

White Paper



The United States of Heartbreakers

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For:
Fiction, In Love With The Chimera

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CONTENTS

5
ABSTRACT

6
IMPACT OF TECHNOLOGY

7
HOOKUP CULTURE

8
FEAR OF COMMITMENT

9
UNREALISTIC EXPECTATIONS

CONTENTS

1
SEXUAL HARASSMENT AND
SAFETY CONCERNS

2
COMMUNICATION
CHALLENGES

3
MENTAL HEALTH AND WELL-
BEING

4
GENDER DYNAMICS AND
POWER IMBALANCES

5
CULTURAL AND SOCIAL
EXPECTATIONS

CONTENTS

15
SOLUTION

16
CONCLUSION

17
REFERENCE

ABSTRACT

There is a perception that the dating culture in America and the West is toxic. This can be a taboo subject to address as one gender typically blames the other, but there is enough blame to share between the sexes once thoroughly explored. The late Kevin Samuels would commonly say on his YouTube channel, "Women control access to sex. Men control access to relationships." What does this mean? At face value, it is quite simple. The primary, sometimes only appeal drawing men to women is access to sex, and the main appeal drawing women to men is access to relationships. With men, sex with women is their strongest urge, as sexual desire is the strongest factor in the world that contributes to economic production. Also, it opens the door for men to open up emotionally to women and explore their strengths. With women, relationships give them access to the strengths of men, access to form a family, the foundational social construct, and access to resources that it is easier for men to acquire. Thus, dating attempts to solve multiple problems, including providing access to sex and reproduction for men, security and stability for women, a structure for children to develop in and learn to be competitive in society, and the family unit that dating can create is the foundation of a healthy nation. However, the concept of dating in America faces contamination with a moral decay in society as it has moved away from arranged marriages into the self-autonomy of the individual. Instead of in the infant days of America when parents made the selection or guided their young adult offspring into picking a partner, today, men choose lust, and women choose superficiality. Let us analyze key elements that contribute to a toxic dating culture in the United States of America.

Impact of Technology



Dating apps have transformed the ways people meet and interact. Dating platforms offer a wider dating pool and convenience, but unfortunately, it is easier to engage in negative behaviors like ghosting and breadcrumbing. Dating options are easily disposable even if a match, as the dating experience is more like a shopping experience, where searching for an ideal partner is relentless and never-ending. Convenience and unlimited dating options may appear ideal at face value, but they leave people with the fear of not picking the best choice. With advanced technology, it seems easier to send confusing signals because of the reliance on text and DMs instead of meeting in person. Dating apps have created exposure to more people and have illuminated potential toxic partners and relationships. This means red flags are easier to detect before it is too late. Thus, it is easier to respond accordingly to the red flags and set the necessary boundaries to avoid a potentially toxic relationship. Advanced technology may have evolved the nature of dating, but it does give the individual more power to influence the kind of dating experiences and love life they want (Datingroo, 2024).

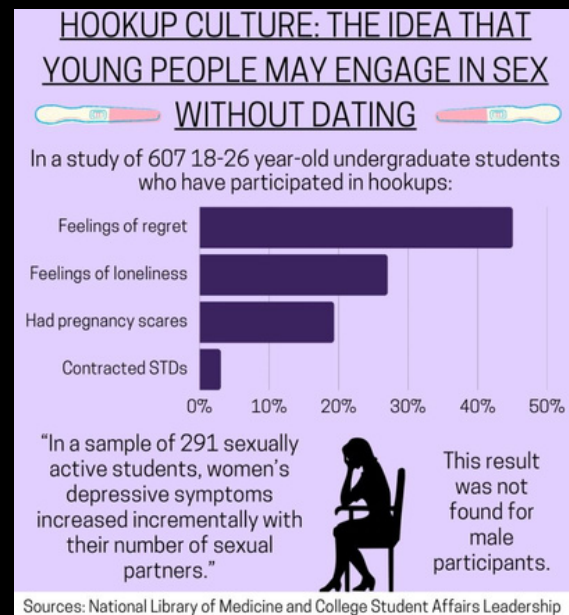
Exploring advanced technology more into the digital world, precisely smartphones and social media, American couples navigate through a hyper form of jealousy and distractions. Pew Research Center has long studied the changing nature of romantic relationships and the role of digital technology in people's lives. A survey conducted October 16th-28th, 2019, with 4,860 U.S. adults highlighted how smartphones and social media impact romantic relationships and tech-related struggles Americans encounter with their significant other. Fifty-one percent of partnered adults said their partner faces distractions by their cell phone when trying to have a conversation. Forty percent say they become bothered by the time their partners spend on their cell phones, and 34% say they have looked through their current partner's cell phone without that person's knowledge. Older couples (30-49 years old) are more likely to express concerns about a partner distracted by their cell phone while talking to them at 62% than younger couples (18-29 years old) at 52%. Younger social media users (18-29 years old) are more likely to check up on their exes at 70% and share or discuss things about their current dating life at 48% than older couples (30-49 years old) at 61% and 34%, respectively. Forty percent of partnered couples say it sometimes bothers them the amount of time their partner spends on their cell phones, compared to 24% bothered by social media and 15% by video games (Vogels, E.A., Anderson, M, 2020). So, as much as the digital age has presented new dating opportunities and evolved communication, it has created new distractions and nuanced problems that have infected the prospect of American relationships. The digital age has also evolved hookup culture and exposed its key players.



