

New Minas Recreation Summer Day Camp

Health and Safety Measures for

COVID-19



May 14, 2020

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The purpose of this document is to provide a detailed step-by-step safety plan for the implementation of a summer program for children under the Province of Nova Scotia public health orders relating to the COVID-19 virus. These plans are subject to change as directives and/or restrictions modify (loosen or tighten).

GOALS & OBJECTIVES FOR NEW MINAS SUMMER DAY CAMP 2020

- To provide a fun and safe summer program for New Minas youth and program staff within the parameters of public health orders advised by the Government of Nova Scotia

PROGRAM LOCATION

Main Location:

Louis Millett Community Complex (LMCC)

9489 Commercial St

New Minas, NS, B4N 3G3

- The LMCC is a large, multi-use facility that has several community rooms, a large banquet hall and full-size gymnasium

Secondary Location:

Lockhart Ryan Park

- Lockhart Ryan Park is a large community park with soccer fields, walking trails, baseball diamonds and more. It is located directly behind the LMCC

PRACTICING GOOD HYGIENE & INCREASING ENVIRONMENTAL CLEANING

GENERAL SANITATION FOR DAY CAMP

- The Village of New Minas adheres to strict health and safety measures in accordance with provincial legislation
- Sanitation protocols in response to the COVID-19 epidemic have increased to include the following:
 - Thorough cleaning and disinfection of bathrooms completed every hour
 - Disinfection of door handles, light switches, temperature gages, hard and non hard surfaces completed every hour
- Children and staff will be required to sanitize before and after entering and leaving every room
 - There are hand sanitizers located within a close proximity of every room, door, and bathroom for everyone's convenience
- Children will be required to thoroughly wash their hands before and after each activity, including all snacks and lunch

PICKUP/DROP OFF

- Children will be required to sanitize and wash hands upon drop off and pick up everyday

EQUIPMENT/SUPPLIES

- Children and staff will be required to wash hands before and after using any equipment that may be shared (such as basketballs, hockey sticks, volleyballs, etc.)
- Personalized pencil boxes (for arts and crafts) will be provided to each child

KITCHEN

- Children will be responsible for their own snacks and lunches every day of the week, there will be no prepared food from staff and no sharing of food

PERSONAL HYGIENE/SUNSCREEN

- All children must be self sufficient in all aspects of their personal hygiene and sun safety
- Staff will not be able to assist any child in any actions that would require physical aid (*this does not include administering First Aid*)
- Actions where staff will not be able to assist a child will be:
 - Using the bathroom
 - Assisting in any changing of clothes
 - Applying sunscreen
 - Applying roll on bug spray
 - Assisting in eating
 - Brushing teeth
 - Combing/attending to hair
- Staff can provide verbal assistance where appropriate

STAYING HOME AND AWAY FROM OTHERS WHEN SYMPTOMATIC

SICKNESS/ILLNESS

- If any individuals (campers or staff) show or resemble any symptoms of sickness, it is the expectation that they will self identify and will be sent home (will follow day care protocol)
- It is the parent's responsibility to disclose any form of illness that their child may have that could be passed along to other individuals within the camp. There will be the expectation that the child will immediately report to staff when they are feeling unwell. Upon any illness being reported, the child will be removed from the camp and wait in a designated area with a staff member. Parents will be contacted to come and pick up the child immediately
 - Depending on protocol (aligning with day care protocols) the child will be required to stay away from camp for a determined amount of time

PICKUP/DROP OFF

- Children will have their temperature checked by a Non-Contact Forehead Infrared Thermometer upon drop off and pick up

CONSIDERATIONS OF USE OF NON-MEDICAL MASK BASED ON CIRCUMSTANCES

FIRST AID/MEDICAL ATTENTION

- All staff are trained in first aid/CPR (verified certification and filed documents)
- Extra precautions will be taken to minimize any risk of illness transmission from one another. Staff will be required to wear a mask and gloves when administering first aid

ENSURING PHYSICAL DISTANCING

PICKUP/DROP OFF

- A one-way pick up/drop off system will be in place for parents ***see visualisation below***
- Drop off will occur at the main entrance of the gym
 - Parents will be required to wait in line with their children while staff signs in the child ahead of them
 - The queue will consist of floor markings that will keep families the required 6 feet apart while waiting
 - Once a child is signed in, parents will continue to the exit, which is located 30 feet away in front of the Lynn Spencer Hall (banquet hall)

