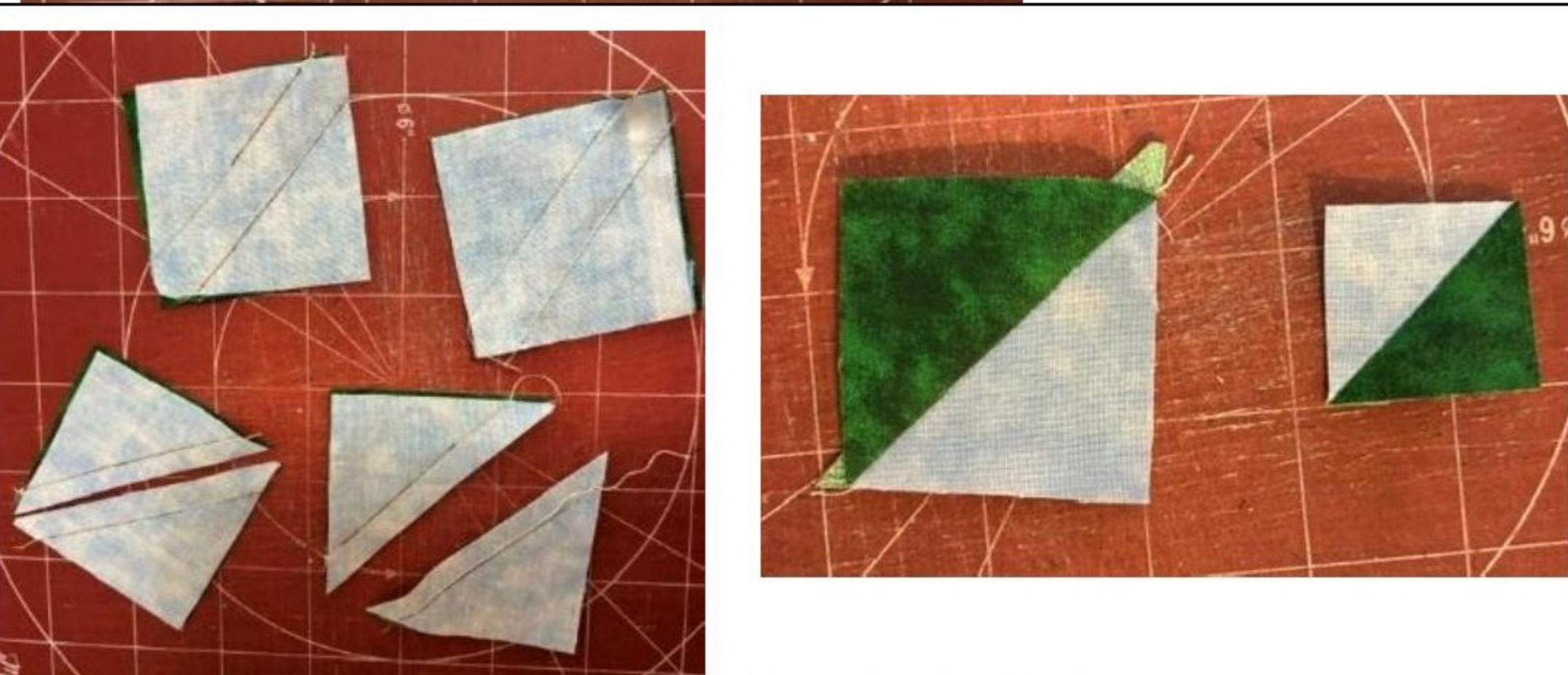