HOOKUP CULTURE

Particularly among younger generations, there appears to be a rise in hookup culture, which emphasizes casual sex over meaningful relationships. As mentioned before by Kevin Samuels, "Women control access to sex. Men control access to relationships." Expanding on the concept even further, men's undomesticated dating strategy is polygamy, where they desire to have sex with all the women their looks, money, and status can afford, and women's untamed dating strategy is hypergamy, which she is looking for the best available man that her beauty can afford. There is a predatory component to the male and female untrained dating strategy. However, American society appears more threatened by men who reject monogamy than by women who reject hypogamy. Absent of standards, it would be easy for women to get sex from men and men to get relationships from women. Although porn and an over-sexualized society may have increased the sexual standards of men, they are still low standards to consider a woman for a relationship. Feminism, Disney fairytales, and the features of the digital age mentioned earlier have significantly raised the standards of American women to consider sex in their prime mating, youthful, and beautiful years from average men. This creates serious problems for both sexes as men find it difficult to get consistent sex unless they lie, manipulate, or live up to the unrealistic demands of women. Women are unable to get meaningful relationships because before forming their unrealistic standards, they do not consider that while covered in toxic waste from hookup culture, it has a distinct odor the nose cannot smell that has reduced their value to men of value who can see past beauty and sexualization. Best-selling author and the host of The Rational Male Podcast Rollo Tomassi stated, "There is no 'hookup culture.' Women and the top 4.5% of men are getting laid. Statistically, there is no 'culture' involved." This means that most men would like to participate in hookup culture, but they cannot because they are not attractive enough, and women control their access to hookup culture.

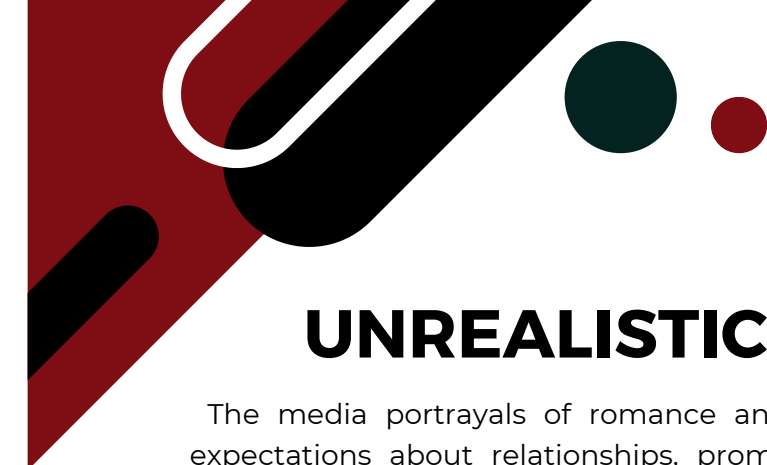
According to the Pew Research Center, 54% of women feel overwhelmed by the number of messages they received on dating apps in the past year, and only 25% of men feel the same. Meanwhile, 64% of men said they felt insecure because of the lack of messages they received, and 40% of women felt the same. Forty-four percent of dating app users say they turned to dating apps to meet a