TRAVEL WITHIN THE LMCC

- Clearly labeled arrows for children/staff to walk on or labeled boundaries for children/staff to stay within will be established
 - This will minimize the risk for any physical contact while traveling through halls
- Movement of camps within the building will happen one group at a time
 - Allocated time slots of when each camp will move within the building to eliminate the risk of non-social distancing
 - All travel will be communicated between staff

CLASSROOMS/CIVIC CENTRE

- Classrooms:
 - Allocated spots on floor (or on chairs) will be sectioned off for children to have their own personal space, as well as have their personal belongings with them
 - Approximately 8 children will be able to sit on the outside perimeter of the room, with 6 feet in-between one another
 - Leaders can sit in the middle of the room also 6+ feet apart from each other and other children
- Civic Centre:
 - No issues regarding social distancing space will occur in this room due to its large size, however, allocated spots will still be enforced
 - This room could also be used for two possible camps in separate areas

GYM

- Sections of the gym can be taped off for specific sports and keep the social distancing protocol
- There is lots of space for group activities while maintaining social distancing

BATHROOMS

- There will be a maximum of two children per bathroom at a time
- Each child must be self sufficient with regards to using the bathroom by themselves
 - If child is not able to confidently use the bathroom without needing assistance, they would not meet the requirements for participation
- There are two bathrooms located within the facility, one in the gym and one in the building in the main hall

SNACK AND LUNCH

- Due to the large size of the civic centre within the building, there is a possibility for children to have their own table spaced out from one another during snack or lunch
 - Each camp would have an allocated time slot to be in the civic centre and eat their lunch comfortably and safely
 - Designated enter and exit doors will be used to eliminate any contact with another camp that would be coming in to eat lunch

CAMP DETAILS

- There will be 4 groups of 10 individuals within the group
 - Group 1: ages 5-6 years old
 - Group 2: ages 7-8 years old
 - Group 3: 9-10 years old
 - Group 4: 11-13 years old
- Each group will be spread out enough within the complex and throughout the Louis Millet grounds that each camp could be considered exclusive. This would eliminate the label of all one large group and instead fall under the notion of four small groups

INTERACTIONS (ACTIVITIES)

- All the activities that children would participate in could be adapted with the changing social distancing rules. Possible ideas include:
- Gym
 - Independent sport/play
 - Sport skills
 - Yoga
 - Zumba/Dance
 - Kickboxing
 - Nonphysical running games (Ship to Shore, What Time is it Mr. Wolf, Freeze Dance)
- Classroom
 - Independent arts and crafts
 - Board games
 - Reading
 - Charades
- Outside
 - Hikes
 - Biking
 - Scavenger hunts
 - Gardening
 - Environmental clean up
 - Disc golf
 - Outside independent sports
- Substitute Trips
 - History walks
 - Little Rays
 - Fire trucks/ambulance/police show and tell
 - Movie in the park

LIMITING NON-ESSENTIAL TRAVEL

TRAVEL WITHIN CAMP

- Non-essential travel outside of the community will be avoided within the summer camps. All camps will be primarily held within the Louis Millett Community Complex with outside activities taking place at

Lockhart Ryan Park (which is directly located behind the Louis Millett Community Complex). There will be no “fieldtrips” occurring outside of the community

- Bus trips will not be offered this year due to the rules and regulations regarding COVID-19

