

Regular Readings, Services, and Yoga

visit www.theangelcoop.com for all the details

Sundays and Mondays: Readings with Sandy and/or
Sundays: Cosmic Facials with Dana – 1st Sunday of

Reading with Soul Portrait
 every month (next date Dec. 5)

Mon, Wed & Fridays @ 8am; Tuesdays @ 6pm; Fridays @ 9:30am; Saturdays at 8:30am; and Sundays at 9am: Yoga with Wendy B.

Tuesdays and Fridays: Tarot Readings OR Tarot, Crystal Sound Bowls, Reiki and More! with Maria Davis 1-5pm Tuesdays; 9:30-4pm Fridays
Tuesdays, Wednesdays, and Thursdays: Channeled Readings with Annalisa Breisler 10am-5pm

Thursdays, Saturdays, and Every Other Monday: Sound and Energy Healing, Massage, Reflexology (with the Bemer) and/or Bemer
 Sessions with Dorina 9:30am-4pm

Akasha Viewing Readings with Gabriella: December 3 & 4 **Readings with Andrea:** December 15 & 16



Certification Classes with Maria Davis



Reiki is a Japanese word meaning UNIVERSAL LIFE FORCE ENERGY. It is based on the concept that everything in the universe is made up of energy and this life force energy that flows all around us can be drawn into the body to heal. It is a healing art that works with the imbalances of the body, mind, and spirit to support good health and well-being.



Reiki I: You will learn about the chakras, hand positions, history of Reiki & how to treat for yourself, family members & even pets. There is an attunement to "awaken" you to the universal life force energy. **December 12 @ 8; January 23 @ 11am \$225**

Reiki II: You will learn about the following: understanding auras, reiki sacred symbols, distance Healing-CAN SEND ANYWHERE IN THE WORLD, cellular memory- Cellular memory technique, helps clear past traumas and unwanted patterns by healing "core issues," events that have long since been buried are released. There will be an attunement to the Reiki 2 energy. We will also do a healing session, and a certificate will be awarded upon completion. You must be certified in Reiki 1 before taking Reiki 2. **Dec 5 @ 10:30am; February 26 @ 10:30am \$300**

Master Reiki: Reiki Level 3 includes: Master sacred symbols, learn how to do an attunement and how to teach Reiki, an understanding of Chakras 8-12, receive an attunement to the Reiki 3 energy and a certificate will be awarded upon completion. If you have completed Reiki Level 1 and 2 and would like to raise your energy level, this is the class for you. It's a deep commitment to the practice of Reiki. **March 26 @ 10:30am \$375**

Karuna Reiki Certification The spiritual essence of Universal Compassion is the next step after Reiki Master offering eight more symbols with specific frequencies. These symbols can heal karmic issues, unconscious patterns, addictions and MORE! Karuna Reiki blends perfectly with Usui Reiki. Enormous personal & spiritual growth are often realized after this class. Karuna also strengthens your connection to spiritual guidance. You will receive a manual, certificate & attunement to the Karuna energy. Must be a Reiki Master. **May 22 @ 11am-6pm \$375 (register by May 16)**

Tarot Certification Class Course content includes: What is the Tarot?*Brief History* Tarot myths debunked*Caring for your Tarot deck*Grounding before reading*The Fool's Journey-Major arcana 22 cards*The Minor Arcana - each of the 40 cards*The Court Cards - each of the 16 cards*Tarot readings-self and others*Tarot spreads*Suggested reading A 78-card deck of Tarot is required. Bring your own or buy one at the Angel Coop. This course certifies you as a Tarot reader adding to your professional education! Certificate awarded. **January 8 @ 10:30am \$99**