long-term partner, while 40% say they want to date casually (Vogels, E.A., McClain, C, 2023). Taking a deeper dive into the tendencies of dating apps, OkCupid did a study on its users and found that women found 80% of the men on the platform unattractive. The study also found that women might minimally adjust their dating expectations to contact a date, while men are willing to go after women out of their league (Schoenwald, C, 2018). Even if a man makes it to the top 20% of men that women find attractive, still, because of their hypergamous nature, they truly only desire the top men, which Rollo Tomassi estimates are the 4.5% that get to participate in the culture. In hookup culture, lack of emotional connection prioritizes physical satisfaction that leaves individuals empty, primarily women, because they have a deeper emotional connection to sex. Whereas with men, sex is simply a biological release that only truly becomes serious if it leads to reproduction. Unfortunately, there could be peer pressure for women to conform and engage in casual hookups to fit in with societal norms, which may contradict their personal views. Since most men cannot participate and women control access to sex, if this were an issue that needed correction, it would begin with women. However, a bigger problem, fear of commitment, can make commitment extremely challenging, making casual hookups a default dating strategy.

FEAR OF COMMITMENT

In America and the West, there appears to be a widespread fear of commitment that leads individuals to avoid serious relationships. Just a quick reminder of the statement from Kevin Samuels: "Women control access to sex. Men control access to relationships." With hookup culture, women primarily influence the outcomes because they control access to sex. With fear of commitment, men primarily influence the outcomes because they control access to relationships. Both sexes influence the outcomes of a fear of commitment, but like women who have a greater influence in hookup culture, men have greater influence over fear of commitment. Past negative experiences or a fear of getting hurt can prevent people from fully investing in new relationships. Gamophobia is the term used to describe a fear of commitment or fear of marriage. This can keep individuals from enjoying a meaningful relationship. Past trauma like abandonment during childhood or adulthood, a painful breakup, and divorce can make a person afraid to commit. People with gamophobia could be unable to form lasting intimate relationships. They may experience extreme anxiety when in a relationship, constantly worrying about the end. They may feel anxiety when seeing a happily committed couple, and they may push people away or end relationships (Cleveland Clinic, 2024). Separating the fear of commitment between the sexes, men control access to relationships. So, the fears of men would be more relevant than the fears of women. This does not mean that women do not face a fear of commitment, but since men control access to relationships, their fears are more important to address. Perhaps the effects of hookup culture are a large reason for men having fears of commitment. Imagine, as a man, being on the outside looking in on hookup culture, watching women in their prime mating years, only giving easy access to sex to the top 4.5% of men they find attractive, as Rollo Tomassi estimated. Then, she ages, depreciating in her main agency beauty and fertility, compounded with absorbed trauma that stays unhealed, which may be too much for a man to commit to who is doing well in his life, especially for a woman who may have ignored that man in her prime mating years. So, it may be more than a fear of commitment for men. It is a bad idea and a bad deal for men looking for a long-term commitment to be involved with women who engage in hookup culture. Again, hookup culture is not all women's fault, and women do have legitimate reasons to be afraid of commitment. A study released in 2017 by the Journal of Women's Health involving 80,000 women showed that they became healthier from divorcing or separating from their husbands. The signs of health improvements range from better eating and greater physical activity to diastolic blood pressure, decreased waist size, and BMI (Scott, K, 2017). Then, there appears to be an emphasis on being 'happy' that women have the luxury to drown in more than men. With an institution as important as marriage and family, a woman being able to leave based on being unhappy can be unfair, financially cruel, and negatively impact a man's health. Relying on external sources of happiness leads to unhealthy and unrealistic expectations, while internal happiness might be the foundation for people to form lasting relationships.