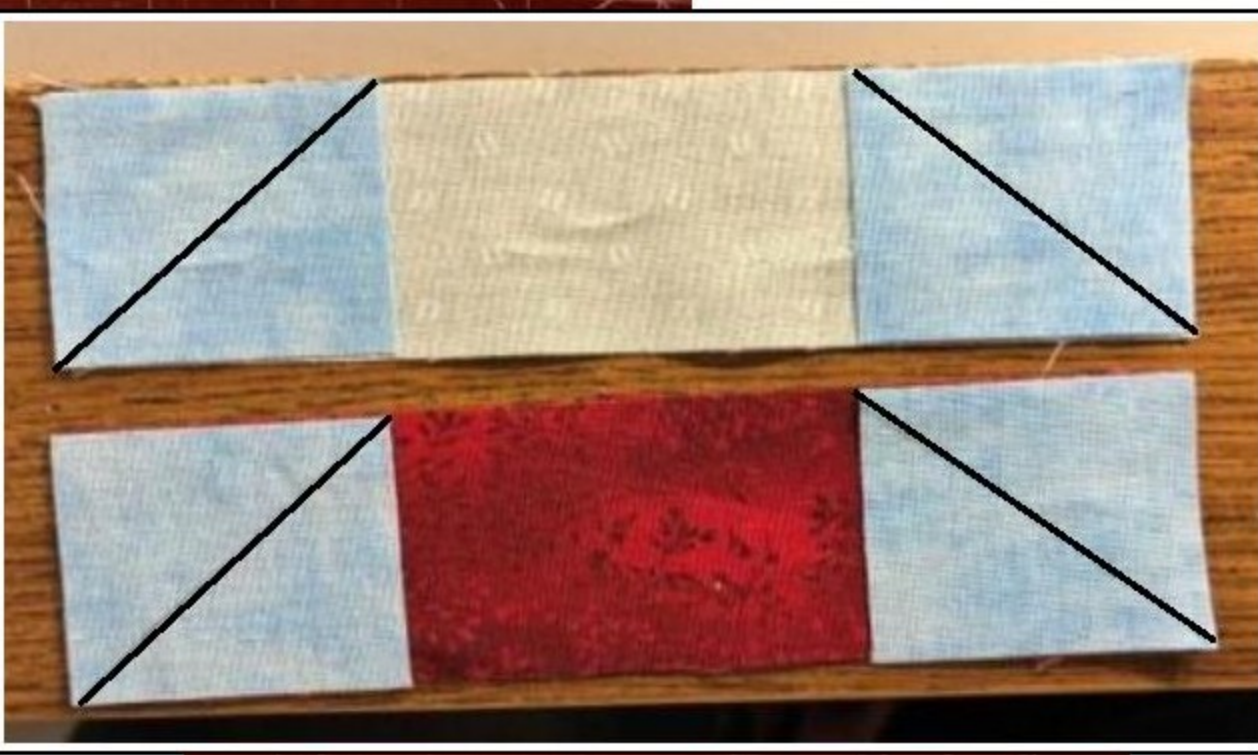
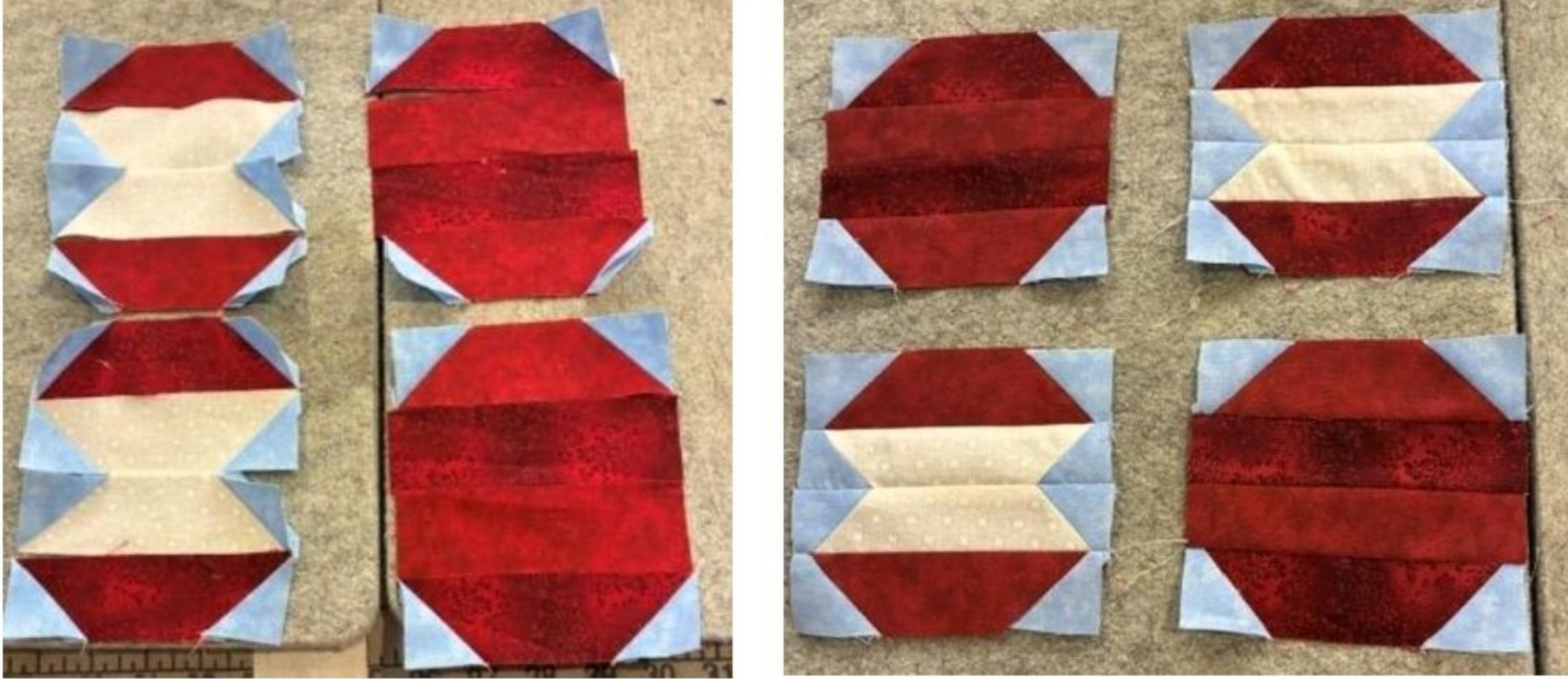
