

Regular Readings, Services, and Yoga

visit www.theangelcoop.com for all the details & more!



Sundays and Mondays (and 4th Friday of the Month): Readings with Sandy and/or Reading with Soul Portrait
Mon, Wed & Fridays @ 8am; Saturdays at 8:30am; and Sundays at 9am: Yoga with Wendy B.

Mondays: Therapeutic Massage with Rhonda Lackow, LMT, RMT

Tuesdays and Fridays: Tarot Readings OR Tarot, Crystal Sound Bowls, Reiki and More! with Maria Davis

Tuesdays, Wednesdays, and Thursdays: Channeled Readings with Annalisa Breisler

Thursdays: 8am Kundalini Yoga with Stephen Earnhart; 1pm Sound Bath and Yoga Nidra with Stephen Earnhart

Friday: 3rd Friday of every month BOTA Tarot Readings with Lisa Tancredi

Readings with Andrea: September 26 & 28; October 25 & 27 **Cosmic Facials with Dana Salvador:** Oct 9 and Nov 6



Reiki Certification Classes with Maria Davis

Reiki is a Japanese word meaning UNIVERSAL LIFE FORCE ENERGY. It is based on the concept that everything in the universe is made up of energy and this life force energy that flows all around us can be drawn into the body to heal. It is a healing art that works with the imbalances of the body, mind, and spirit to support good health and well-being.

Reiki I: You will learn about the chakras, hand positions, history of Reiki & how to treat for yourself, family members & even pets. There is an attunement to "awaken" you to the universal life force energy. **October 2 or November 6 @ 11am \$225**

Reiki II: You will learn about the following: understanding auras, reiki sacred symbols, distance Healing - CAN SEND ANYWHERE IN THE WORLD, cellular memory- Cellular memory technique, helps clear past traumas and unwanted patterns by healing "core issues," events that have long since been buried are released. There will be an attunement to the Reiki 2 energy. We will also do a healing session, and a certificate will be awarded upon completion. You must be certified in Reiki 1 before taking Reiki 2. **October 9 @ 11am \$300**

Master Reiki: Reiki Level 3 includes: Master sacred symbols, learn how to do an attunement and how to teach Reiki, an understanding of Chakras 8-12, receive an attunement to the Reiki 3 energy and a certificate will be awarded upon completion. If you have completed Reiki Level 1 and 2 and would like to

raise your energy level, this is the class for you. It's a deep commitment to the practice of Reiki. **October 15 @ 11am \$375**

TAROT CERTIFICATION CLASSES with Maria Davis on November 19 @ 11am-4pm \$99 Course content includes: What is the Tarot? *Brief History *Tarot myths debunked *Caring for your Tarot deck *Grounding before reading *The Fool's Journey-Major arcana 22 cards *The Minor Arcana - each of the 40 cards *The Court Cards - each of the 16 cards *Tarot readings-self and others *Tarot spreads *Suggested reading. A 78-card deck of Tarot is required. Bring your own or buy one at the Angel Coop. This course certifies you as a Tarot reader adding to your professional education! Certificate awarded

SEPTEMBER 2022

18 9-10:15am "Em"power Yoga with Wendy* 12-5pm Readings with Sandy \$45+ 3-5pm Mindful Sundays with Mariona Riera* \$35 (3 rd Sunday of every month)	19 8-9am Foundational Flow Yoga* with Wendy* 10am-4pm Therapeutic Massage w/ Rhonda* \$135+ 12-5pm Readings with Sandy \$45	20 9:30am-2pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading & More: Maria* \$60 10am-5pm Channeled Readings w/Annalisa \$60+	21 OPEN UNTIL 7PM 8-9am Foundational Flow Yoga* with Wendy B.* 10am-5pm Channeled Readings with Annalisa \$60+ 6:30-8:30pm Autumn Equinox Healing Circle with Alison DeNicola, Casey Potetz, and Christy* \$88	22 10am-5pm Channeled Readings with Annalisa \$60+	23 12-5pm Readings with Sandy \$45+ 5-6pm Crystal Sound Bath Meditation with Sue* \$25 7-8pm New Moon in Libra Circle with Kailey* \$25	24 10:30am-3:30pm Tarot Certification with Maria Davis* \$99
25 12-5pm Readings with Sandy \$45+	26 8-9am Foundational Flow Yoga* with Wendy* 11am-5pm Readings with Andrea* \$60+ 12-5pm Readings with Sandy \$45	27 9:30am-2pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading & More: Maria* \$60 10am-5pm Channeled Readings w/Annalisa \$60+	28 OPEN UNTIL 7PM 8-9am Foundational Flow Yoga* with Wendy B.* 10am-5pm Channeled Readings with Annalisa \$60+ 11am-5pm Readings with Andrea* \$60+ 6:30-7:45pm Tarot Circle with Lisa Tancredi* \$22	29 10am-5pm Channeled Readings with Annalisa \$60+ 6:30-7:30pm FREE Monthly Women's Circle with Casey Potetz and Christy*	30 8-9am Foundational Flow Yoga w/ Wendy* 10am-4pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading w/Maria* \$60+ 10am-5pm Readings, Reiki, and More with Mica \$60+	<u>HOURS</u> SUNDAY 10AM-5PM MONDAY, TUESDAY, THURSDAY, FRIDAY, SATURDAY 9:30AM-5PM WEDNESDAY OPEN LATE 9:30AM-7PM