UNREALISTIC EXPECTATIONS

The media portrayals of romance and societal pressure can create unrealistic expectations about relationships, promoting an idealized love. With movies, TV shows, and social media often portraying the perfect relationship, it can lead individuals to seek unattainable standards in partners. Most people come into a relationship with a preconceived idea about their treatment. Strong boundaries are healthy within your romantic pursuits because they show that you value yourself enough to want appreciation and respect. Unfortunately, it is easy for those ideas to morph into vast, unrealistic expectations. Both partner's mental health can suffer from trying to live up to impossible standards. Lovers can engage in unrealistic expectations by expecting their partners to read their minds. There is also the expectation to have a high amount of sex regularly (Hall, M, 2022). Back to Kevin Samuels' statement, "Women control access to sex. Men control access to relationships." It is safe to say that men get their unrealistic expectations from watching porn, and women get their unrealistic expectations from watching Disney fairytales caused by the desire to have instant gratification. For men, this comes from the release from porn or the low percentage of men that can participate in hookup culture, and for women comes from the variety of male attention they could attract, juggle, and extract resources from. In the fast-paced society Americans live in, people often expect immediate results in dating, leading to impatience and frustration when relationships require time and effort. Relationships are like an organic living creation. Every relationship is unique, and constant comparisons can be detrimental. Relationships should move at a mutually beneficial pace, but there will be times when one pace is faster or slower. This is where it is important to communicate. Honest communication gives partners a fair chance to show up and deliver. However, it can backfire as communication is challenging, meaning relationships will not evolve. It could be difficult to accept but can become easier once separated from unrealistic expectations. Patience may be the best way to find the most meaningful and virtuous relationships (Brown, L, 2015). The hardest pill to swallow is that by the time people get over their unrealistic expectations, the partner they end up with is their plan B or less option, which is at least a mild insult. The icing on the cake is that the top 4.5% of most desirable men that Rollo Tomassi referred to seem immune to sexual harassment and consideration for safety concerns, but the rest of men, especially outside of the top 20% are likely to get trapped in sexless marriages, accused of being a creep, and accused of sexual crimes.

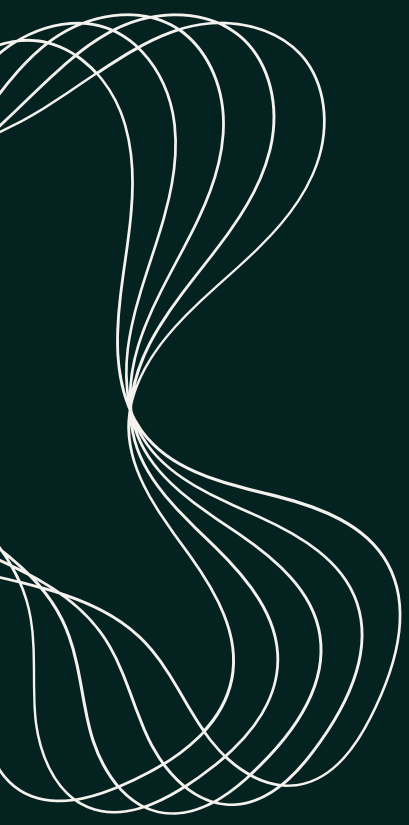




SEXUAL HARASSMENT AND SAFETY CONCERNS

Americans may be more cautious about dating due to the #MeToo movement, which created a heightened awareness around issues of sexual harassment and assault. Primarily among men, this has led to increased anxiety and confusion about how to interact with potential partners appropriately. This does not mean that women do not face legitimate sexual harassment and safety concerns. However, solving this issue becomes extremely problematic because the feminine nature is more concerned about how the message makes them feel instead of the merits of the message, and there are no polite solutions to solve this problem. It is fair game to call men creeps, perverts, and manipulative, but when criticizing women for how they dress in public, advertise themselves on social media, and send mixed signals with men they desire vs. men that they don't, but could still extract attention and resources from, it becomes victim blaming. Laws are extremely harsh on men who commit sex crimes in the United States, and they could socially, professionally, and financially destroy a man. Women who control access to sex barely face shame and criticism, and men who mostly struggle to get access to sex face the brunt force of the consequences. This could lead one to believe that there are no serious attempts to solve sexual harassment and safety concerns without honestly addressing the female contribution to the ugly world, making men scapegoats when men have so much more to lose by engaging in foul play. According to a 2020 Pew Research Center survey, Americans say an increased focus on sexual harassment and assault has muddied the waters in dating, especially for men. Sixty-five percent of Americans say the increased focus on sexual harassment and assault over the last few years has made it harder for men to know how to interact with someone they are on a date with, compared to 43% for women (Barroso, A, 2020). It is important to revisit the impact of online dating, which has grown in popularity in the digital age. Young women experience harassment on dating platforms, according to another 2020 Pew Research survey. With women under 35 years old, 65% of them say someone continued to contact them after they said they were not interested, compared to 27% of men in the same age range. Forty-four percent of younger female users say someone has called them an offensive name, compared to 23% of their male counterparts, and 19% of young women say they faced threats of physical harm, compared to 9% of their male counterparts (Anderson, M., Vogels, E.A., 2020). Sexual harassment and safety concerns can go both ways, impacting each gender. The focus primarily accuses men of engaging in this behavior against women while ignoring that only a small percentage of men engage in these unpleasant behaviors, and women who control access to sex can create an unpleasant culture with the way they present themselves. Underlying sexual harassment and safety concerns are communication challenges that advanced technology attempted to fix but may have made more complex.

