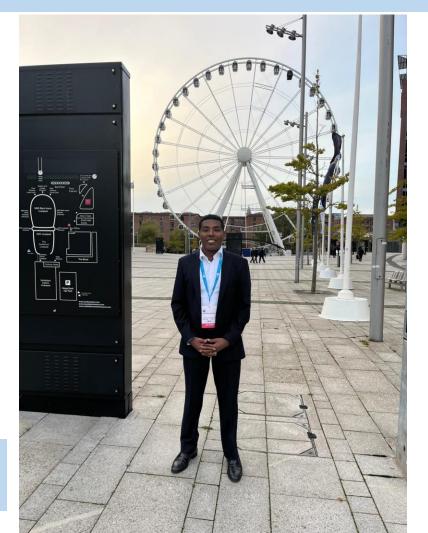
NOTAA / BOA Visit to England





Mengistu G Mengesha

October 7, 2025

Disclosure

My travel was sponsored by NOTAA, Am greatful for the opportunity,
 Thanks a lot for Daddy Tony, Many Many thanks.

 Alex and Jim host me at their home and center; very thankful for all the support. Thanks a lot!!!

My England Visit

- 2 weeks Duration
 - September 15-30
- From Manchester to Manchester
 - "Manchester, Liverpool, Chester, Preston, London, Manchester"
- BOA, Fracture clinic, Morning handover, Spine clinical attachment
- Fun time
 - London, Manchester, Chester



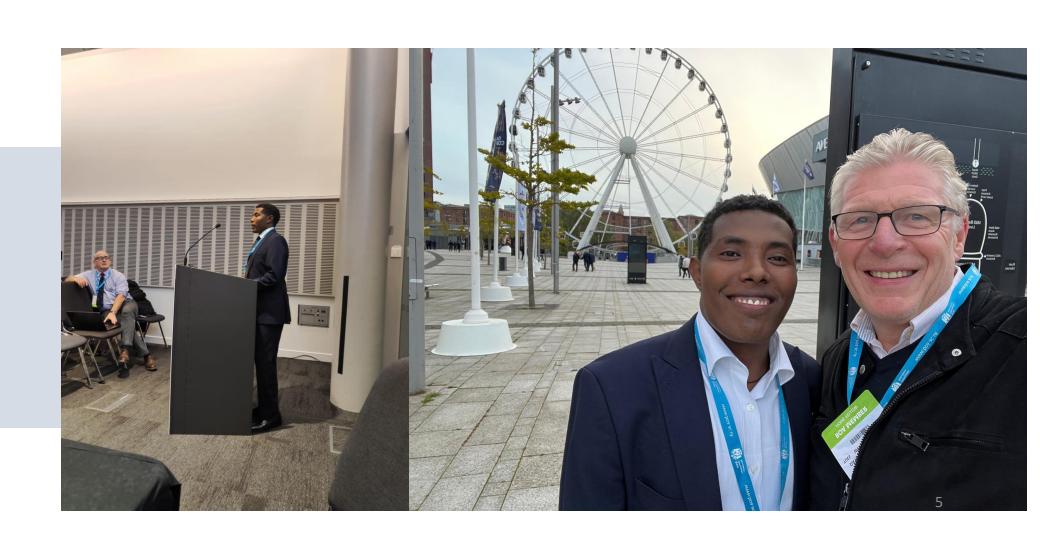
1. Arrival to Manchester

- Tony accept me at Manchester airport
- Drive me to his home
- Meet his lovely wife and have coffee
- Then drive to Liverpool

