



3 & Me

## Wildcrafted Beauty

Create your own plant-based skincare using herbs that nourish, soothe, and glow from within.

This intimate, hands-on session explores the art and energetics of herbal skincare. Participants will learn how to blend simple, luxurious products from whole plants — focusing on nourishment, ritual, and self-love rather than perfection or performance.

You'll discuss the skin as an organ of elimination, reflection, and connection — and explore how the nervous system and emotions affect outer radiance. Then, you'll craft one signature herbal beauty product while learning the why, not just the how.

1 person - \$95  
2 people - \$140  
3 people - \$165