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## Liz Whiteley Counselling & Psychotherapy

Accessible therapy for all. specialise in

- TRAUMA
  DISABILITY
  PRE-TRIAL THERAPY

offering online therapy

BOOK AN APPOINTMENT

## Hello, to spring!



## **Important Update on Pricing Effective 1st April**

As part of my ongoing commitment to providing exceptional service while also

ensuring the sustainability of the practice, I would like to remind you of the updates to My pricing structure that were previously mentioned in the last newsletter.

Starting from the 1st of April, the following adjustments to my session rates will take effect:

Standard

Rate:

£60

per

50-

minute

session

Concession

Rate:

£45

per

50-

minute

session

These changes reflect our dedication to maintaining high-quality service and will enable me to continue offering you the support and guidance you've come to expect. I understand that any change can come with its set of challenges and adjustments, so I want to extend my personal assurance that these new rates have been carefully considered to balance fairness and accessibility for all my clients.

Please do not hesitate to contact me if you have any questions or concerns or if there's anything specific you'd like to discuss. You're welcome to contact me directly on the phone or bring up any matters during your next session. I am here to support you through this transition and beyond.

Thank you for your understanding, continuous support, and trust in my services. I value our journey together, and I look forward to continuing to work together under this new structure.

Warm regards,

Liz



## **Unveiling New 30-Minute Sessions!!!**

I am thrilled to introduce the game-changing solution for those struggling with traditional therapy: 30-minute sessions designed for you. Ideal for anyone battling chronic fatigue, our concise, energy-conscious approach ensures you receive the support you need without depleting your reserves.

From April 2024, you can book a 30-minute session for just £36 at the standard rate or £27 at our concession rate. Don't miss out on this opportunity to experience the benefits of our services in a condensed timeframe.

I look forward to welcoming you to our 30-minute sessions soon!

Warmest Regards

Liz

**Book Now!!** 

Kind regards, Liz at Liz Whiteley Counselling









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