Crystal Healing Certification Course with Annalisa and Christy on October 22 @ 11am - 5pm Crystals have an energetic body that interacts with our aura offering support, healing, and ascension. In this course, you'll learn crystal energies and crystal healing techniques. Open to individuals and practitioners who want to deepen their understanding of crystals and utilize them in their healing work. Prerequisite: Required reading and activities emailed 1 week before class ~ Register by October 16. Payment plans available (see Christy) **All materials included.**

www.theangelcoop.com (203) 431-2959 (* denotes hosted at **The Angel Wing**, A Divine Spiritual Center, next door to The Angel Cooperative)

<p>LET'S GET SOCIAL!</p> <p>Instagram: Click on QR code to the right @shungiteroom Twitter: @angelcoopct YouTube: The Angel Cooperative</p>	 <p>SHUNGITEROOM</p>	 <p>Let's celebrate!</p>	<p>To our wonderful customers ~ Without you lighting up our lives, trusting us, and coming in regularly, we wouldn't have reached this milestone! Thank you for allowing us to hold space for you!</p>	 <p>OCTOBER MARKS OUR 5 YEAR ANNIVERSARY!</p>	<p>To our beautiful Angel Team ~</p> <p>WOW! We did it! Each one of you brings a magic and warmth to our sacred space. We are forever in gratitude for your expertise, love, and integrity. Love, Christy and Laura</p>	<p>OCTOBER 1</p> <p>8:30-9:30am "Em"power Yoga with Wendy* SPECIAL EVENT! SPECIAL PRICING! KICKING OFF THE CELEBRATION WITH Kundalini & Yoga Nidra with Stephen Earnhart \$20 3-5pm</p>
<p>SUNDAY 2</p> <p>9-10:15am "Em"power Yoga with Wendy* 11am-5pm Reiki I with Maria* \$225 12-5pm Readings with Sandy \$45+ 6:30-8pm Weekend Wind Down with Kailey and Casey* \$55</p>	<p>MONDAY 3</p> <p>8-9am Foundational Flow Yoga* with Wendy* 10am-4pm Therapeutic Massage w/ Rhonda* \$135+ 12-5pm Readings with Sandy \$45+</p>	<p>TUESDAY 4 <i>Yom Kippur Begins at Sundown</i></p> <p>10am-5pm Channeled Readings w/Annalisa \$60+</p>	<p>WEDNESDAY 5 OPEN UNTIL 7PM</p> <p>8-9am Foundational Flow Yoga* with Wendy B.* 10am-5pm Channeled Readings with Annalisa \$60+ 7-8pm Full Moon in Aries with Kailey* \$25</p>	<p>THURSDAY 6</p> <p>10am-5pm Channeled Readings with Annalisa \$60+ 7:30-8:45pm Gong Meditation with Jen Ripa* \$30</p>	<p>FRIDAY 7</p> <p>8-9am Foundational Flow Yoga w/ Wendy* 10am-4pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading w/Maria* \$60+</p>	<p>SATURDAY 8</p> <p>8:30-9:30am "Em"power Yoga with Wendy*</p>
<p>9</p> <p>9-10:15am "Em"power Yoga with Wendy* 11am-4pm Cosmic Facials with Dana* \$60+ 11am-5pm Reiki II with Maria* \$300</p>	<p>10</p> <p>8-9am Foundational Flow Yoga* with Wendy* 12-5pm Readings with Sandy \$45</p>	<p>11</p> <p>9:30am-2pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading & More: Maria* \$60+ 10am-5pm Channeled Readings w/Annalisa \$60+</p>	<p>12 OPEN UNTIL 7PM</p> <p>8-9am Foundational Flow Yoga* with Wendy B.* 10am-5pm Channeled Readings with Annalisa \$60+ 1-2:30pm OR 6:30-8pm Angel Circle: Archangel Jeremiel with Christy and Annalisa* \$20</p>	<p>13</p> <p>10am-5pm Channeled Readings with Annalisa \$60+ 10am-12pm OR 6:30-8:30pm Galactic Connections Starseed Workshop with JJ Brighton* \$77 or VIP Tickets \$111</p>	<p>14</p> <p>8-9am Foundational Flow Yoga w/ Wendy* 10am-4pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading w/Maria* \$60+</p>	<p>15</p> <p>8:30-9:30am "Em"power Yoga with Wendy* 10am-4:45pm Angel Akashic Readings with Julie Rosenshein 11am-5pm Master Reiki with Maria* \$375 7-8:30pm Sing Your Prayers A Celebration of World Singing Day with Sita's Light* \$20</p>
