A USA Top 50
Mental Health
Podcast

CATIE AND ERIK'S

# INFINITE OUBST

AN ADHD ADVENTURE





To create a safe, relatable space in which to educate and advocate for our community, while fearlessly exploring – with humor and vulnerability – the honest realities of living with mental illness.

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#### WHAT IS INFINITE QUEST?

Infinite Quest is a vulnerable, funny, weird, and always heartfelt conversation between two best friends who share the common thread of ADHD and depression. Episodes range from interviews with top scientists and mental illness advocates to TikTok celebrities, musicians and more. We explore the weird nuances of life-- relationships, sex, kink, cleaning, chores, reading...everything and everything that is affected by life with a chaotic brain.

Also they play DnD.

### WHY INFINITE QUEST?

There are many, many podcasts about ADHD, but the vast majority are from the perspective of psychologists and researchers talking about the science behind ADHD -which is awesome, but there aren't as many talking about how hard it is to remember to shower. On Tiktok, we found a vast and vibrant community looking for relatable and accessible content about the real-life experience of living with ADHD, and that's why Infinite Quest was born-- we wanted to share our struggles, our successes and our resources with the community...



## WHO IS CATIE OSBORN?



Catie is an Atlanta-based performer, actor and general all-around nerd. She holds two masters degrees and is deeply passionate about ADHD advocacy and education. As co-host of Infinite Quest, she is in charge of the nerd rants and Shakespeare diversions, Catie has been heard on the American Sex Podcast with Sunny Megatron, Mental Illness Happy Hour, Adulting with ADHD, the Penguin Magic Podcast, the Hurly Burly Shakespeare Show, multiple NPR affiliates and the Shezam Magic Pocast. She has also performed at the Kennedy Center. Her TikToks have been featured on Mashable, which was a weird day.

#### WHO IS ERIK GUDE?

Erik is a classically trained guitarist, artist, performer and sourdough expert currently living in California. His educational (and funny) tiktoks on ADHD and depression have gar<mark>nered him</mark> national attention as a non-traditional student and educator. As cohost of Infinite Quest, he is in charge of music education, teaching Catie about algebra and editing the audio. He has been featured on the podcasts Gainin' Fast on Memphis, Adultfluent, Adulting with ADHD, and also is a world-class coffee stirrer model builder.



True story.

# 105 INFINITE QUEST BY THE NUMBERS

The coolest part of Infinite Quest is that our community is growing... constantly. Just three months after starting

Infinite Quest, here's where we are



Tiktok: 1.5 Million+ Followers Twitch: 7,700 followers- ₽ Partner Status! Average Monthly Views: 37.5+ Million Average Weekly Podcast Listens: 2,700+ Instagram Followers: 25,000 Youtube Followers: 41,000 Discord Fan Club: 4,500 Members

Twitter: 5,000 (we're working on it!)

#### WHERE IS INFINITE QUEST?

Infinite Quest releases every Thursday (most of the time) and is available on Sticher, Amazon, IHeartRadio, Spotify, Amazon, and wherever else you listen to podcasts. Exclusive bonus content is released on Patreon, and grab bag episodes are released on Tuesdays.



#### **HOW DO I CONTACT YOU?**

Find us on online: @catieosaurus | @heygude Visit our website: www.infinitequestpodcast.com

www.catieosaurus.com

Drop us a line: infinitequestpodcast@gmailcom

#### WHAT ARE PEOPLE SAYING?

The PERFECT blend of humor, wit, and honesty. I feel like I'm getting to know these two! They speak on very real subjects and I feel like I'm getting to know myself more by listening to what they have to say.

It has been so beyond cathartic and validating to hear these conversations about ADHD and people living with ADHD. I can't express how much it has made a difference in my life.

Catie has literally changed my life. My whole life I've thought there were so many things about me that were moral and personal failings. I've gained a new perspective into my ADHD, and my outlook, self-worth, and happiness have increased infinitely.

> What's a castpod? - Catie's Mom

The perfect blend of humor, education, and heart. Catie and Erik have an electric chemistry and bring top tier guests to discuss mental health and other topics. Everyone that loves a neurodivergent person in their lives needs to check these guys out

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#### HAVEN'T I SEEN YOU SOMEWHERE BEFORE??

Catie and Erik get around.

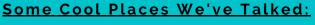
#### Some Cool Places We've Been Published

The New York Times
Cosmopolitan Magazine
Escapist Magazine
Mashable (twice)
ADDitude Magazine [Recommended Creators]
i-D (Vice)

#### Some Cool People We've Talked To:

The Mental Illness Happy Hour with Paul Gilmartin American Sex with Sunny Megatron (twice!) Adulting with ADHD Podcast

Shezam Podcast HurlyBurly Shakespeare Hour



The Kennedy Center DragonCon GenCon

PlayOn Con

MagicLive

DragonCon ComedySportz World Cha

GeekBeaconFest



## **ABOUT INFINITE QUEST:**

InfiniteQuest rose to popularity in the neurodivergent community for its frank discussions on living with ADHD and depression, but found its stride in the gaming community after they launched ADHDnD, a live-play DnD game that highlights disability and neurodiversity in real play. Their enthusiasm for table top games opened discussions about inclusivity and neurodiversity in TTRPGs and console gaming in a long-form format for an audience of around 250,000 listeners.