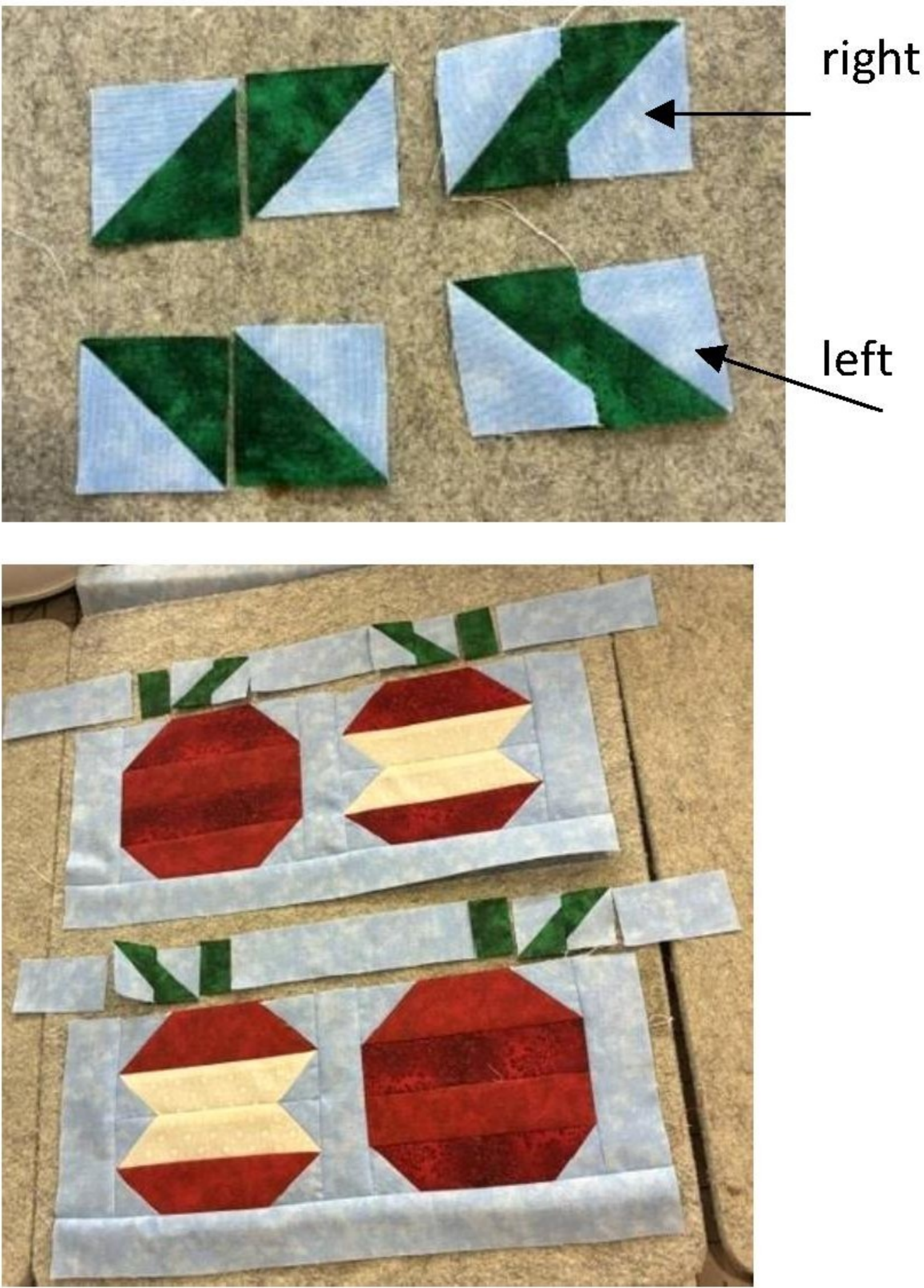