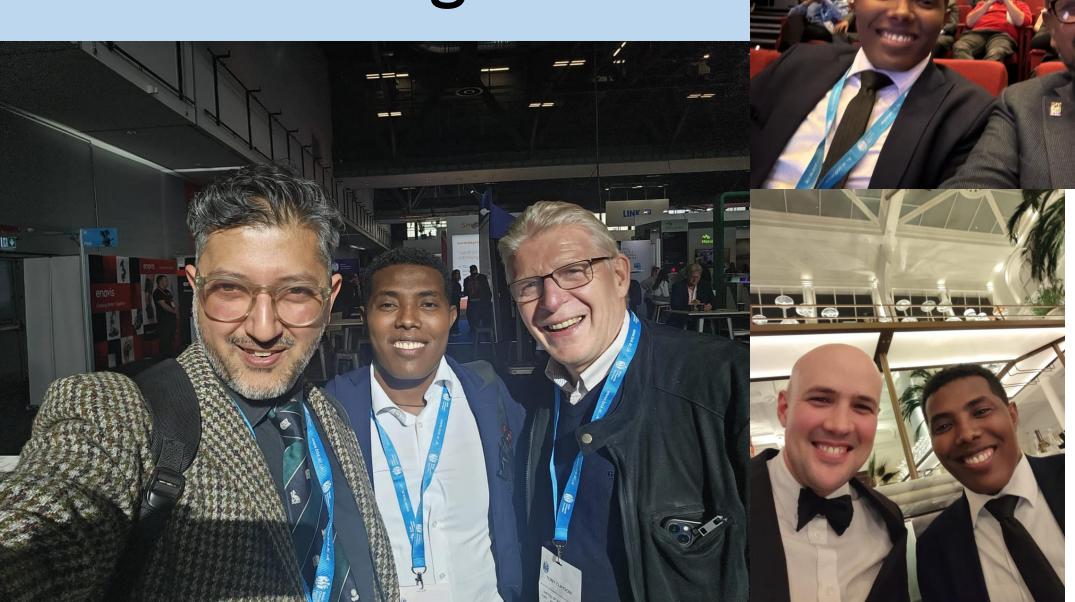


2. Liverpool- BOA Presentation

- 4 night
- BOA congress
- Clinical examination course
- New friend networking

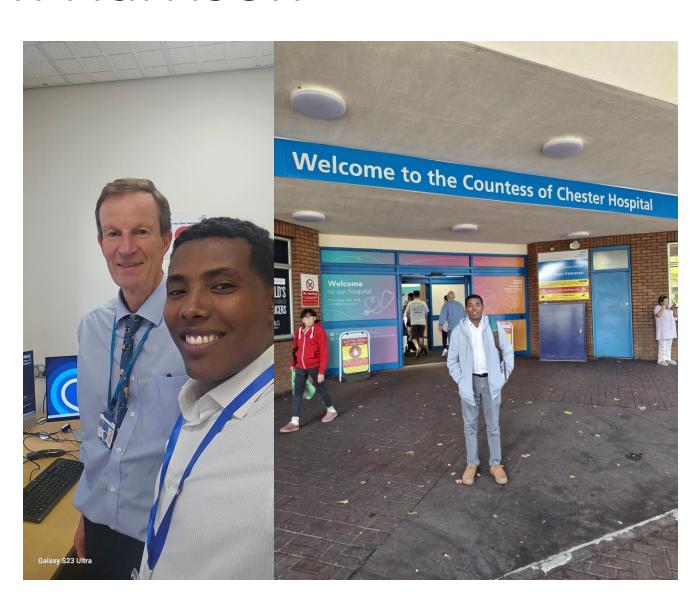


Networking-BOA

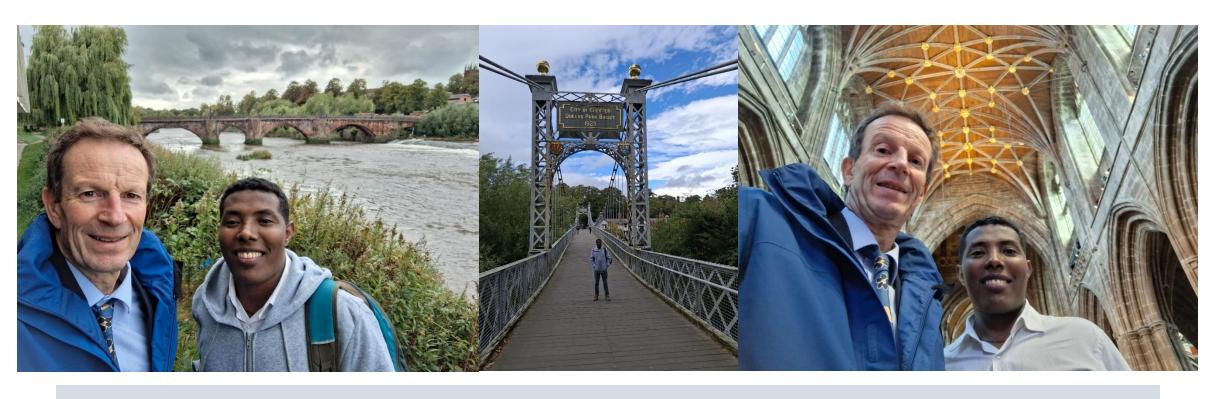


3. Chester with Jim Harrison

- Travel to Chester via train on Wednesday evening
- One night at Jim's flat
- Attend morning hand overing
- Attend fracture clinic with him
- Visit historic place in the afternoon

