

Alison Hood

Trauma-informed Supervisor, Therapist, Resilience Coach, Academic Teacher, Trainer

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Service agreement: individual clinical supervision / professional consultation

Please also refer to the group supervision guidelines on the website as relevant

Aims: support and enable supervisee/consultee to reflect in depth on issues affecting practice; empower ongoing personal and professional development; and uphold intentional health and self-care practices to mitigate the risks of vicarious trauma and burnout.

Goals: optimise health and vitality of supervisee/consultee; and sustain a high quality, ethical and safe service for the benefit of clients and community.

Content of appointments: to be discussed and agreed by supervisor/consultant and supervisee/consultee and to include time for reflection on issues arising during the session. Relevant organisational policies will be discussed and adopted.

Logistics: appointments to be booked online at regular intervals by supervisee/consultee. Both parties are free to terminate the professional consultation services at any time. Appointments may be provided by telephone or Zoom videoconferencing.

Liability: supervisee/consultee will maintain relevant professional liability insurance and professional accreditation, registration and licensing. Supervisee/consultee will not be covered by professional liability insurance held by supervisor/consultant. Supervisor/consultant is not the employer of the supervisee/consultee and is not responsible for any acts or omissions of the supervisee/consultee.

Confidentiality and limits: the supervisory relationship is strictly confidential. Content of sessions will not be discussed with, or reported to, third parties unless expressly agreed by consultee and consultant. Confidentiality is breached only if unsafe, unethical or illegal practice(s) are identified or disclosed (see also *notification of risk*).

Notification of risk: Supervisee/consultee will manage and notify risk in accordance with own/employing organisation's policies & procedures. Supervisee/consultee is not responsible for notifying supervisor/consultant of risks identified between appointments. If risk is identified or disclosed during an appointment, this will be discussed and explored with next steps being agreed as relevant. The supervisor/consultant is a Mandatory Reporter.

Fee*: a one-hour session (Zoom/phone), or part thereof, is payable at the time of booking (self-funded) or invoiced after the appointment (employer-funded). Discounted rates are available for low-income social justice agencies. Group supervision is offered at discounted rates (PACFA affordable group supervision scheme) to support low-income practitioners and agencies: (payment online at time of booking).

Cancellation fee: for terms and conditions please refer to website at the time of booking.

This Agreement is for the current financial year: terms and fees are subject to change.