

Regular Readings, Services, and Yoga



Sundays and Mondays: Readings with Sandy and/or Reading with Soul Portrait

Sundays: Cosmic Facials with Dana – 1st Sunday of every month (**next date Oct.3**)

Tuesdays @ 6pm; Mon, Wed & Fridays @ 8am; Fridays @ 9:30am; Saturdays at 8:30am; and Sundays at 9am: Yoga with Wendy B.

Tuesdays and Fridays: Tarot Readings OR Tarot, Crystal Sound Bowls, Reiki and More! with Maria Davis 1-5pm Tuesdays; 9:30-4pm Fridays

Tuesdays, Wednesdays, and Thursdays: Channeled Readings with Annalisa Breisler 10am-5pm

Thursdays, Saturdays, and Every other Monday: Massage and Reflexology (with the Bemer) and Bemer Sessions with Dorina 9:30am-3:15pm

Anytime! Digital Readings with Kailey

Readings with Andrea: October 20 & 22 **Akasha Viewing Readings with Gabriella:** October 22 & 23

Reiki Certification Classes with Maria Davis

Reiki is a Japanese word meaning UNIVERSAL LIFE FORCE ENERGY. It is based on the concept that everything in the universe is made up of energy and this life force energy that flows all around us can be drawn into the body to heal. It is a healing art that works with the imbalances of the body, mind, and spirit to support good health and well-being.



Reiki I: You will learn about the chakras, hand positions, history of Reiki & how to treat for yourself, family members & even pets. There is an attunement to "awaken" you to the universal life force energy. **Next class TBD \$225**

Reiki II: You will learn about the following: understanding auras, reiki sacred symbols, distance Healing-CAN SEND ANYWHERE IN THE WORLD, cellular memory- Cellular memory technique, helps clear past traumas and unwanted patterns by healing "core issues," events that have long since been buried are released. There will be an attunement to the Reiki 2 energy. We will also do a healing session, and a certificate will be awarded upon completion. You must be certified in Reiki 1 before taking Reiki 2. **Dec 5 @ 10:30am \$300**

Master Reiki: Reiki Level 3 includes: Master sacred symbols, learn how to do an attunement and how to teach Reiki, an understanding of Chakras 8-12, receive an attunement to the Reiki 3 energy and a certificate will be awarded upon completion. If you have completed Reiki Level 1 and 2 and would like to raise your energy level, this is the class for you. It's a deep commitment to the practice of Reiki. **October 10 @ 12:30pm \$375**

Karuna Reiki Certification REGISTER BY 10/18 The spiritual essence of Universal Compassion is the next step after Reiki Master offering eight more symbols with specific frequencies. These symbols can heal karmic issues, unconscious patterns, addictions and MORE! Karuna Reiki blends perfectly with Usui Reiki. Enormous personal & spiritual growth are often realized after this class. Karuna also strengthens your connection to spiritual guidance. You will receive a manual, certificate & attunement to the Karuna energy. Must be a Reiki Master. **October 24 @ 11am-6pm**

FREE EVENT with Casey Potetz: Self-Healing 101 on October 20 @ 7pm Self-Healing 101: Join Acupuncturist and Chinese Medicine Practitioner Casey Potetz for this self-care workshop on eliminating pain and illness at the root. Learn ancient self-healing practices and take away new perspectives to live a life more balanced.

Full Moon Circle with Kailey on October 22 @ 7pm Join a group of open minded people as we set intentions, meditate, and connect with the energy of the moon! New moons are associated with beginnings and manifesting, while full moons are associated with gratitude, releasing, and reflection. Feel free to bring crystals to be blessed with moon energy in the sacred circle.

Sound Bowl Experience with Reiki with Sue Broudy and Christy Abate on October 27 @ 6:30pm Join Sue and Christy for a sound immersion with crystal bowls, chimes, song and healing reiki. Become one with the universe, your community and yourself with music and sound. Please bring your own mat, pillow and/or blanket.



Money Magic Manifesting with Kathy Unger on October 30 @ 1pm Do you want to be more abundant and prosperous? What stories or beliefs are keeping you blocked? Money is just energy and a gateway that allows us to bring in the experiences we desire.

