

Summer Wellness Kit

During this experience you will fill your own Summer Wellness Kit with a variety of supplements to address physical environmental stressors that can arise during the Summer season. These supplements and specific instructions will enable you to efficiently aid yourself and your family members in a natural manner. Not only will you receive supplements but a solid list of what to use in your kitchen as first aid. This experience will be offered seasonally but the supplements will change so that you can build a full first aid kit for your family.

Here is a short list of what will be addressed. Keep in mind most of the supplements address multiple issues, of which we will discuss. Bring a notepad to this experience.

***Upper & Lower Respiratory / Allergy**

***Insect Bites, Including Tics**

***Sprains, Strains of Muscles / Tendons / Ligaments**

***Intestinal Issues: Vomiting & Diarrhea**

***Safety in the Sun**

You will leave with **11 full-sized supplements**, possibly a few samples, and specific instructions on how to proceed. You will also receive a 20% off coupon for any other in-barn purchases made during this event to cover anything that you specifically need that wasn't covered.

This is a 2+ hour experience.

This price includes everything above (\$320 for supplements/supplies per person) You will also enjoy a delicious cup of tea and a light snack.

Solo price: \$420.00

2 Guests: \$750.00

3 Guests: \$1,035.00