Communication Challenges



Effective communication is crucial but often lacking in modern dating. There are toxic habits such as withholding affection, avoiding conflict, ghosting, and being overly possessive that are common. These are behaviors that undermine trust and intimacy, which can lead to unhealthy relationship dynamics. The ability to talk openly and honestly with people in their lives allows them to learn, share, respond, and forge lasting bonds. This is important for family and friends but particularly important when dating. To enhance relationships, honest communication can help in a variety of ways. Effective communication in relationships can minimize rumination. Instead of pondering over negative emotions, honest communication is where people discuss their concerns to resolve them effectively in a positive manner. Excellent communication can also lead to greater intimacy and less conflict. Effective communication does not solve all problems as there is a study published in the *Journal of Marriage and Family* that has found that, although there is a connection between communication and relationship satisfaction, good communication alone is not enough to predict how happy a person will be in a relationship (Cherry, K, 2023). There are people too broken to accept honest communication and raised in environments where poor communication is the norm and positive communication is repulsive. Then, when it comes to dating, it becomes a dance of manipulation where women primarily tell socially acceptable lies through their appearance, and men primarily tell comforting lies through words. What is the bigger concern, the lies told or the lies believed? Ghosting is the main course on the plate of poor communication. Abruptly ending communication without explanation reflects broader issues of poor communication in dating. Almost 25% of daters in the United States have faced ghosting by a romantic partner. This is according to a study published in the *International Journal of Environmental Research and Public Health*. Individuals who have experienced ghosting or a combination of breadcrumbing, in which an interest stays in contact with the other but nothing substantial to move the relationship forward, have reported less satisfaction with life and greater feelings of loneliness. Ghosting can be difficult for both parties involved as the perpetrator wants to avoid backlash and has safety concerns about directly revealing their lost interest, while the victim has their self-confidence and reality rattled. Individuals can become obsessed with checking their phones and modes of communication available that take over their mental and digital space. Opening to new partners involves anxiety, leaving people in a never-ending cycle of “what ifs.” (Tempura, J, 2023). Poor communication can cause issues that can harm one’s day-to-day activities, which is the last thing a relationship should do. Relationships should reciprocally add value to oneself and others. However, to be truly valuable to others, one must have a good relationship with themselves, good mental health and well-being, and high self-esteem.

MENTAL HEALTH AND WELL-BEING

There is a pervasive nature of toxic dating practices that have significant mental health implications, like increased stress, anxiety, and low self-esteem. Individuals should exercise wisdom by recognizing toxic patterns, avoiding them, and seeking healthier relationship dynamics through setting clear boundaries and open communication. Men do like the idea of relationships, but they are primarily there for access to sex. Women like sex, but they want access to a man's resources. YouTuber Coach Greg Adams brilliantly states that a woman wants a man's M.E.A.T. Money. Energy. Attention. Time., and men must protect this from women for their mental health, financial health, and well-being. It is like how a woman should protect, preserve, and cash out on her value in her prime mating years to achieve favorable dating outcomes and her mental health and well-being.

Myron Gaines, Fresh & Fit podcast host, commonly says that women are born with a value they should preserve, and men must earn their value, which most men do not. This is where men's mental health and well-being may suffer the most, having to accept that they are not attractive or valuable enough to command a quality relationship from a quality woman. Then, instead of using that as motivation to improve and become impressive, they become depressed, drown in misery, and lack ambition and drive to become valuable. Since men must earn their value, and women are born with value, it seems as if a man's mental health and well-being derive from his productivity and the value they add to society. And a woman's value is preserved by attracting a quality husband to help him raise a family. What better path is there?