In this workshop, we'll be get clear on the stories and the point of origin that has been holding us back. We'll destroy and release old programming to allow more abundance to flow by using guided meditations, journaling, breathwork and postures to plant new seeds in our consciousness. Please bring a yoga mat and journal. **Join Kathy for Kundalini on Oct 29 @ 6:30pm**

www.theangelcoop.com (203) 431-2959 (* denotes hosted at **The Angel Wing**, A Divine Spiritual Center, next door to The Angel Cooperative)

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday 1</u>	<u>Saturday 2</u>
<p>HOURS Sunday 10-5:30 Monday 9:30-5 Tuesday 9:30-5:30 Wednesday 9:30-7 Thurs & Fri 9:30-5 Saturday 9:30-5:30</p>	<p>CHECK OUT OUR PODCAST <i>"Talking to the Dead in Suburbia"</i> with host ANNA RAIMONDI YOUTUBE APPLE PODCAST SOUNDCLLOUD</p>	<p><u>LET'S GET SOCIAL!</u> Twitter: @angelcoopct TikTok: Angel Cooperative Instagram: @shungiteroom YouTube: The Angel Cooperative</p>	<p>FOLLOW OUR NEW INSTAGRAM PAGE @SHUNGITEROOM</p> 	<p><i>We are 4 years old!</i> In celebration, enjoy 20% off Crystal Bear Kits (available to view on our SHOP page online). Have us ship or you can pick up your kit in the store. HAPPY ANNIVERSARY TO US!</p>	<p>8-9am Foundational Flow Yoga* with Wendy B.* 9:30-10:30am Slow Flow & Restore* 2-4pm Astrology Workshop with Pam and Carly* \$65 FREE EVENT Reiki and Sound Bowls with Maria Davis Two Dates: Friday at 12-1pm</p>	<p>8:30-9:30am "Em"power Yoga Wendy* FREE TALK WITH JEANNE STREET 11am Empath Workshop with Jeanne Street* rescheduled to Dec 11</p>
<p>3 9-10:15am "Em"power Yoga* 11am-5pm Readings w/Sandy 11am-5pm Cosmic Facials with Dana Salvador* \$60+ 11am-4pm IET Intermediate Certification with Alison DeNicola* \$233 5:30-7pm Source Energy Channeling with Aggregata*\$45</p>	<p>4 8-8:45am Rise and Shine with Wendy B.* 11am-5pm Readings with Sandy \$45+ 9:30am-3:15pm Bemer or Bemer with Massage and Reflexology with Dorina Leslie* \$35+</p>	<p>5 10am-5pm Channeled Readings with Analisa \$60+ 1-4pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading & More with Maria* \$60 4-5pm FREE EVENT with Maria 6-7pm "Em"power Yoga with Wendy*</p>	<p>6 8-9am Foundational Flow Yoga* with Wendy B.* 10am-5pm Channeled Readings with Analisa \$60+ 6:30-8pm An Evening with Sprit with Jeanne Street* \$75</p>	<p>7 9:30am-4:15pm Bemer or Bemer with Massage and Reflexology with Dorina* \$35+ 10am-5pm Channeled Readings with Annalisa \$60+</p>	<p>8 8-9am Foundational Flow Yoga* with Wendy B.* 9:30-10:30am Slow Flow & Restore* 6-8pm REIKI CERTIFICATION FOR KIDS* (AGES 7-14) \$175</p>	<p>9 8:30-9:30am "Em"power Yoga Wendy* 9:30am-4:15pm Bemer or Bemer with Massage and Reflexology with Dorina Leslie* \$35+ 12-1:15pm Angel Circle: Archangel Raziel with Annalisa and Christy* \$20 3-5pm REIKI CERTIFICATION FOR KIDS*</p>
