

## SUSTAINABLE DEVELOPMENT GOAL 3

# WHAT'S HAPPENING IN THE HUNTER



### HOME IN PLACE AND VEGEPOD

Newcastle-based Home in Place, in partnership with Vegepod, have installed community gardens in social housing complexes across the country. Community gardens not only provide tenants with access to fresh fruit and vegetables but create a platform for social inclusion and address good health and well-being on a number of levels.

### NIB

The quality of individual health is much influenced by that of the communities in which they live and work. NIB pursue and invest in broad communitybased programs which aim to tackle disease, lift health literacy and generally improve population health including via the nib foundation.

### HEADSPACE NEWCASTLE

Headspace is the National Youth Mental Health Foundation. They began in 2006, and ever since have provided early intervention mental health services to 12-25-year-olds. Each year, they help thousands of young people, and their family and friends, access vital support through their headspace services in over 145 communities across Australia, their online and phone counselling services, their vocational services, and their presence in schools.

### FLOURISH AUSTRALIA

Flourish Australia HASI Newcastle provides accommodation, support and rehabilitation to people with complex needs. This includes shared accommodation, supported transitional living programs and supported independent living. It is a very high level of support with single and shared accommodation. Other services are ADHC and respite. An NDIS provider.

### FAMILY PLANNING NSW

Family Planning NSW | Family Planning NSW is the state's leading provider of reproductive and sexual health services.

### STARTTS – NSW SERVICE FOR THE TREATMENT AND REHABILITATION OF TORTURE AND TRAUMA SURVIVORS

STARTTS is a specialist, not-for-profit organisation that was established in 1988. It provides culturally relevant psychological treatment and support, and community interventions, to help people and communities heal the scars of torture and refugee trauma and rebuild their lives in Australia. STARTTS also fosters a positive recovery environment through the provision of training to services, advocacy and policy work.

### ACON

Established in 1985, ACON's early years were defined by community coming together to respond to the HIV/AIDS epidemic in NSW, and they remain committed to ending HIV for everyone in our communities. They do this by delivering campaigns and programs to eliminate new HIV

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transmissions. Supporting people living with HIV to live healthy and connected lives remains core to their work. As they have grown, they have been proud to work with a diverse range of people to ensure their voice and health needs are represented in the work they do.

### HUNTER NEW ENGLAND HEALTH, YOUTH HEALTH TEAM

The Youth Health Team is a multidisciplinary outreach service consisting of Clinical Nurse Consultants, Social Workers, a Staff Specialist Paediatrician and Administration Officer. The Youth Health Team provides services to young people affected by homelessness, or at risk of homelessness, stressful life situations, physical and emotional concerns, relationship issues including domestic violence, at risk behaviours, sexuality concerns, sexual health issues and chronic illness.

### LIFELINE HUNTER

Lifeline Hunter encompasses Newcastle, Lake Macquarie, Port Stephens, Maitland and Upper Hunter communities. They provide an extensive service offering to help seekers, as well as community training and Lifeline Shops, in addition to supporting national crisis support services.

### AWABAKAL LTD

Over 40 years Awabakal has grown to become a leading Aboriginal organisation in New South Wales. It has grown to become one of the largest Aboriginal community-owned and run organisations in New South Wales – a leading example of Aboriginal community power in Australia. Awabakal's objectives are broad and centred around providing services in the areas of employment, culture, health, welfare, sport, housing and education.

### KARAMAH

Muslim Women Lawyers for Human Rights is a nonprofit organization committed to promoting human rights globally, especially gender equity, religious freedom and civil rights in the United States. It pursues its mission through education, legal outreach and advocacy.

### HUNTER MEDICAL RESEARCH INSTITUTE

One person, one family, one community at a time, the Hunter Medical Research Institute (HMRI) fights the illnesses affecting lives throughout the world. Our translational research model aligns over 1500 researchers, students and support staff from Hunter New England Health and the University of Newcastle, inspiring new discoveries to deliver a healthier future.

### HUNTER NEW ENGLAND POPULATION HEALTH

HNEPH monitors health threats and diseases, responds to environmental and communicable disease threats, and promotes policies, environments, and behaviours that improve health.

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### NEWCASTLE SEXUAL ASSAULT SERVICE

A free confidential service staffed by female Social Workers and Clinical Psychologists, who are specialised in working with children and adults who have been sexually abused. There is an Aboriginal Social Worker available, and a specialist paediatrician and psychiatrist.