Their DnD characters, Helvetica the tiefling cleric and Blumken the half-orc barbarian, have guest starred in a number of popular live-play DnD campaigns, including LarkNetwork, Adventure, Inc, DiceCreamSandwich and more, and have given them the opportunity to become full-time content creators and professional DnD players.

Besides DnD, they play Minecraft- their QuestCraft project, an all-neurodivergent Minecraft server geared towards inclusivity and accessibility, recently launched and has allowed them to open the conversation even further in the digital sphere. Their secondary campaign, based in the Star Wars Edge of the Empire play system, will premiere May 4th, 2022.

Their work has been seen in Cosmopolitan Magazine, The New York Times, Haaretz, GQ, VICE, Medium, Mashable, Bustle, InStyle, and more. They've been seen on the American Sex Podcast with Sunny Megatron, The Mental Illness Happy Hour with Paul Gilmartin, Prodigy, The Doctors, Carte Blanche, and a host of others.

Their most recent convention appearances inclue DragonCon, ECCC, Pax Unplugged, MomoCon, GenCon, PlayOnCon, GameHole Con, GeekBeacon Fest (and several more) this year, where they hosted several panels on inclusivity, accessibility and neurodivergence at the gaming table as well as doing live show podcast recordings.

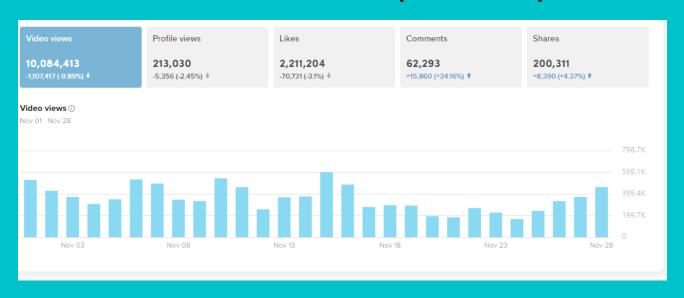
Their first book on ADHD & relationships is slated for publication in 2022.

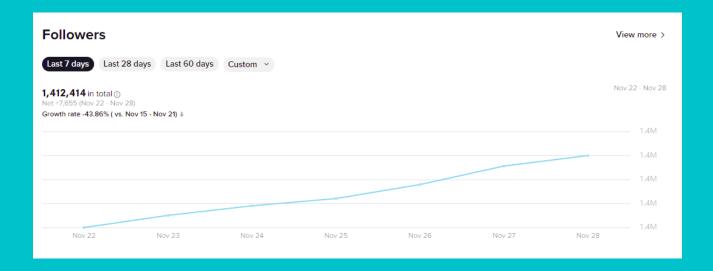


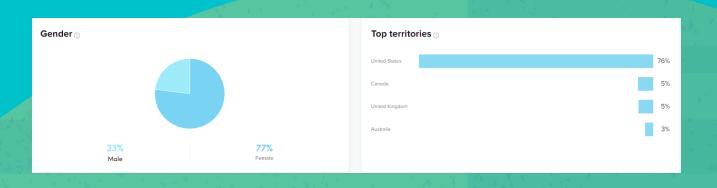
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#### **CATIEOSAURS BY THE NUMBERS**

## NOVEMBER 2021 AUDIENCE DEMOGRAPHICS (TIKTOK)

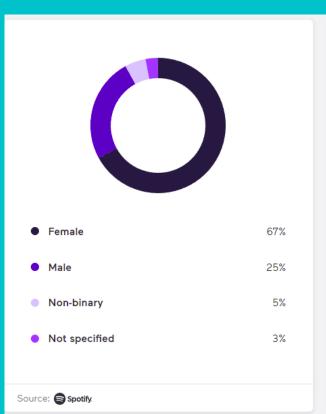


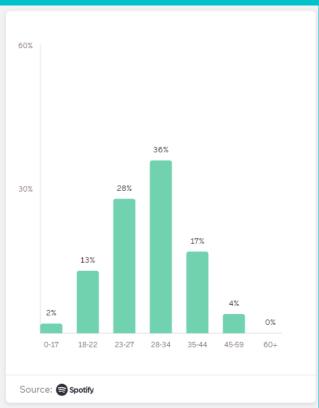




### INFINITE QUEST BY THE NUMBERS

## NOVEMBER 2021 AUDIENCE DEMOGRAPHICS





## NOVEMBER 2021 PLATFORM DEMOGRAPHICS

