

This is a poem the Lord gave Kathleen Foster the morning of our interview:

This bio, others will see as you glorify me.  
Some are struggling with their walk with me  
It's simplicity that needs to come from my servant  
For the others to connect with what is being said.  
Then they do not get up in their heads  
Man's intellect has led many astray  
When it comes to their minds they're not being Spirit led  
It is by my Spirit that I want them to see  
Just how they can follow me  
If the painting is harsh to the sight  
Then that person didn't do something right  
There's a good chance it came from their mind  
And no beauty will they find  
This happens to everyone in their walk with me  
It is these differences that we need to see  
As we spend quiet time with the Lord  
Then we can walk in one accord  
As we let him unravel the abuse in our lives  
Then that creativity will come to the surface  
So you see we must cooperate with Holy Spirit to bring this about  
If not then that creativity will not come out  
When we work together we can achieve that goal  
Masterpieces come forth and the anointing will flow

Like so many of us, Kathy had to deal with her childhood as an adult. She was in counseling for 9 years to get rid of the trauma from her childhood, and it wasn't easy. But it was essential. She understands that because of the trauma she endured and received healing for, she can help others to heal.

"The devil tries so hard to destroy us as kids! 3 out of 4 women have been abused in some fashion." Shortly after her husband passed away, she was contacted by his adult son from a relationship years before he met her. He supported the son for 18 years but never told anyone about him. He was a secret son. "How many other secret

sons/secret daughters who were born out of wedlock are there?” Kathy wondered. Ironically, her husband grew up not knowing his mother. Patterns so often repeat themselves.

Kathy grew up in Marinette, WI.

When asked, “Did where you grew up effect the way you look at your art?” She answered, “I don’t think so. At that time I didn’t know I was an artist. I doodled when I was a kid, but other than that, no. When I was in bible school, in Tulsa OK, back in 1985,86 I had a dream and I saw this beautiful yellow rose with a swallowtail butterfly and the first thought that hit my brain was, Lord, who can paint that for me?”

It wasn’t until years after my husband and I moved to Cocoa Fl, that I began to watch Bill Alexander and Bob Ross on TV. And I said, Lord, I wonder if I can do that! And that’s how I got started, about 35,36 years ago. But I didn’t know if I could draw, so Holy Spirit led me to this little class where a lady taught me how to draw!”

Other than seeing TV classes and the drawing class that she took, there was no formal training as an artist.

Kathy was saved in 1982, at her kitchen table, April 7 at 2:30 in the afternoon. “I’ll never forget that because that was the day that load was lifted off my shoulders.

She sold Tupperware for a while before that and her manager made her a little plaque, that read, “Behold, old things have passed away, new things have come.” She meditated on it for 2 years and it made no sense what so ever! Later on she found the quote in an issue of Charisma Magazine. She had no idea that it was scripture!

I asked her, “How has your relationship with the Lord effected your art?”

“It goes right along with the poems.” She replied, “He taught me early on to have quiet time with him, I’d be praying in tongues and I

would just wait. And then the poetry came. I didn't know they were prophetic. I just knew that he was talking to me. I want it so simple that other people can understand. When the pen is in your hand, or your brush, the anointing is going to flow. Maintaining a regular quiet time is not difficult! "People get all up in their heads and they try to figure stuff out and they're not going to." And then it becomes a frustration and people quit.

"When I started to paint, I pretty much did the same thing, I'd get a canvas and find something that I liked and I just started sketching it. But the Lord told me what to do. I did a picture of an osprey with the wings out, with the babies, and He told me, 'When you get the angles right, the bird's going to come alive. The more layers of paint I put on the more real the painting is. 'Line upon line, precept upon precept' and patience, not being in a hurry."

3 or 4 days before her 77th birthday the Lord showed her a key for something that she'd dealt with all her life, but she didn't know what it was. She found out that she was a high functioning autistic adult. That's why the Lord gave her the painting and the gift for words. Because she didn't have to explain the art, the beauty is there. He said the blooming inside of her is coming out for everyone to see! "And with the writing I can put my thoughts down on paper, where they are cohesive so people can understand it, because otherwise, I'm scatterbrained.

She used to think of autism as a monster but not anymore. The Holy Spirit knew it was there and circumvented that whole thing. That's what she meant by, "If it's coming from the mind, it's not coming from Him. The inspiration has to come "Spirit to spirit." When I hook up with Him, I fly! There is no impediment at all. And that's what happens with the paintings. He's an awesome God!

Her first published book:

Is There More To Life Than Being Miserable? Learning the Unforced Rhythms of Grace

Holy Spirit led poetry

Available on Amazon

[https://www.amazon.com/There-Miserable-Learning-Unforced-Rhythms/dp/1480260363/ref=sr\\_1\\_1?crid=KJDDWPCGIO9R&dib=eyJ2IjoiMSJ9.R8PI464Ilc9p7XZv4IK8Mi06jMDldjppqQkputdgmXL2BP1TamE7\\_oq27nf2vOpll\\_ZSuTQoGi1PkbmAhP0Dcg.tLMjHEE2Cus6PITyezqUdAsInOx2Vcrau-R3BISkpc&dib\\_tag=se&keywords=is+there+more+to+life+than+being+miserable?&qid=1709491522&sprefix=is+there+more+to+life+than+being+miserable+,aps,106&sr=8-1](https://www.amazon.com/There-Miserable-Learning-Unforced-Rhythms/dp/1480260363/ref=sr_1_1?crid=KJDDWPCGIO9R&dib=eyJ2IjoiMSJ9.R8PI464Ilc9p7XZv4IK8Mi06jMDldjppqQkputdgmXL2BP1TamE7_oq27nf2vOpll_ZSuTQoGi1PkbmAhP0Dcg.tLMjHEE2Cus6PITyezqUdAsInOx2Vcrau-R3BISkpc&dib_tag=se&keywords=is+there+more+to+life+than+being+miserable?&qid=1709491522&sprefix=is+there+more+to+life+than+being+miserable+,aps,106&sr=8-1)

Her next book will be titled, The Conversation with Holy Spirit.

You can see Kathy's paintings on her Facebook page:  
<https://www.facebook.com/kathleen.Parilla.1441>

Or on her website:  
[creationscomingforth.com](http://creationscomingforth.com)