



GOLD BEACH WELLNESS CENTER VANESSA CLASSES

JUNE 2025

Tuesday

Yoga
10 – 11 AM
Level 2-3

Friday

Yoga
10 – 11 AM
Level 2-3

Wednesday

Beginning Yoga
10 – 11 AM
Level 0-1

Saturday

Enthusiasts' Yoga
10 – 11 AM
Level 4

Thursday

Dance!
530 – 630 PM
All Levels

Vanessa 458-205-1685
Contact@GoldBeachWellnessCenter.com
GoldBeachWellnessCenter.com