The ugly truth is that there are components of a toxic relationship that are more appealing and exciting than stable, healthy relationships. For men, toxicity may lead to great sex, and for women, toxicity will give women a rollercoaster of emotions, unlock enthusiastic desire, and keep them hooked for more. Now, there is a distinction between a toxic and abusive relationship. They both involve harmful behaviors, but abusive relationships involve deliberate patterns of harm and control, as opposed to a toxic relationship that involves an unhealthy dynamic that does not always escalate to abuse but can still impact mental health and well-being negatively. Abusive relationships deliberately intend to control and harm others, while toxic relationships can be controlling and cause harm, but it does not necessarily involve deliberate intent (Charlie Health, 2024). Either way, individuals should blame themselves for entertaining a toxic and abusive relationship. Also, as much as society punishes abusive behavior, the victim should not act like a victim and take responsibility and accountability for not protecting their mental health and well-being by playing with the fire of a toxic and abusive relationship. Another ugly truth is that relationships are battles for power, covertly and overtly. However, women's methods to gain power appear to be more socially acceptable, while the methods men use face constant demonization.



GENDER DYNAMICS AND POWER IMBALANCES

Throughout American history, dating has become the ultimate power struggle between the sexes. Whether lovers want to admit it or not, in America and Western culture, ideals like feminism have programmed the sexes to be competitors as opposed to complementary. Within the relationship dynamic, men have mostly been in the position of power. Still, the relaxation of traditional gender roles has created power imbalances that can create tension and inequality in relationships. Revisiting Kevin Samuels, “Women control access to sex. Men control access to relationships”. Men primarily want sex from women, so she has power over them sexually. Women primarily want men for their resources, which men can acquire easily, so men have power because of their ability to obtain resources.

Misogyny, sexual objectification, and toxic masculinity coming from men appear to be the focus, even up to the corporate world and the greed of CEOs who are mostly male positions. However, there is very little focus on misandry, financial objectification, toxic femininity, and the greed that women have when it comes to dating. This proves that no matter how egalitarian society becomes, men tend to face the brunt of blame for unfavorable outcomes. So, shouldn't men be the head of important decisions if they are blamed for the outcomes? Power does play a role in relationships, but this is not always about submission and dominance. It should be about roles when facing a specific challenge or situation. These roles and ways of interacting and influencing a partner's behavior in a relationship are known as power dynamics.

However, when there is an imbalance of power, it can reveal itself with resentment, emotional distance, and endless arguments. Power imbalances in relationships often arise around finances, sexual intimacy, decision-making, and duties and responsibilities (Fishman, S, 2022). Couples need to be honest about the power imbalances in relationships and, more importantly, why they exist in the first place. Since men control access to relationships, the power and leadership may be better in their hands so that the relationship adds value to society. Are relationships just a show couples put on for others, or is it supposed to be a union where couples can plant a seed of a healthy community and nation? Men who lead should give women an outlet to express themselves without fear and shame, but women should understand that men who are not competent and do not assume leadership are the least attractive. Also, there is a time and place for fun and pleasure. However, for society, relationships play a key role in creating stability, and relationships where the gender dynamics are blurry and power imbalances confused tend to be the least stable relationships. Removing gender dynamics and power imbalances to combat misogyny, objectification, and toxic masculinity might make matters worse as they ignore that women play a role in creating a healthy society through their input to relationships/marriage. It makes men and women competitors when cultural and social expectations lean toward favorable outcomes if the sexes are complimentary.

Cultural and Social Expectations



Societal norms about gender roles and dating behaviors are confusing on a good day and toxic on the worst day. The pressure for men to pay on dates and initiate contact can reinforce outdated stereotypes, while women boldly claim to be strong and independent. Women often face scrutiny for their sexual choices and behaviors while still rewarded with the money, energy, attention, and time of desperate men. Instead of selflessness, American culture promotes individualism, which can lead to self-centered attitudes in relationships and a lack of compromise. To have a great relationship with others, it is important to have a great relationship with oneself. However, in the subject of dating, let us look at it from the viewpoint of the relationship with self, the relationship with the partner, and the relationship with the nation. Not enough Americans sacrifice how they feel and the pleasure they want to drown in for the better good of the country. So, although it is important for individuals to have a sense of independence, it is even more important to balance out their contribution to America (Sommer, R.M., 2019). Even though men control access to relationships, this does not mean the contribution to America solely falls on men to chase excellence. Women have a role in how appealing they make relationships outside of their beauty and sexuality, but instead with good behavior, a good attitude and outlook on life, and a good pattern of decision making. Politicians have a role in incentivizing dual-parent instead of single-parent households. Economic pressure involving financial stress and career demands can cause a strain on relationships, which makes it difficult for individuals to prioritize dating and partnership.

