

pumping

with STYLE and EASE
anywhere you go.

To help you find more comfortable
and less noticeable ways of
wearing your pump, try one of
these items.



Contemporary Leather Case

Available in black, camel and
brown, this stylish pouch was
made especially for the business
wearer. The Velcro® flap gives
easy access to the pump when
you're in a meeting or on the run.



Waist Pouch

Designed for all insulin pump
models, this soft pouch will keep
your pump secure as you go
about your daily life, while at the
gym, or even while you sleep.



Children's MiniPack

Available in white or denim, this
soft-padded mini-backpack has
elasticized, adjustable straps to
stow the insulin pump out of
reach from prying fingers, and
the insulin pump is safely and
securely in place during those
fast-moving soccer and baseball
games.

For **free shipping**
and convenient home delivery, order online
<http://store.medtronicdiabetes.com>

▶ **review** your
Introduction to Pump
Therapy booklet and the
online pump school at
www.medtronicdiabetes.com/help/



▶ **find** a Patient Information Event
(PIE) in your area at
www.medtronicdiabetes.com/events



achieve

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TIPS FOR NEW USERS



healthy

Embarking on the Journey



active

Transitioning to
Insulin Pump
Therapy
to Live Life to
Its Fullest!



lifestyle



new

welcome to the Medtronic Family!

Congratulations on choosing
insulin pump therapy to manage
your diabetes. As a new pump
user, you might feel overwhelmed
as you adjust to the insulin pump.
At Medtronic Diabetes we will be
with you every step of the way to
make your journey a smooth one.

remember,
if at any time you have a
question, contact:

▶ **Our 24-hour
HelpLine at
1-800-646-4633**



▶ **Your Medtronic
Diabetes sales
representative**



▶ **Your healthcare
provider**



a smooth road to Blood Glucose Control

begin



When you first start pump therapy, you may see your blood sugar levels going up and down. This is normal; it takes time to arrive at the optimal settings.

▶ When faced with hypoglycemia, follow the Rule of 15:

1. Consume 15 grams of a fast-acting carbohydrate such as:

- ✓ 4 glucose tablets
- ✓ 4 ounces of juice or non-diet soda

2. Check your blood glucose again in 15 minutes.

3. If they are still not above 70 mg/dl, repeat steps 1 and 2.

15g



▶ When faced with hyperglycemia:

1. Consult and follow your Bolus Wizard® calculator and give a correction bolus as directed.

2. Recheck your blood glucose in 1 to 1½ hours.

3. If blood glucose is still high or higher than the previous reading, give a corrective bolus using an insulin syringe and change out your infusion set.



If at any time blood glucose is higher than 250 mg/dl, check for ketones.

If ketones are mild	If keytones are moderate to high
<ul style="list-style-type: none"> ✓ Give insulin by syringe ✓ Change infusion site ✓ Drink water ✓ Monitor blood glucose closely 	<ul style="list-style-type: none"> ✓ Give an injection ✓ Drink water ✓ Call your doctor



Map out effective infusion set management

Getting used to infusion sets is often the biggest roadblock for new pumpers. So here are some tips to avoid complications down the line.

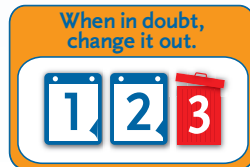


new



change your infusion set every 2 to 3 days

as recommended by the U.S. Centers for Disease Control and Prevention (CDC)¹. Regularly changing your infusion set and reservoir can help prevent:



- ✓ infection¹
- ✓ unexplainable highs²
- ✓ scarring³
- ✓ fatty tissue buildup^{4,5}



rotate your infusion site each time you change your infusion set.

This helps promote healing and ensures the future availability of many healthy infusion sites. For maximum effectiveness, consider using methods below, alternating between them. Please note you can also use the back of the arms, lower back, and outer thighs as sites.



"Clock" Method



"M" and "W" Method

implement



prime the infusion set to ensure immediate delivery of insulin.

Before inserting the infusion set, manually prime the insulin pump.

Once the infusion set is inserted, remember to "Fix Prime" your infusion set. See the chart below for indications.

Priming Amounts

Quick-set®	0.3 ml (6mm)	0.5 ml (9mm)
Silhouette®	0.5 ml (13mm)	0.7 ml (17mm)
Sof-set [™]	0.3 ml (6mm)	0.5 ml (9mm)
Sure-T [™]		none



watch for air bubbles or kinks in the tubing.

These can lead to missed insulin delivery, resulting in unpredictable blood glucose. Air bubbles and kinks may be a result of improper infusion set change technique. Please refer back to the Instruction CD that was provided within the insulin pump box or call our 24-hour HelpLine at 1-800-646-4633 for assistance.



learn more

about effective infusion set management at www.medtronicdiabetes.com/infusionsets/

remember, if you are consistently hypo- or hyperglycemic, be sure to contact your healthcare professional.