

CRYSTAL HEALING CERTIFICATION CLASS CURRICULUM

1. What are Crystals
 2. History of Crystal Healing
 3. Chakras and Energy Bodies
 4. Explore your Healing Kits (*included in class cost*) and Energetic Meanings of Crystals
 5. Intuition Exercises and Spiritual Hygiene
 6. Healing Techniques and Which Crystals to Use (we will cover 8 protocols)
 - a. Chakra Balancing
 - b. Crystal Gridding for Specifics Intentions
 - c. Angel Crystal Healing
 7. Order of Healing Session and Performing Sessions
 8. Extra Resources
 - a. Essential Oils Guide
 - b. Crystal Guides
 - c. Playlist
 - d. Guided Meditations
 - e. Make a Clearing Spray (we will do this)
 9. Business Information
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Included in class fee: Healing Kit (crystals); Manual and Guidebook; Guided Meditations for download; Clearing Spray

Prerequisites: Pendulum (wood or metal NOT crystal); Completed work sent via email 7 days before the start of class and bring log sheet to class

Practicum: One hour Healing Session performed for self or client with Annalisa and/or Christy (arranged at a mutually convenient time). This is intended as a learning opportunity for you to ask questions and run a sequential healing session based on one of the 8 protocols presented in class. The goal of this component is to ensure you have integrated the class material.

*Certificate of Completion awarded after successfully completing
prereq. work; class time; and practicum*