

# VOLUNTEERS Wanted



## INTERESTED IN HELPING PEOPLE WITH DEMENTIA?

Dementia Caring is a small locally based charity supporting people with dementia and their caregivers. We are currently seeking volunteers to help run our once-a-week Time Out Club. The club takes place every Wednesday morning at Elford Village Hall, Church Road, Elford, B79 9DA.

Tasks undertaken by volunteers include:

- Greeting and making attendees of the Time Out Club feel welcome;
- Interacting with people; being friendly and approachable; providing company; and helping those with dementia feel settled, safe and secure;
- Helping to establish, maintain and develop relationships with those with dementia and their caregivers;
- Providing one-to-one support where appropriate;
- Being involved with the planning, organising and staging of a range of activities including table top games; arts and crafts; exercise and games;
- Providing help with domestic tasks such as serving refreshments and washing-up; and
- Helping to set up the village hall as well as clearing up at the end of the day care session

Training will be available free of charge and undertaken throughout the year.

**IF YOU ARE INTERESTED IN BECOMING A VOLUNTEER THEN PLEASE GET IN TOUCH.**

## DEMENTIA CARING

A not-for-profit organisation seeking to provide affordable day care to those with dementia and respite for their caregivers.

Supported by

**NHS**

Midlands Partnership University  
NHS Foundation Trust

**CONTACT: By email: [volunteering@dementiacaring.org.uk](mailto:volunteering@dementiacaring.org.uk) or  
Call: Barry on 07769 690244 [www.dementiacaring.org.uk](http://www.dementiacaring.org.uk)**