Skill Assessment for 3.5 Players

Name: _____   **Self-Rating:** _____   **Date:** _____

Email: _____**Cell Phone:** _____ **#Games Observed:** ____

Weather Conditions: _____

To be filled out by the Rating Team:

3.5 Skill Level – should ALSO possess most/all 3.0 Skills

	0	1	2	3
Knows all the **main rules** including how to correct the score and correct server				
Demonstrates control/consistency on **forehand groundstrokes** (direction, depth, and pace)				
Demonstrates control/consistency on **backhand groundstrokes** (direction, depth, and pace)				
Placing **serves** deep into the court				
Uses deeper and higher **returns of serve** to approach the net quicker				
Quickly approaches the non-volley line				
Able to play with partners effectively using court strategies like partner communication, and changing a losing game				
Avoids hitting **out balls**				
Consistently returning lower balls over the net				
Demonstrates a **wide variety of shots** with some consistency				
Uses slower paced shots vs faster paced shots to their advantage				
Able to **create coverage gaps** and then hit to these gaps				
Sustains a short **volley session** at the net with some placement and control				
Initiates and maintains a sustained **dink** exchange at the net				
Utilizes a slow paced ball (soft shot) to approach the net (3rd shot)				
Able to adjust to differing ball speeds consistently				
Hits **overheads** with control				
Uses a forehand and backhand **lob** when appropriate				
Developing patience during rallies				
Has good mobility *				
Has good quickness *				
Has good hand-eye coordination *				

Svr. Requirement – 8 out of 10 (80%)		
	YES	NO
Service Good		
Service Foot-faults		

Volley Requirement – 8 out of 10 (80%)		
	YES	NO
Backhand		
Forehand		
Non-Volley Zone foot faults		

Svr. Return Requirement – 8 out 10 (80%)		
	YES	NO
Good Forehand		
Good Backhand		

-If a person cannot move quickly enough due to physical restrictions, then the rating will be reduced according to the physical limitations as related to playing the game.

Rater's Signature_____ **Actual Skill Level** _____ **Player's Signature** _____

Legend: 0 = not observed or not able to execute, 1 = attempted but very poorly executed/needs work,
2 = good basic form/needs work, 3 = solid, consistent performance