

## Alison Hood

### Trauma-informed Supervisor, Therapist, Resilience Coach, Trainer

Psychotherapy & Counselling Federation of Australia PACFA Reg. Clinical Supervisor 22304

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IAAN Certified Neuropsychotherapy Practitioner

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## Service agreement: individual supervision / professional consultation

*Please also refer to the group supervision guidelines on the website as relevant*

**Aims:** supervisee/consultee reflects in depth on issues affecting their practice; empowers their ongoing personal and professional development; and sustains effective and intentional health and wellbeing practices (self-care, collective-care activities) to mitigate the risks of vicarious trauma and burnout.

**Content of appointments:** to be discussed and agreed by supervisor/consultant and supervisee/consultee and to include time for reflection on issues arising during the session. Relevant organisational policies to be discussed and adopted.

**Logistics:** appointments to be booked at regular intervals by supervisee/consultee (monthly or fortnightly for practitioners working with complex trauma issues). Both parties are free to terminate the professional consultation services at any time.

**Liability:** supervisee/consultee to maintain relevant professional liability insurance and professional accreditation, registration or licensing. Supervisee/consultee will not be covered by professional liability insurance held by supervisor/consultant. Supervisor/consultant is not the employer of the supervisee/consultee and is not responsible for any acts or omissions of the supervisee/consultee.

**Confidentiality and limits:** the supervisory relationship is strictly confidential. Content of sessions will not be discussed with, or reported to, third parties unless for a specific reason as agreed between supervisee/consultee and supervisor/consultant. Confidentiality is breached only if unsafe, unethical or illegal practice(s) are identified or disclosed (see also *notification of risk*).

**Notification of risk:** Supervisee/consultee will manage and notify risk in accordance with own/employing organisation's policies & procedures. Supervisee/consultee is not responsible for notifying supervisor/consultant of risks identified between appointments. If risk is identified or disclosed during an appointment, this will be discussed and explored with next steps being agreed as relevant. The supervisor/consultant is a Mandatory Reporter and adheres to the Code of Ethics (2017); the AAOS Ethical Guidelines (2017); and all state and national legislation including the Privacy Act (1988).

**Fee\*:** a one-hour session, or part thereof, is payable at the time of booking (self-funded) or invoiced after the appointment (employer-funded). Discounted rates are available for low-income social justice agencies.

**Cancellation fee:** for terms and conditions please refer to the website at the time of booking. If needed, you are welcome to reschedule your appointment online. As I offer a limited number of appointments each week, please aim to reschedule or cancel well in advance of the booked appointment.

*Ends/*