

2025 • Timetable

Commencing 01/01/2025

Time Slot	Monday			Tuesday			Wednesday			Thursday			Saturday		
09:00	09:15												REC (4>6 yrs)		
09:15	09:30														
09:30	09:45														
09:45	10:00														
10:00	10:15												REC (7>9 yrs)		REC (10+ yrs)
10:15	10:30														
10:30	10:45														
10:45	11:00														
11:00	11:15												ADV (13+) Junior & Senior		ADV (10-14) Youth
11:15	11:30	REC Todd & P. (1>4 yrs)													
11:30	11:45														
11:45	12:00														
12:00	12:15												REC Todd & P. (1>4 yrs)		
12:15	12:30														
12:30	12:45														
12:45	13:00														
13:00	13:15												REC Todd & P. (1>4 yrs)		
13:15	13:30														
13:30	13:45														
13:45	14:00														
14:00	14:15														
14:15	14:30														
14:30	14:45														
14:45	15:00														
15:00	15:15														
15:15	15:30														
15:30	15:45														
15:45	16:00														
16:00	16:15	ADV (>7) Pre-Mini	REC (4>6 yrs)		REC (4>6 yrs) & (7>9 yrs)		REC (4>6 yrs)		REC (4>6 yrs)		ADV (>7) Pre-Mini		REC (4>6 yrs)		
16:15	16:30														
16:30	16:45														
16:45	17:00														
17:00	17:15														
17:15	17:30														
17:30	17:45														
17:45	18:00														
18:00	18:15	ADV (7-11) Mini	REC (7>9 yrs)		TEAMS (7-11) Mini		TEAMS (13+) Junior/ Senior		TEAMS (10-14) Youth		ADV (7-11) Mini		ADV (10-14) Youth		REC (7>9 yrs)
18:15	18:30														
18:30	18:45														
18:45	19:00														
19:00	19:15														
19:15	19:30														
19:30	19:45														
19:45	20:00														
20:00	20:15	REC Youth Gym/ FreeG (12>16 yrs)													
20:15	20:30														
20:30	20:45														
20:45	21:00														
21:00	21:15														
21:15	21:30														
21:30	21:45														
21:45	22:00														