

November 2024 - Block of the Month

North Star-Under Ground Railroad



Materials Needed (3 Fat Quarters; Freezer Paper; Thread; Ruler; Iron)

Instructions:

1. You will need to make 4 "A" units and 4 "B" units. Joining A and B units together will result in an approximately 5 1/4" square and four of these will form your star.
2. The following size rectangles should provide generous coverage of the pattern:
Color #1: 2 1/2 x 4 inches (The smallest component of the star)
Color #2: 3 1/2 x 5 inches (The background)
Color #3: A 6x6 inch square will make 2 (The dominant focus of the star)

*You may choose to use the standard printed foundation method (with regular or special paper) or the freezer paper method.

3. **Foundation method in brief:** Make enough foundation copies for all 8 pieces (4 of A and 4 of B). Place the foundation face down on the table, making sure you can see the lines. Overlay Color #1 right side up 1/4 inch over the line connecting 1 and 2 (Fig A). Place Color #2 right side down extending 1/4 inch over the same line. Make sure that both fabrics will totally cover the pattern when they are sewn together. Flip the template over and sew on the line connecting 1 and 2. (use Fig B as reference) Flip the pattern back over and trim the seam to 1/4 inch, then press. Add Color #3 overlapping the line connecting 1-2 with 3 and making sure that when it is pressed to the side it will cover all the foundation lines for #3. Trim and flip to the right side. Press whole piece and trim to 1/4 inch all around (dotted lines on foundation pattern).



Figure A



Figure B



Figure B

4. **Freezer paper method in brief:** Make 2 or 3 copies of the foundation patterns on the un-shiny side of 8.5x11 inch freezer paper. Fold along the lines between the sections. Iron Color #1 to its position on the piece, right side up, covering all the lines by 1/4 inch (Fig A). Place Color #2 right side down over Color #1, extending 1/4 inch beyond sewing line. Use fold to ascertain correct placement and fold back along the line between 1 and 2 and check that Color #2 will cover the area on the foundation. Fold the paper back and sew Colors 1 and 2 together without catching the paper in the seam (Fig B). Fold Color #2 back and lightly iron to the freezer paper. Add Color #3. Again, fold the freezer paper back and sew. Trim to 1/4 inch beyond the solid template lines. Remove the freezer paper and use again.

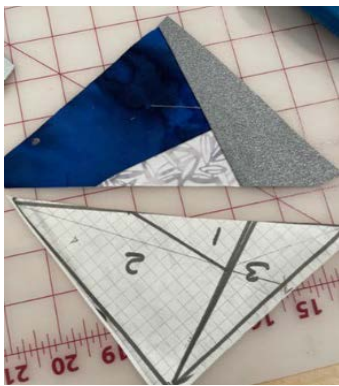


Figure C



Figure D

5. Sew all 4 squares together. Figure D
6. See next page for pattern template.