September 2026 Block of the Month

Take A Bite

The inspiration for this month's block came from Sassafras Lane Designs, [Free Patchwork Apple Mini Quilt Pattern](#). Rather than stitching together 1 ½" squares I decided to use strips and only 2 different reds for my apples. I also made 4 apples rather than 2 in order to make a 12" square (12 ½" unfinished) block. You could also use green or yellow fabric if you want to make granny smith or golden delicious apples.

Fabric Requirements: Red 12 – 1 ½" X 5" strips White 4 – 1 ½" X 5" strips	Green 4 – 1 ¼" X ¾" strips 4 – 2 ¼" squares	Background 2 – 1 ½" X 12 ½" strips 1 – 1 ¼" X 12 ½" strip 6 – 1 ½" x 4 ½" strips 4 – 2 ¼" squares 24 - 1 ½" squares	2 – 2 ¼" X 1 ¼" strips 2 – 3 ½" x 1 ¼" strips 1 – 3" X 1 ¼" strip 1 – 5 ½" X 1 ¼" strip
Directions			
1. Mark your background squares 1 ½" squares – draw a line on the diagonal (these are for corner pops) 2 ¼" squares – draw lines ¼" from each side of center diagonal (these are for half square triangles)			
2. Make half square triangles using green 2 ¼" squares and background 2 ¼" squares. Sew on drawn lines, cut on the diagonal, corner to corner between the sewn lines 3. Press open. Trim to 1 ¼" square			
4. Corner pop - 8 red 1 ½" X 5" strips, and 4 white 1 ½" X 5" strips Place a 1 ½" background square in the corner of each strip. The diagonal lines should go from inside top to bottom corner.(see picture)			
5. Stitch on the diagonal line 6. Cut ¼" from sewn line to remove the corner 7. Press ½ towards center fabric and ½ towards border fabric, this allows for nesting seams.			

8. Lay out apples • Make two apples with 4 of the red corner popped strips and the remaining 1 ½" X 5" red strips (see picture for positioning of strips) • Make two apples with 4 of the corner popped red strips and the 4 corner popped white strips (see picture for positioning of strips_ • Stitch rows together, press	
9. Join the apples rows together • Sew a 1 ½" X 4 ½" strips onto the side of the apple, alternating strip, apple, strip, core, strip. • Repeat with strip, core, strip, apple, strip. • Press	
10. Sew the 1 ½" X 12 ½" strip to the bottom of the "core, apple" row 11. Sew the 1 ¼" X 12 ½" strip to the bottom of the "apple, core" row	
12. Make the stem/leaf row • Sew the half square triangles together as pictured ○ 2 leaves will point to the right, ○ 2 leaves will point to the left • Lay out the leaf rows (each piece is 1 ¼" by length) ○ 3 ½" background, ¾" green, right pointing leaves, 3" background, left pointing leaves, ¾" green, 3 ½" background ○ 2 ¼" background, left pointing leaves, ¾" green, 5 ½" background, ¾" green, right pointing leaves, 2 ¼" background ○ The completed rows should measure 12 ½"	

13. Sew the completed stem rows to the top of the completed apple rows
14. Sew the remaining 1 ½" X 12 ½" background strip to the top of the block.
15. Press



Your block is now complete



This month's runner is made with 3 apple blocks separated by ½" (1" cut) sashing and inside border with a 3" outside border

