

# February 2026, Block of the Month

## Candy Kiss



This is a free pattern from Sugar Stitches Quilt Co. [Candy Kiss Wall Quilt Pattern](#)

Designed by Ledine the owner and creator of Sugar Stitches Quilt Co.

Her design is for a finished 12" block for each of the pieces. I wanted a 12" finished block with both of the designs so I have resized the pattern. For the larger quilt blocks please click on the link above.

### Materials:

#### Heart block

Background fabric –

- cut 8 - 1 ¼" squares
- 4 - 2 ½" squares
- 8 - 1 ½" X 4 ½" strips

Heart fabric:

- 4 - 4 ½" X 2 ½" rectangles
- 8 - 1 ½" squares

#### X block

Background fabric –

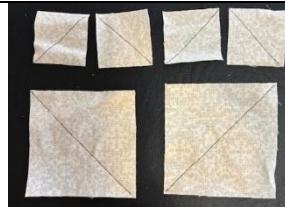
- 16 - 1 ½" squares
- 4 - 1 ½" X 4 ½" rectangles

X fabric

- 8 - 2 ½" squares
- 8 - 1 ½" squares

### Directions Heart Block (make 2)

Draw a diagonal line on all background squares



Place the 2 ½" squares on the bottom corners of the heart fabric rectangles. One rectangle has the square on the bottom left, the other has the square on the bottom right. Stitch on the diagonal line. Trim ¼" from the sewn line. Press.



Place a 1 ¼" square of background fabric in each of the top corners of the heart rectangles. Left side goes diagonally from bottom left to top right, right side goes top left to bottom right. Stitch on the diagonal line, trim ¼" from the sewn line, press.



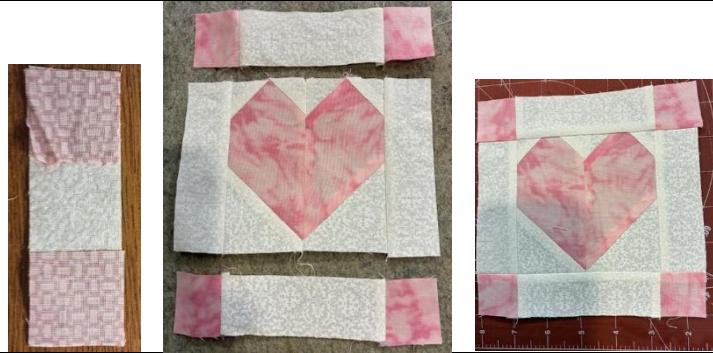
Press seams on one side of the heart towards background fabric, Press seams on the other half towards the heart fabric. This allows for easy nesting when putting the two halves together.



Place right sides together and sew on center seam. Press seam open.



Sew a  $1\frac{1}{2}''$  X  $4\frac{1}{2}''$  rectangle to each side of the heart block.  
 Sew a  $1\frac{1}{2}''$  square of heart fabric to each end of the remaining  $1\frac{1}{2}''$  X  $4\frac{1}{2}''$  strips  
 Sew this strip to the top and bottom of the heart block, nesting the seams in the corners.  
 Block should measure  $6\frac{1}{2}''$  square



#### **Directions X Block (make 2)**

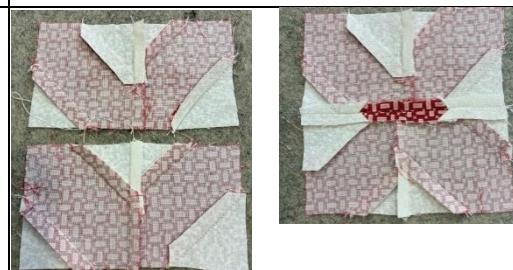
Draw a diagonal line on the back of each of the  $1\frac{1}{2}''$  background fabric squares

Place a square (right sides together) in opposite corners (top right, bottom left) of each  $2\frac{1}{2}''$  X fabric square. Diagonal lines should be going diagonally down from left to right. Stitch on the diagonal line. Trim  $\frac{1}{4}''$  from the sewn line. Press seams in 1 direction as shown by the arrows.



Right sides together and nesting seams, sew the top 2 section together and the bottom 2 sections together.

Sew the top and bottom sections, right sides together making sure you match the center of the X. Press the seam open.



Sew the  $1\frac{1}{2}''$  x  $4\frac{1}{2}''$  strip to each side of the X. As with the heart block, sew the  $1\frac{1}{2}''$  X fabric squares to the ends of the remaining  $1\frac{1}{2}''$  X  $4\frac{1}{2}''$  strips. Attach to the top and bottom of the X block.

This block should measure  $6\frac{1}{2}''$  square.



Arrange your blocks to make a  $12\frac{1}{2}''$  square block.

Sew the block together.



If you would like, you can make 3 of these 12 ½" blocks and sew them together to make a table runner. I cut 6 - 2" strips of my X fabric and 3 – 1" strips of heart fabric. Sew inside border of X fabric, then sew heart fabric border, then sew outside border of X fabric. I needed just slightly more than 3 WOF pieces for the binding.

