

## **Breakthrough Day Interest Questionnaire**

Welcome to Wolfpack Support Services Breakthrough Day Interest Questionnaire!

This short questionnaire is designed to help us understand your current situation and aspirations better. Your responses will enable us to tailor the Breakthrough Day experience to meet your specific needs and goals.

<ul><li>1. What are the primary challenges you're facing right now in your personal or professional life?</li><li>- Career advancement or transition</li></ul>
- Personal development and self-discovery
- Managing stress and enhancing well-being
- Improving relationships or communication skills
- Other (please specify)
<ul> <li>2. Have you attended any personal development workshops or coaching sessions before? If yes, what was your biggest takeaway?</li> <li>Yes (Please share your experience)</li> <li>No</li> </ul>

3. What does a 'breakthrough' mean to you? Describe a scenario where you felt you achieved a significant breakthrough in your life.
4. On a scale of 1 to 10, how committed are you to investing in your personal growth and overcoming your current challenges? (1 being the least committed and 10 being the most committed)
5. What areas of your life do you hope to transform or improve through the Breakthrough Day experience? - Career or professional goals
- Personal growth and self-awareness
- Emotional well-being and resilience
- Relationships and social skills
- Other (please specify)

6. The Breakthrough Day is designed to be an intensive, immersive experience. What are your expectations, and what do you hope to achieve by the end of the day?

7. Are there any specific topics or areas you would like the Breakthrough Day to focus on?

Thank you for taking the time to complete this questionnaire. Your responses will help us create a more personalized and impactful Breakthrough Day experience for you. We look forward to supporting you on your journey to achieving your breakthrough!

**Support Services** 

Warm regards,
Jyee Byrne
Wolfpack Support Services
jyee@wolfpackwell-being.com