

Emotional Detox

This is a Solo experience. Upon arrival you will be shown to a quiet/private room where you will spend 30 minutes laying on the warm AO Infinity PEMF Mat to relax, re-balance and ground. Next, you will choose which part of the Wellness Barn you feel most comfortable in from the spacious living area, to a walk through the forest, tucked in a warm blanket around the outdoor fire pit or snug in the cozy crooked cottage, some dependent on weather.

There you are free to speak openly about everything you're feeling, in a safe space, away from the judgement of others. I will listen and gently guide you to go deeper to hopefully discover the root of any triggers you may be experiencing and offer tools to help you release them. You will leave feeling supported and full of hope. You will also take home a unique to you Emotional Detox homeopathic remedy to help you maintain balance.

In addition to the **homeopathic remedy** and **AO Mat experience**, you will receive a 20% off coupon for any in-barn purchases made during this experience.

This a 2 hour experience.

This price includes everything above. You will also enjoy a delicious cup of tea, a light snack and a glass of high energy Hydrogen/MRTE Quantum water.

Solo price: \$200.00

