

To All Of Our Members,,
COVID-19 has certainly gained the attention of our nation and world these past couple of weeks. Our little studio space is no exception. Please know that your health and safety are of the utmost importance. My members mean the world to me and I want nothing but the best for each of you. With that in mind I want you each to know a few changes we are making in our space.

I am instituting a wash in and wash out policy for each member. We have three sinks available for hand washing. Please thoroughly wash hands prior to preparing for class and after putting away equipment after class.

I am also asking members to stay home if you are experiencing any of the following symptoms:

- Fever of 100.5 or greater
- Repeated cough or sneeze
- Congestion
- Unusually lethargic

Instructors are being asked to clean and disinfect equipment and high touch areas such as handles and knobs following each class. We are using a safe, hospital-grade sanitizing and disinfectant solution for our studio space to ensure the cleanest and safest environment possible. For more information about our cleaning solution visit [here](#).

I am forever grateful for all of the patrons that enjoy Julie's Fitness Studio. Together, I want to keep us all healthy while remaining safe. It will take all of us working together. Thank you for your continued business and support.