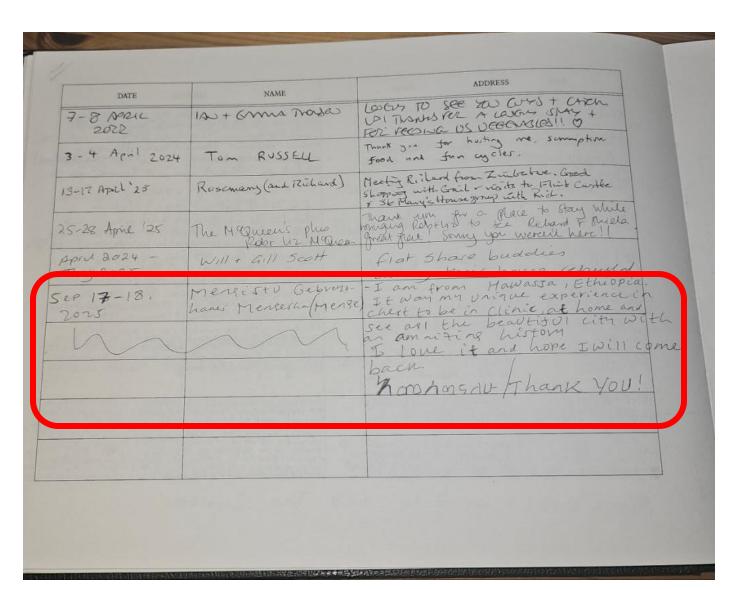


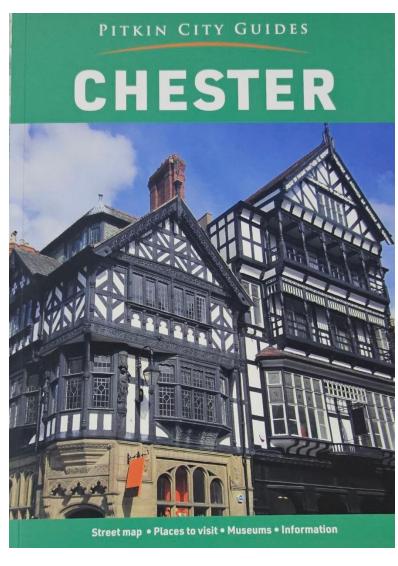
Afternoon visit historic place in Chester



Evening back to Liverpool by train

Best Experience from Jim's "Guest Logbook"





4. Travel to Preston with Alex

- Attend Clinical examination course with Alex in Liverpool
- Then travel to Preston with him
- 8 days (Friday to Friday) stay in Hotel
- Observe at 5 different hospital
 - NHS
 - Private



This is to certify that

Mengistu Mengesha

Attended the

Clinical Examination Course

And has earned 6 CPD Credits

Friday 19th September at the Annual Congress 2025

Signed: Mark Bowditch BOA President

Date: 19th September 2025

All networking are door for opportunities



May 2024- Alex visit Hawassa for one day and was having Dinner in our flat



Saturday London Visit-full of fun and enjoyment



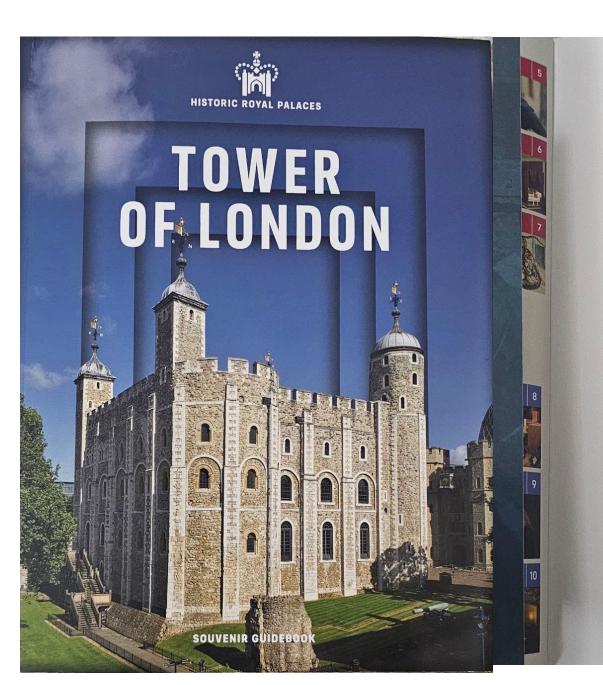


Sunday spent with Alex families at home after morning church.

Fun time in London With Alex







September 19-27, 7025
from Alex
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At NHS Hospital with Alex's team

- Discussed about future collaboration
- Meet company representative
- Future Spine campaign travel to Hawassa was discussed in detail and planned either for June or July, 2026.



5. Saturday- Back to Manchester with Tony

- Tony drive me back to Manchester to my Hotel
- Fun time- Saturday and Sunday- football and stadium tour







Monday- Visit to Wrightington Hospital



NOTAA Team, Patricia & Alex Welfare dinner





What I learn within two weeks?

- 1. People are happy to help in productive means
- Many opportunities for short term training, reverse fellowship, observership, BOA conference participation
- 3. Many research ideas and collaborations
- 4. We have a lot of assignments to do....
 - 1. Patient information sheet preparation (I brought sample)
 - 2. Website development (Alex subscribe website domain for us)
 - 3. Invite guests for our resident exam and research day (Notice the date ahead of time for scheduling

Summary

You need to show your effort- Take Duty- get reward!!!



