

# What's POP'n in the Shungite Room at The Angel Cooperative (203)431-2959

February 2019

**SIGN-UP: [WWW.THEANGELCOOP.COM](http://WWW.THEANGELCOOP.COM) (GO TO "SERVICES AND EVENTS" PAGE)**

<p><b>HOURS</b> Monday: 9am-5:30pm Tuesday: 9am-5:30pm Wednesday and Thursday: 9am-8pm Friday: 9am-5pm Saturday: 9am-5:30pm Sunday: 10am-6pm</p>	<p><b>FREE EVENT EVERY WEDNESDAY: GUIDED JOURNEY WITH PETE 10-10:30AM</b> (Special focus on Feb 13 for Valentine's Day)</p>	<p><b>You are enough!</b></p>			<p>1 <b>10am-3pm</b> Readings with Carol Essig (\$75 and up)</p>	<p>2 <b>10-11am</b> Body Scan Meditation with Nicole  <b>1-5pm</b> Readings with Carol Essig (\$75 and up)</p>
<p>3 <b>11am-1pm Self Love Magic</b> with Katie K (\$35) <b>3-4:30pm</b> From Journal to Poem Exploring the Soul of Poetry with Alison Woods 6 Week Writers Workshop <b>6-7:30pm:</b> Pure Positive Energy Channeling Group with Aggregata (\$30)</p>	<p>4 <b>10am-3pm</b> Readings with Carol Essig (\$75 and up)  <b>6:30-7:45pm</b> Soul Sisterhood: A Monthly Heart Centered Group for Women with Tesa Baum (\$30)</p>	<p>5 Chinese New Year <b>8-8:45am</b> Guided Meditation with Sue (\$15)  <b>9am-12</b> Readings and/or Shamanic Healings with Pete (\$60 and up)  <b>12:30-5:30pm</b> Readings and Reiki with Lisa</p>	<p>6 <b>9am-1pm</b> Readings and/or Shamanic/Energy Healings with Pete (\$60 and up) <b>1-4pm</b> Readings, gong therapy or private gong lessons with Jen <b>6:30-8pm</b> Sound Bowl Healing with Carol Essig (\$35)</p>	<p>7 <b>10am-3pm</b> Readings, gong therapy or private gong lessons with Jen  <b>1-2pm</b> Group Gong and Meditation with Jen (\$30)  <b>6:30-7:30pm</b> Guided Meditation with Sue (\$20)</p>	<p>8 <b>10am-3pm</b> Readings with Carol Essig (\$75 and up)</p>	<p>9 <b>9am-12</b> Subconscious Energy Scan with Katie K. (\$20/20minute appointment)  <b>1-2:30pm</b> Kundalini and Gong Experience with Susan Helbing (\$30)</p>
<p>10 <b>10am-2pm Reiki I Certification with Maria Davis</b> Preregistration required \$225 <b>3-4:30pm</b> Drop-in Poetry Group with Alison Woods (\$20) <b>6-7:30pm:</b> Pure Positive Energy Channeling Group with Aggregata (\$30)</p>	<p>11 <b>10am-3pm</b> Readings with Carol Essig (\$75 and up)  <b>5-6pm:</b> Drumming Circle Meditation with Pete (\$10)  <b>6:30-7:30pm</b> Group Guided Meditation, Reiki and Angel Reading with Lisa (\$20)</p>	<p>12 <b>9am-12</b> Readings and/or Shamanic Healings with Pete (\$60 and up) <b>12:30-5:30pm</b> Readings and Reiki with Lisa <b>7-8pm</b> Group Gong, Meditation and Reading with Jen (\$30)</p>	<p>13 <b>9am-1pm</b> Readings and/or Shamanic/Energy Healings with Pete (\$60 and up) <b>1-4pm</b> Readings and Gong with Jen (\$60 and up)  <b>6:30-8:30pm</b> Healer's Circle with Gene Krackehl (\$20)</p>	<p>14 Valentine's Day</p>	<p>15 <b>10am-3pm</b> Readings with Carol Essig (\$75 and up)</p>	<p>16 <b>9am-12</b> Subconscious Energy Scan with Katie K. (\$20/20minute appointment)  <b>1-2:30pm</b> Kundalini and Gong Experience with Susan Helbing (\$30) <b>3:30-5pm</b> Angelic Heart Expansion with Carol Essig (\$35)</p>
<p>17 <b>1:30-2:30pm</b> Exponential Energy with Barb and Sue (\$20) <b>3-4:30pm</b> Drop-in Poetry Group with Alison Woods (\$20)  <b>6-7:30pm</b> Pure Positive Energy Channeling Group with Aggregata (\$30)</p>	<p>18 President's Day  <b>10am-3pm</b> Readings with Carol Essig (\$75 and up)</p>	<p>19 Full Moon <b>8-8:45am</b> Guided Meditation with Sue (\$15) <b>9am-12</b> Readings and/or Shamanic Healings with Pete (\$60 and up) <b>12:30-5:30pm</b> Readings and Reiki with Lisa <b>6:30-8:30pm</b> Tarot II: An in depth look at the tarot with Maria Davis (\$40)</p>	<p>20 <b>9am-1pm</b> Readings and/or Shamanic/Energy Healings with Pete (\$60 and up) <b>1-4pm</b> Readings, gong therapy or private gong lessons with Jen <b>6:30-8pm</b> Messages and Light from the Elohim with Carol Essig (\$35)</p>	<p>21 <b>10am-3pm</b> Readings, gong therapy or private gong lessons with Jen <b>1-2pm:</b> Group Gong and Meditation with Jen (\$30)  <b>6-7pm</b> Guided Meditation with Sue (\$20)</p>	<p>22 <b>SPECIAL GUEST IN THE SHUNGITE ROOM</b> <b>11am-5pm:</b> Readings with Tarot Reader Andrea (\$60 and up) Schedule online or walk-ins welcome!</p>	<p>23 <b>9:30-11:30am: Heart Soul Flow: Mid-Winter Workshop with Jen (\$40)</b> Must pre-register. Limited to 6  <b>3-4:30pm</b> Group Guided Meditation, Reiki and Introduction to Angel Inspired Automatic Writing with Lisa (\$35)</p>
<p>24 <b>10am-1pm</b> Be a Body Psychic with Nicole Fevrier Davis (\$35) <b>3-4:30pm</b> Drop-in Poetry Group with Alison Woods (\$20)  <b>6-7:30pm</b> Pure Positive Energy Channeling Group with Aggregata (\$30)</p>	<p>25 <b>10am-3pm</b> Readings with Carol Essig (\$75 and up)</p>	<p>26 <b>8-8:45am</b> Guided Meditation with Sue (\$15) <b>9am-12</b> Readings and/or Shamanic Healings with Pete (\$60 and up) <b>12:30-5:30pm</b> Readings and Reiki with Lisa</p>	<p>27 <b>9am-1pm</b> Readings and/or Shamanic/Energy Healings with Pete (\$60 and up) <b>1-4pm</b> Readings, gong therapy or private gong lessons with Jen <b>7:30-9pm</b> Restorative Yoga with Gisele Mogan (\$30) MUST REGISTER-SPACE LIMITED TO 6</p>	<p>28 <b>10-11am</b> Group Lesson: Learn to Play the Gong (\$30) <b>11am-3pm</b> Readings, gong therapy or private gong lessons with Jen <b>1-2pm</b> Group Gong and Meditation with Jen (\$30) <b>6-7pm</b> Guided Meditation with Sue (\$20)</p>		