Men control access to relationships, and women control access to sex. However, the ideals of feminism have attempted to flip reality on its head by programming women to prioritize career over family and men's emotional connection and inclusivity over problem-solving and productivity. Then, politicians spread the icing on the cake with policies that create a weakened dollar, inflation, and an inflated cost of living, making it nearly impossible to adhere to social and cultural expectations. According to Experian, 1 in 5 (19%) 18–35-year-olds are ending their relationships due to financial issues. 1 in 3 couples admitted to only staying together because they fear not being able to afford to live alone. Also, for those who have parted ways with their partner, 47% are unsure how to financially break up with their partner, which could have long-term consequences on their finances (Experian Information Solutions, Inc., 2024). Cultural and societal expectations of dating have reduced since the infant days of America. Awareness is the first step to solving the problem, but the fiction novel *In Love With The Chimera* presents an entertaining solution to navigate *The United States of Heartbreakers*.

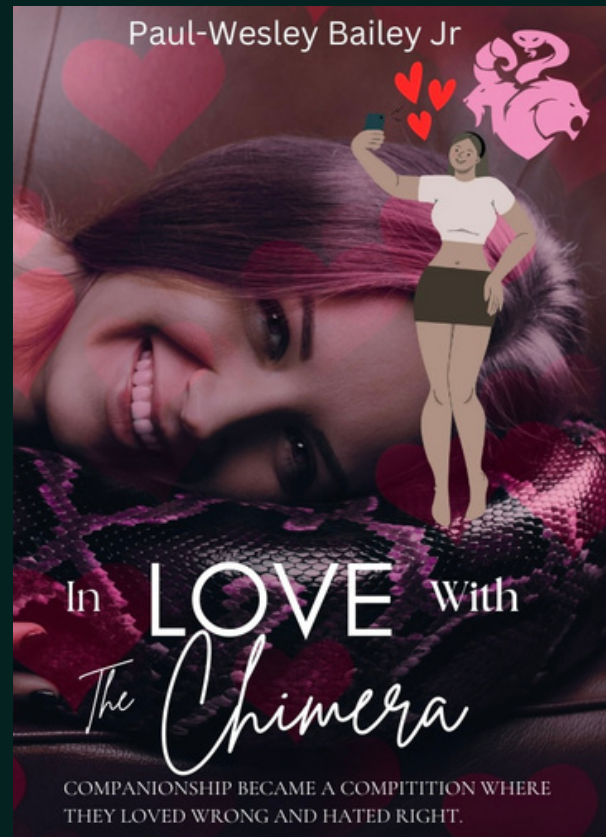
SOLUTION

The fiction novel *In Love With The Chimera* by Paul-Wesley Bailey Jr is a romance/ mystery/ thriller that explores the good, bad, and toxic nature of modern dating in The United States of America. The story is told from the point of view of three main characters: Christine Ferrari, Terrell Bryant, and Jason Jacobs. Each character has separate lives, but they all are in failing relationships. Jason Jacobs' failing relationship is the most compelling because he and his wife were celebrities before they met. Their romance was a dream relationship to fans, but behind closed doors, it was a nightmare that led to deadly outcomes.

Superstar boxer Jason Jacobs and reality star icon Sharon Cruz are the faces of a celebrity power couple. Struck with a personal tragedy, Jason reconsiders the direction of his career as his marriage is headed for failure. Instead of continuing in boxing, Jason enters Sharon's world of reality television by hosting a dating reality show called *In Love With The Chimera*, where twenty-five women in America will compete for his love in a series of challenges, obstacles, and battles.

Christine Ferrari is a kindergarten teacher who is in a failing relationship with her high school sweetheart, which ends because of abuse. Unexpectedly, Christine becomes a contestant to compete to be Jason's lover. Oddly, Christine rises to the top of the competition but is conflicted when she discovers that being at the top of this competition is at odds with her heart.