<p>10 9-10:15am "Em"power Yoga with Wendy B.* 11am-5pm Readings with Sandy \$45+ 12:30-5:30pm Master Reiki Certification* \$375</p>	<p>11 8-8:45am Rise and Shine with Wendy B.* 11am-5pm Readings with Sandy \$45+ 9:30am-3:15pm Bemer or Bemer with Massage and Reflexology with Dorina Leslie* \$35+</p>	<p>12 10am-5pm Channeled Readings with Annalisa Breisler \$60+ 1-5pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading & More with Maria* \$60 6-7pm "Em"power Yoga with Wendy*</p>	<p>13 8-9am Foundational Flow Yoga* with Wendy B.* 10am-5pm Channeled Readings with Analisa \$60+ 7-8:30Ppm Empowered Conception Monthly Support Group facilitated by Mica* \$20</p>	<p>14 9:30am-4:15pm Bemer or Bemer with Massage and Reflexology with Dorina* \$35+ 10am-5pm Channeled Readings with Annalisa \$60+ 12:30-1:45pm Angel Circle: Archangel Raziel* \$20</p>	<p>15 8-9am Foundational Flow Yoga* with Wendy B.* 9:30am Slow Flow & Restore* 10am-4pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading and More with Maria Davis* \$60+</p>	<p>16 8:30-9:30am "Em"power Yoga with Wendy* 9:30am-4:15pm Bemer or Bemer with Massage and Reflexology with Dorina Leslie* \$35+</p>
<p>17 9-10:15am "Em"power Yoga 11am-5pm Readings with Sandy \$45+</p>	<p>18 8-8:45am Rise and Shine with Wendy B.* 11am-4pm Readings with Sandy \$45+ 9:30am-3:15pm Bemer or Bemer with Massage and Reflexology with Dorina Leslie* \$35+</p>	<p>19 1-5pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading & More with Maria* \$60 6-7pm "Em"power Yoga with Wendy*</p>	<p>20 8-9am Foundational Flow Yoga* with Wendy B.* 11am-6:15pm Readings with Andrea \$60+ 7-8:15pm FREE EVENT WITH CASEY POTETZ* Healing 101. Walk0ins welcome</p>	<p>21 9:30am-4:15pm Bemer or Bemer with Massage and Reflexology with Dorina* \$35+ 10am-5pm Channeled Readings with Annalisa \$60+</p>	<p>22 8-9am Foundational Flow Yoga* with Wendy B.* 9:30am Slow Flow & Restore* 11am-5pm Readings: Andrea \$60+ 10am-4pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading with Maria Davis* \$60+ 10:30am-4pm Private Appts with Song \$55+ (see Sat description) 7-8pm Full Moon Circle with Kailey* \$20</p>	<p>23 8:30-9:30am "Em"power Yoga with Wendy* 9:30am-4:15pm Bemer, Massage and Reflexology with Dorina Leslie* \$35+ 10:30am-4pm Akasha Viewing/Past Lives Appointments or Archangel Michael/Archeia Faith Initiation with Song \$55+</p>
<p>24 9-10:15am "Em"power Yoga with Wendy B.* 11am-5pm Readings with Sandy \$45+ 11am-6pm Karuna Reiki Certification with Maria*\$375</p>	<p>25 8-8:45am Rise and Shine with Wendy B.* 9:30am-3:15pm Bemer or Bemer with Massage and Reflexology with Dorina Leslie* \$35+ 11am-5pm Readings with Sandy \$45+</p>	<p>26 10am-5pm Channeled Readings with Annalisa Breisler \$60+ 6-7pm "Em"power Yoga with Wendy*</p>	<p>27 8-9am Foundational Flow Yoga* with Wendy B.* 10am-5pm Channeled Readings with Annalisa \$60+ 6:30-7:45pm Crystal Sound Bath with Reiki with Sue and Christy* \$20</p>	<p>28 9:30am-4:15pm Bemer or Bemer with Massage and Reflexology with Dorina* \$35+ 10am-5pm Channeled Readings with Annalisa \$60+</p>	<p>29 8-9am Foundational Flow Yoga* with Wendy B.* 9:30am Slow Flow & Restore* 10am-4pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading and More with Maria Davis* \$60+ 6:30pm Kundalini Yoga* \$20</p>	<p>30 8:30-9:30am "Em"power Yoga with Wendy* 9:30am-4:15pm Bemer, Massage and Reflexology with Dorina Leslie* \$35+ 11am-5pm POP-UP Readings w/ Kailey \$45+ 1-2:30pm Money Magic Manifesting with Kathy* \$30</p>
<p>31 FREE EVENT Past life Regressions with Jacob 2-4pm*</p>	<p>11am-5pm Readings with Sandy \$45+</p>					