<p>NOVEMBER 21 9-10:15am "Em"power Yoga 10:30-11:30am Sunday Stretch with Wendy B.* 11am-5pm Readings with Sandy \$45+</p>	<p>NOVEMBER 22 8-8:45am Rise and Shine Yoga with Wendy B.* 11am-4pm Readings with Sandy \$45+ 9:30am-3:15pm Bemer or Bemer with Massage and Reflexology with Dorina Leslie* \$35+</p>	<p>NOVEMBER 23 9:30am-2pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading & More with Maria* \$60 10am-5pm Channeled Readings with Annalisa \$60+ 6-7pm "Em"power Yoga with Wendy*</p>	<p>NOVEMBER 24 8-9am Foundational Flow Yoga* with Wendy B.* 10am-3pm Channeled Readings with Analisa \$60+ Closing at 6pm tonight</p>	<p>25 STORE CLOSED 9am Yoga with Wendy* HAPPY THANKSGIVING We are grateful for you! Have a blessed day </p>	<p>NOVEMBER 26 8-9am Foundational Flow Yoga* with Wendy B.* 9:30am Slow Flow & Restore* 9:30am-4pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading with Maria Davis* \$60+ 6pm Kundalini Yoga* \$20</p>	<p>NOVEMBER 27 8:30-9:30am "Em"power Yoga with Wendy* 9:30am-4:15pm Massage, Bemer, Sound Therapy, & Reflexology with Dorina* \$35+ 12-1:15pm Praying the Rosary with Annalisa* \$20 3:30-5pm Starseeds Workshop* \$35</p>
<p>28 1st DAY OF HANUKKAH 9-10:15am "Em"power Yoga with Wendy B.* 11am-5pm Readings with Sandy \$45+ 1-2:15pm FREE EVENT From Stressed to Blessed with author Theresa Crisci* (walk-ins welcome)</p>	<p>29 8-8:45am Foundational Flow Yoga* with Wendy B.* 11am-5pm Readings with Sandy \$45+</p>	<p>30 9:30am-2pm Tarot Reading OR Reiki, Singing Bowls, Tarot & More with Maria* \$60 10am-5pm Channeled Readings with Annalisa \$60+ 12:30-1:45pm Inward Intentions with Jen Ripa* \$96/4week series (\$30 drop-in) 6-7pm "Em"power Yoga with Wendy*</p>		<p>CHECK OUT OUR PODCAST <i>"Talking to the Dead in Suburbia"</i> with host ANNA RAIMONDI YOUTUBE APPLE PODCAST SPOTIFY SOUND CLOUD</p>	<p>LET'S GET SOCIAL! Twitter: @angelcoopct TikTok: Angel Cooperative YouTube: The Angel Cooperative Instagram: @shungiteroom (use QR code to right to follow us on Instagram)</p>	 SHUNGITEROOM

www.theangelcoop.com (203) 431-2959 (* denotes hosted at **The Angel Wing**, A Divine Spiritual Center, next door to The Angel Cooperative)

