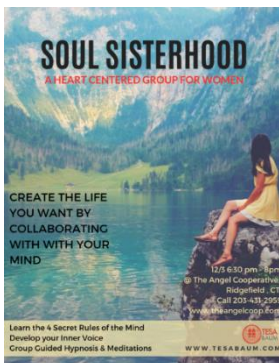




Group Gong and Meditation with Jen every Thursday @ 1-2pm and December 11 @ 6:30pm
 Experience the powerful healing of sound when Jen plays the gong and leads a guided meditation in the shungite room. Every Thursday from 1-2pm and December 11 at 6:30pm-8pm. The December evening gong and meditation experience will include an intuitive reading. **Mention it's your first time attending and pay HALF!**

Soul Sisterhood: A Monthly Heart Centered Group for Women with Tesa Baum December 3 @ 6:30pm
 Create the life you want by collaborating with your mind. Learn the 4 secrets rules of the mind. Develop your inner mind. Tesa will lead the group in guided hypnosis and meditations.



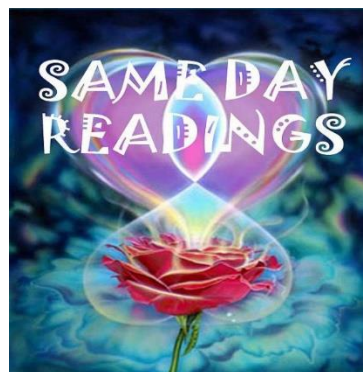
Unique Group Healing with Gene Krackehl on December 8 @ 3:30pm Gene will guide you through a cleansing journey of your chakra system, using a soundtrack which he composed and preformed, allowing you to let go of your past fears, anxieties and losses - enabling you to forgive yourself and others. This is an unparalleled blend of Energy Healing, Sound Healing and Meditation.

TRUNK SHOW: Wood and Crystal Creations by Marco Franscone on December 9 @ 11am-2pm Marco Franscone is a self-taught wood worker whose passion is to create art guided by his spirit that has energetic qualities to assist, activate and heal others. He creates wood sculptures and incorporates crystals and orgonite into his art to allow their energy to be infused into the wood. Marco will be in the shungite room on December 9 with his sacred geometric wood and crystal creations. Uniquely perfect holiday gifts!



Guided Meditation, Reiki and Introduction to Angel Inspired Automatic Writing with Lisa Labozzo on December 15 @ 3:30pm Lisa will lead the group in a guided meditation, offer reiki to all and introduce the magic of automatic writing. Lisa will guide the group through the technique of connecting with angels and ascended masters to receive messages of inspirational guidance. No prior experience necessary.

An Afternoon of Tarot with Maria Davis on December 16 @ 3:30pm Tarot is a tool for unlocking the subconscious mind and bringing thoughts and feelings into conscious awareness by identifying with the symbols in the cards. Learn how to do a reading for yourself and others. Bring your own deck or let us know if you'd like to purchase one. Everyone will receive a reading by Maria.



We are thrilled to announce that CAROL ESSIG is now available on a regular basis for readings in the shungite room! Carol will be available every other Monday and every Friday from 10am to 3pm. Come with your questions and curiosities. Carol Essig has been professionally channeling since 2002. She is also a professional certified Sound Healer, spiritual teacher and vibrational conduit. In addition to readings, Carol has December workshops at The Angel Cooperative that include: **Sound Bowl Healing with Carol Essig December 5 @ 6:30** and **Angelic Heart Expansion with Carol Essig on December 19 @ 6:30pm.**

SCHEDULING IS EASY!
SIGN UP ONLINE: WWW.THEANGELCOOP.COM; CALL (203)431-2959
OR WALK-IN!