WEARING MEDICAL MASKS IF SYMPTOMATIC AND IN CLOSE CONTACT WITH OTHERS

SYMPTOMATIC CAMPERS AND STAFF

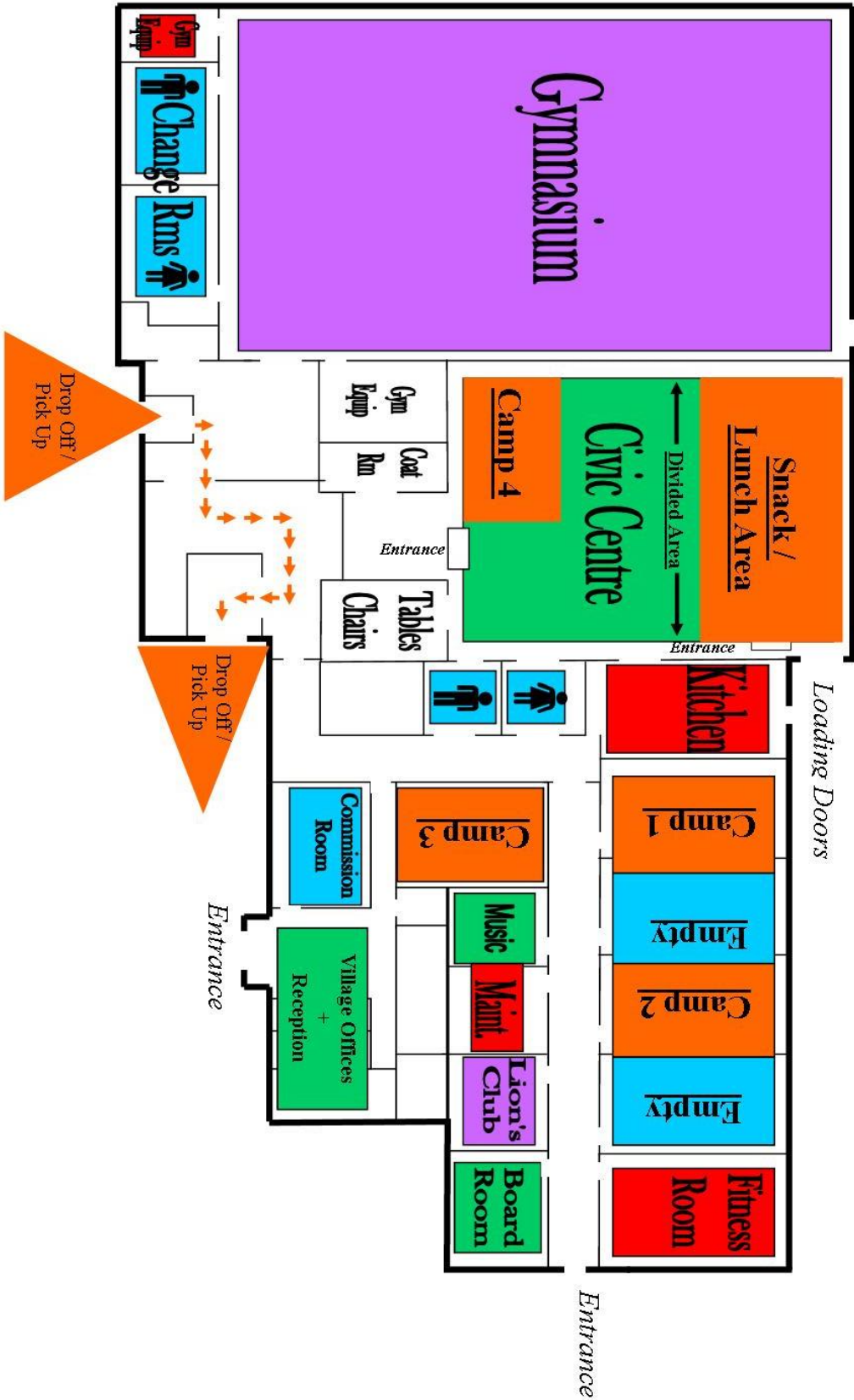
- Due to the health and safety protocols of the summer camp, no one should be working or attending camp if they are symptomatic. All individuals are advised to stay away from camp and not to return until they are no longer symptomatic. Guardians will have read the terms and conditions of camp which clearly state that no child shall be allowed at camp if symptomatic.

SUMMARY

The Village of New Minas is committed to providing a program for the community that considers the comprehensive health and safety of the children and staff involved, with respect to the directives set out by the province of Nova Scotia’s Department of Health. Weekly newsletters will be sent out electronically to all guardians whose children are registered for camp. These newsletters will detail what the weekly code of conduct for camp will entail, all the core personal public health measures that must remain in place and any updates regarding COVID-19. There will be continuous communication between all staff and guardians regarding any changes in directives from the Province of Nova Scotia.

Floor Plan for New Minas Recreation Summer Day Camp

Louis Millett Community Complex



By signing below, I hereby acknowledge that I have read and understand the Health and Safety Guidelines and Measures for the New Minas Summer Day Camp 2020.

SIGNATURE:

DATE:
