## \*Girl's Day Out\*

During this experience you and your besties will experience the magic of the Infared Sauna and chose a Chromotherapy as well to compliment the session. After, you will relax in the kitchen area and learn how to make a fresh extraction that is hydrating and highly nutritive after a good sweat. During this time you'll learn about and taste many different healing juices that are not only delicious but support specific wellness goals.

Everything above is included in the price. You will also receive a 20% off coupon for any other in-barn purchases made during this event.

This is a 2 hour experience.

This price includes everything above. You will also enjoy a glass of high energy Hydrogen/MRTE Quantum water both before and after the sauna session.

Solo price: \$150.00

2 Guests: \$225.00

3 Guests: \$300.00