<p>16 <i>Last day to Register for the Crystal Healing Certification Class</i></p> <p>9-10:15am "Em"power Yoga with Wendy* 12-5pm Readings with Sandy \$45+ 3-5pm Mindful Sundays with Mariona Riera* \$35 (3rd Sunday of every month)</p>	<p>17</p> <p>8-9am Foundational Flow Yoga* with Wendy* 10am-4pm Therapeutic Massage w/ Rhonda* \$135+ 12-5pm Readings with Sandy \$45+</p>	<p>18</p> <p>9:30am-2pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading & More: Maria* \$60+ 10am-5pm Channeled Readings w/Annalisa \$60+</p>	<p>19 OPEN UNTIL 7PM</p> <p>8-9am Foundational Flow Yoga* with Wendy B.* 10am-5pm Channeled Readings with Annalisa \$60+ 6:30-8pm Ascended Master Circle: Kuthumi with Christy and Annalisa* \$20</p>	<p>20</p> <p>10am-5pm Channeled Readings with Annalisa \$60+ 6:30-7:30pm FREE Monthly Women's Circle with Casey Potetz and Christy*</p>	<p>21</p> <p>8-9am Foundational Flow Yoga w/ Wendy* 10am-4pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading w/Maria* \$60+ 12-5pm BOTA Tarot Readings with Lisa Tancredi \$50/30 minutes 5:30-6:30pm Sound Bath Meditation with Stephen Earnhart* \$25</p>	<p>22</p> <p>8:30-9:30am "Em"power Yoga with Wendy* 9:30am-5pm Sound Healings with Tuning Forks with Lisa Alexander in The Shungite Room \$150/90mins private appt 11am-5pm Crystal Healing Certification Class with Christy and Annalisa* \$249 <i>Register by 10/16</i></p>
<p>23</p> <p>9-10:15am "Em"power Yoga with Wendy* 11:30am-3pm Tuning Forks Workshop with Lisa Alexander* \$60 12-5pm Readings: Sandy \$45</p> <p>30</p> <p>9-10:15am "Em"power Yoga with Wendy* 12-5pm Readings with Sandy \$45+ 1-4pm Gong II Certification with Jen Ripa* \$99</p>	<p>24</p> <p>8-9am Foundational Flow Yoga* with Wendy* 10am-4pm Therapeutic Massage w/ Rhonda* \$135+ 12-5pm Readings: Sandy \$45</p> <p>31</p> <p>8-9am Foundational Flow Yoga* with Wendy* 10am-4pm Therapeutic Massage w/ Rhonda* \$135+ 12-5pm Readings with Sandy \$45+</p>	<p>25</p> <p>9:30am-2pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading & More: Maria* \$60+ 10am-5pm Channeled Readings w/Annalisa \$60+ 11am-5pm Readings with Andrea* \$60+</p>	<p>26 OPEN UNTIL 7PM</p> <p>8-9am Foundational Flow Yoga* with Wendy B.* 10am-5pm Channeled Readings with Annalisa \$60+ 6:30-7:45pm Tarot Circle with Lisa Tancredi* \$22</p>	<p>27</p> <p>8-9:15am Kundalini Yoga with Stephen* \$25 10am-5pm Channeled Readings with Annalisa \$60+ 1-2pm Sound Bath and Yoga Nidra with Stephen* \$25 7-8pm New Moon in Scorpio with Kailey* \$25</p>	<p>28</p> <p>8-9am Foundational Flow Yoga w/ Wendy* 10am-4pm Tarot Reading OR Reiki, Singing Bowls, Tarot Reading w/Maria* \$60+ 12-5pm Readings with Sandy \$45+</p>	<p>29</p> <p>8:30-9:30am "Em"power Yoga with Wendy* 1:30-3:30pm Violet Flame Activation with Alison DeNicola* \$40</p>