



BEHAVIOUR POLICY – GYMNASTS

The following guidelines are to assist coaches when dealing with inappropriate behaviour whilst at Poise Gymnastics Club.

- All gymnasts will be encouraged to work as a team.
- Gymnasts will be discouraged from inappropriate or unsafe behaviour.
- Gymnasts will be given the reasons why their behaviour is unsafe or inappropriate for the environment they are in and requested to change their behaviour.
- If a gymnast continues then they will be asked to sit out (but still within the gym) to reflect upon their behaviour and they will be spoken to away from the group and without humiliation, e.g.; shouting or punishment. They can resume training after a couple of minutes.
- Parents/carers will be informed of their child's behaviour at the end of the training session.
- If sitting out is required more than twice in one session then gymnast's parents/carers will be contacted to collect the gymnast immediately. Where this is not possible, the gymnast will dress but remain in the gym until collection is possible. Coaches will record these incidents on PGC incident forms provided.
- Should inappropriate behaviours continue on different occasions then meetings will be held with parent/carer and gymnast to discuss. Written warnings will be sent and if not acted upon then a final written warning will be issued and exclusion from Poise Gymnastics Club may follow if the behaviours still continue.