






Salto & Sol



Share

Sea





Fresh Shucked Oysters | \$3 each | \$15 for 6 | \$30/doz  
Island Oysters served with Maritime Madness hot sauce and house mignonette

Mussels | \$15 
Thai style mussels served with grilled greek pita bread

Scallop Ceviche | \$17  
Lightly smoked, cured scallops with mango, avocado crema and beet salt served with kettle chips


Calamari | \$15  
Cornmeal crusted squid with chorizo sausage and peppers in a tomato sauce



Land

Kettle Chips & Dip | \$8    
House made kettle chips served with your choice of mexican mole, chimichurri or pimento cheese

Battered Cauliflower | \$13  
Cauliflower bites served with warm spiced tomato jam and cashew cream

Chicken Wings | \$16  
Tossed in house made jerk glaze or salt & pepper

Taco Duo | \$15 
Mojo pulled pork, fresh slaw & pickled onion | crispy chicken with sweet and spicy sauce & house pickles

Nachos | \$17  
Topped with black bean & corn salsa, cheddar & pimento cheese with side salsa roja and sour cream

Sip Share & Savour

Savour

Beet Salad | \$15

Served with citrus vinaigrette, chimichurri, cashew cream and arugula

Salt & Sol Elote Salad | \$15

Charred corn salad with a lime-chili aioli, feta & greens

Caesar Salad | \$12

Classic caesar with a bacon rashers, parmesan cheese, sourdough crumb and Caesar vinaigrette

Caesar may be made Dairy Free  and Gluten Free 

Falafel Sandwich | \$16

House made falafel served with house tzatziki, pickles, tomato, lettuce and onions on a toasted pita served with fries

Lobster Roll | market price

Fresh Island lobster with lime, green onion, smoked paprika & hot sauce served with fries

Sol SmashBurger | \$16

5 oz Island beef patty with ground pork served with bacon, tomato jam, pimento cheese, crisp lettuce & house pickle on a toasted brioche bun served with fries

The Nashville Hot Chicken | \$16

Sweet and spicy breaded chicken burger with tomato, lettuce, pickles and mayo served on a toasted brioche bun served with fries

Haddock and Chips | \$13 1 piece | \$16 2 piece

Fresh beer battered haddock served with house made remoulade, coleslaw and fries

 Gluten Free  Vegan  Vegetarian  Dairy Free

Please advise your server of any allergies or dietary concerns.

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