Terrell Bryant is a nightclub bartender and mixed martial artist who ends his relationship to explore a better option but learns brutally that some women are out of his league. Terrell gets to work on the dating show *In Love With The Chimera* with his idol Jason Jacobs. During the experience, Terrell's views on the nature of dating are updated, and he is now forced to view his idol as a monster after being exposed to Jason's dark secret that will change lives for better or worse.



In Love With The Chimera addresses the contributors to a toxic dating culture in America mentioned in *The United States of Heartbreakers*. Primarily the impact of technology, fear of commitment, hookup culture, unrealistic expectations, communication challenges, sexual harassment, and safety concerns. This novel exposes the toxic conditions in modern dating today and ways to navigate and avoid potential lovers' web of lies, manipulation, and abuse. This story presents an interesting dynamic, placing mixed martial arts against boxing. For women, it offers an exciting dating reality show where women will learn that in dating, the shiny object tends to blind them to red flags. This novel will also expose how easy it is for men to lose control over their mental health and well-being, causing abuse, sexual harassment, and safety concerns. This tale will bring awareness to how easy it is for women to make bad decisions in dating and even easier for them to escape accountability, responsibility, and the consequences because of a man's view of romance, blindly willing to clean up a woman's mess.

Overall, *In Love With The Chimera* will expose readers to the ugly truths about dating that love interests avoid addressing to manipulate and get what they want and need from each other. It will expose how the one with more leverage in the relationship may eventually dispose of the weaker interest, like a thoroughly juiced fruit. It will also expose how easy it is to move on to the next victim without them knowing that they are a victim because of how little control lovers have over their emotions, desires, and sexual urges. Lovers will learn that every fruit is not worth squeezing because of internal rot. Most importantly, lovers will be forced to confront the fact that true love begins with internal validation, and dependency on external validation will lead lovers closer to hate.



CONCLUSION

The toxic dating culture in the United States of America is due to a combination of social, technological, and cultural factors. Addressing these issues requires a deliberate effort to understand the negative impact of advanced technology, including smartphones, social media, and dating apps. The negative effects of hookup culture and the contributions of men, women, and government must be analyzed separately. The fear of commitment in the modern day needs rationalization and separation from emotions and sexual urges. Instead, align with the duty to society and the nation. The expectations of dating need correction. Instead of falling for superficiality and sexual desire, fall for character and value provided to each other if serious about commitment. Make bold considerations to how sexual harassment and safety concerns pollute male and female interaction and how contribution to the concerns can be sharply addressed if women dress more modestly. Also, men must learn to move on from women with low or no interest. Communication needs improvement between the sexes, as men must understand that words are a small part of communication, as body language and action are better indicators of a woman's interest. However, with women, as much as men could be better communicators emotionally, women must understand that it would extinguish attraction if men communicated the way women wanted. It is wise for people to protect their mental health and well-being by avoiding toxic relationships and behaviors, no matter how thrilling, exciting, and good the rollercoaster ride of the relationship feels or how great the sex is. The sexes must have the maturity to accept the gender dynamics and power imbalances in relationships that make men and women complimentary to each other instead of destructive to society as competitors. Last, social and cultural expectations need consideration when entering relationships, as self-serving relationships are cancerous to society. At the root, relationships are about the value added to society, and men tend to be better at leading to ensure that happens.

Relationships are not easy, but they do not have to be difficult either. Often, relationships are the uncomplicated way to escape the underlying problems individuals face, better addressed before entering the relationship, whether individually, with family, religious leaders, or professionals. It is not right for anyone to put their trauma and misfortune on others who have not caused the damage and are often trying to help. Relationships have a mutual interest to the participants and society. For love interests, relationships provide an arena to trade strengths, complement weaknesses, and provide a safe place to exchange pleasure and emotions. For society, relationships create the foundation, which is family. Strong family units mean a strong nation. Most importantly, children deserve a stable family structure growing up to have the best chance of competing in a fierce society as adults.

The fiction novel *In Love With The Chimera* by Paul-Wesley Bailey Jr is an entertaining solution to explore modern dating issues in America and promote self-reflection individually and reflection as a society.

Visit www.thoughtprovoking.space to learn more about and purchase the tale, and after reading, please consider leaving an honest review.

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