



MY INNER COMPASS

There is no right or wrong. This is about YOU!

What Guides My Choices?

Circle the things that help you make choices that feel right for you.



This or That?

Circle the one that matters more to you when making choices.

Having Fun
 OR

 Feeling Safe

Friendship
 OR

 Fairness

Being Kind
 OR

 Being Brave

Trying Something New
 OR

 Feeling Comfortable

Being Creative
 OR

 Learning Something New

My Compass in Action

Choose one thing you circled on your compass.

Draw what you choose.
 Draw what it looks like in your life.

The more we learn about ourselves, the easier it becomes to trust our inner compass.