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday, DECEMBER 1</u>	<u>Thursday, DECEMBER 2</u>	<u>Friday, DECEMBER 3</u>	<u>Saturday, DECEMBER 4</u>
<p>HOURS Sunday 10-5:30 Monday 9:30-5 Tuesday 9:30-5:30 Wednesday 9:30-7 Thurs & Fri 9:30-5 Saturday 9:30-5:30</p>			<p>8-9am Yoga with Wendy B.* 10am-5pm Channeled Readings with Analisa \$60+ 7-9pm Making Space for Magic (Angels and Oracles) with Patty Lennon* \$49 - includes book! <i>Doors open at 630pm for meet and greet</i></p>	<p>9:30am-4:15pm Massage, Bemer, Sound Therapy, and Reflexology with Dorina* \$35+ 10am-5pm Channeled Readings with Annalisa \$60+</p>	<p>8-9am Foundational Flow Yoga* with Wendy B.* 10:30am-4pm Private appts. with Song (see below)** 10am-4pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading and More with Maria* \$60+ 7-8pm New Moon Ceremony with Kailey* \$25</p>	<p>8:30-9:30am "Em"power Yoga* 9:30am-4:15pm Massage, Bemer, Sound Therapy, and Reflexology with Dorina* \$35+ 10:30am-4pm Private appts. with Song (see below)** 12-2pm Angel Circle: Activating your Earth Star and Stellar Gateways* \$30 3:30-5:30pm Expanding Your Intuition Workshop with Deana Paqua and Jen Ripa* \$44</p>
<p>5 9-10:15am "Em"power Yoga with Wendy B.* 11am-5pm Cosmic Facials with Dana Salvador* \$60+ 10:30am-4:30pm Reiki II Certification with Maria* \$300 5:30-7pm Source Energy Channeling with Aggregata*\$45</p>	<p>6 8-8:45am Foundational Flow Yoga* with Wendy* 9:30am-3:15pm Massage, Bemer, Sound Therapy, and Reflexology with Dorina* 11am-5pm Readings with Sandy \$45+ 6:30-7:45pm Praying the Rosary with Annalisa* \$20</p>	<p>7 9:30am-2pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading & More with Maria* \$60 10am-5pm Channeled Readings with Analisa \$60+ 6-7pm "Em"power Yoga with Wendy*</p>	<p>8 8-9am Foundational Flow Yoga* with Wendy B.* 10am-5pm Channeled Readings with Analisa \$60+ 6:30-7:45pm Sound Bath with Reiki with Sue Broudy and Christy* \$20</p>	<p>9 9:30am-4:15pm Massage, Bemer, Sound Therapy, and Reflexology with Dorina* \$35+ 10am-5pm Channeled Readings with Annalisa \$60+</p>	<p>10 8-9am Foundational Flow Yoga* with Wendy B.* 10am-1pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading and More w/Maria*\$60+</p>	<p>11 8:30-9:30am "Em"power Yoga Wendy* 9:30am-4:15pm Massage, Bemer, Sound Therapy, and Reflexology with Dorina* \$35+ 11am-3pm Psychic Workshop with Jeanne Street* \$111 4:30-6pm Frame Drum Event with Sue Broudy and James Allen* \$30</p>
<p>12 9-10:15am "Em"power Yoga with Wendy B.* 12-3pm Introduction to Buddhism with Wendy B.*\$45 11am-4pm Reiki I Certification* \$225</p>	<p>13 8-8:45am Foundational Flow Yoga* with Wendy*</p>	<p>14 10am-5pm Channeled Readings with Annalisa \$60+ 6-7pm "Em"power Yoga with Wendy*</p>	<p>15 8-9am Foundational Flow Yoga* with Wendy B.* 10am-5pm Channeled Readings with Analisa \$60+ 11-4:30pm Readings with Andrea* \$60+ FREE EVENT 6:30-7:45pm The Days of Aleyone with Annalisa and Christy</p>	<p>16 9:30am-4:15pm Massage, Bemer, Sound Therapy, and Reflexology with Dorina* \$35+ 10am-5pm Channeled Readings with Annalisa \$60+ 11-4:30pm Readings with Andrea* \$60+ FREE EVENT 7-9pm Christmas Story Sing-a-long and Nutcracker Sweets with Anna Raimondi & Maria</p>	<p>17 8-9am Foundational Flow Yoga* with Wendy B.* 7-8pm Full Moon Circle with Kailey* \$25 10am-4pm MAKE A CRYSTAL BEAR Drop-in Event Friday & Saturday with Gillian Angel Bears stuffed with crystal love make the perfect holiday gift for all ages! \$29+</p>	<p>18 8:30-9:30am "Em"power Yoga with Wendy* 9:30am-4:15pm Massage, Bemer, Sound Therapy, and Reflexology with Dorina* \$35+ 10am-4pm CRYSTAL BEARS 10:30am-4pm Private appts with Song (see below)** 1-2pm Kundalini Yoga* \$20 2:30-4pm Cutting Cords Workshop with Kathy Unger* \$33</p>
<p>19 9-10:15am "Em"power Yoga 11am-5pm Readings with Sandy \$45+</p>	<p>20 8-8:45am Foundational Flow Yoga* with Wendy* 11am-5pm Readings with Sandy \$45+ 9:30am-3:15pm Bemer or Bemer with Massage and Reflexology with Dorina* \$35+</p>	<p>21 9:30am-2pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading & More with Maria* \$60 10am-5pm Channeled Readings Annalisa \$60+ 6-7pm "Em"power Yoga with Wendy*</p>	<p>22 8-9am Foundational Flow Yoga* with Wendy B.* 10am-3pm Channeled Readings with Analisa \$60+ 6:30-8:30pm Winter Solstice Healing Event: Tilting Back to Lightness with Alison, Casey and Christy</p>	<p>23 9:30am-4:15pm Massage, Bemer, Sound Therapy, and Reflexology with Dorina* \$35+ 10am-5pm Channeled Readings with Annalisa \$60+</p>	<p>24 CLOSING AT 2PM 8-9am Foundational Flow Yoga* with Wendy B.*</p>	<p>25 STORE CLOSED </p>
<p>26 9-10:15am "Em"power Yoga with Wendy B.* 11am-5pm Readings with Sandy \$45+</p>	<p>27 8-8:45am Foundational Flow Yoga* with Wendy* 11am-5pm Readings with Sandy \$45+</p>	<p>28 9:30am-2pm Tarot Reading OR Reiki, Singing Bowls, Tarot & More with Maria* \$60 10am-5pm Channeled Readings w/Annalisa \$60+ 6-7pm "Em"Power Yoga*</p>	<p>29 8-9am Foundational Flow Yoga* with Wendy B.* 10am-5pm Channeled Readings with Annalisa \$60+</p>	<p>30 9:30am-4:15pm Massage, Bemer, Sound Therapy, and Reflexology with Dorina* \$35+ 10am-5pm Channeled Readings with Annalisa \$60+ FREE EVENT 6-7:15pm Restorative Yoga with Wendy B.*</p>	<p>31 5-6pm New Moon Circle with Kailey* \$25 8pm-12:15am Kirtan with Sita's Light* - details tba</p>	<p>**Appointments options with Song: ~ Akasha Viewing/Past Lives Appointments (30 or 45 minutes) \$55/80 ~ Archangel Michael/Archeia Faith Initiation (1 hour) \$111</p>