1	American Psycho	15
	urkey, cheddar, chipotle mayo, pesto, tomato, ivocado, lemon juice on sourdough	
Ţ	una Melty	15
T	unasalad, sharp cheddar, on crispy sourdough	
T	hat's a wrap	1.5
S	Grilled chicken wrap, shredded kale, cabbage, haved parmesan, sourdough croutons, caesar Iressing	
١	Mamma Mia	13
	Mozzarella, tomato, nut-free pesto, onion jam, palsamic glaze on focaccia	
٧	White Chix	16
а	Grilled. chicken breast, pesto aioli, avocado, irugula, sun dried tomatoes, whipped feta, hili oil on ciabatta	
Z	Zach's Left Hook	18
n	Crispy cornflake sesame crusted chicken, herby niso slaw, swiss cheese, spicy curry mayo on oasted sesame ciabatta. Veggie option: paneer	
Е	xtra mayo \$1	
	SALADS	
ŀ	Harvest Bowl	16
r	Grilled chicken, shredded kale, roasted carrots, oasted sweet potato, wild rice, feta cheese, valnuts, green godess dressing	
	- Tunacado Bowl	
l c c	House made tuna salad, arugula, quinoa, avocado, sweet onion, raw beets, dried cranberries, boiled egg, honey dijon balsamic vinaigrette, crunchy seeds	16
ı	Rainbow veggie	16
C	Kale, sweet potato, quinoa, red cabbage, carrots, cilantro, rrunchy almonds, raisins, sesame seeds, jalapeno cilantro Jressina	

(3)(2)



SPECIALTY COFFEE

CREATIVE MATCHA

Summer strawberry	8.0	Coconut Cloud	7.5
Strawberry puree, vanilla, strawberry cloud cold foam		coconut water, matcha vanilla cloud foam (iced)	
Violetta	7.0	Planet Gaia	8.0
house made lavender syrup, vanilla, lavender buds		blue spirulina, coconut cream, agave	
Cinnamela	7.0	La vie en Rose	7.5
caramel, cinnamon, rose petals	7.0	rose water, pink pitaya superfood, honey	
caramer, crimamon, rose perais		Lavender fields	7.0
Coco la mocha	7.0	house made lavender syrup, vanilla, purple	
mocha, noa cold foam, chocolate		sweet potato powder, lavender buds	
I ♥ Baklava	7.5	Butterfly Limón	7.0
noa's baklava syrup, noa cold foam,		lemonade, butterfly pea flower tea (iced)	
pistachio sauce, honey walnuts		remonade, butterny ped nower red (iced)	
"Yellow" CAFFEINE FREE	6.0	Moonlight	7.5
Turmeric superfood blend		strawberry or blueberry purée (iced)	
COFFEE		TEA	
Espresso	3.5	Earl Grey	5.0
Americano	4.0	English Breakfast	5.0
Cappuccino	5.5	Mint tea	5.0
Flat White	5.0	Robios red tea	5.0
Latte	6.0	Green tea	5.0
Macchiato	5.0		5.0
Dirty Chai	6.5	BOTTLED DRINKS	
NON-COFFEE		Mexican Coke	6.0
TON COILE		Still water	5.0
Hot Chocolate	5.0	Sparkling water	6.0
House made peach ice too SUGAR FREE	5.5	Nathalia's avanas ivies	65