

pH Balancing Act

When urine pH is between 6.4 and 6.6 the body can uptake and assimilate even the heaviest minerals, including Iodine. When the body is out of that range it cannot. This can lead to a variety of issues such as osteoporosis, cancer, a lack of collagen, constipation, the common cold or acid indigestion to name just a few. Our body must be mineralized to work efficiently, just as a car needs gas to run.

Before this class you will receive a test-prep protocol so you're ready to test your urine pH upon arriving. You will learn why it matters and how to bring it to balance. Each guest will be supplied with pH strips, a bottle of needed **calcium**, a bottle of my favorite **minerals** a chart to help prepare balanced meals and another to help balance your pH to take home and a 20% off coupon for any other in-barn purchases made during this event.

This is a 2 hour experience.

This price includes everything above (\$150 value per person) plus a delicious cup of tea, a light snack and a glass of high energy Hydrogen/MRTE Quantum water.

Solo price: \$225.00

2 Guests: \$400.00

3 Guests: \$550.00

