



3 & Me

Steeped In Serenity

A Tea & Reiki Ritual

This intimate experience invites participants to slow down and reconnect to the subtle language of the body. Through the gentle ritual of tea and the healing flow of Reiki, guests move from tension to tranquility, leaving grounded, renewed, and more attuned to their inner calm.

You'll combine sensory herbalism (tea tasting + aroma meditation) with energy alignment (Reiki-infused relaxation). It's part ceremony, part self-care, part soulful pause.

*1 person - \$95
2 people - \$140
3 people - \$165*