

November, 2022

The VINE

"The Real Dirt from the Keyport Garden Club"

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Events to catch:

(Please note: some events require fees and/or preregistration)

Tuesday, November 1

12:00 - 1:00 p.m.	Lunchtime Tour	The Scott Arboretum of Swarthmore College, online
6:00 p.m.	Amaryllis/Daffodil Workshop	Sunrise Senior Living, Shrewsbury
6:30 - 8:00 p.m.	Growing Native Plants from Sow Much to Know	Davidson's Mill Pond Park, South Brunswick
7:00 p.m.	Native Trees for Small Spaces	Frelinghuysen Arboretum, online

Wednesday, November 2

7:30 - 9:30 a.m.	Autumn Wake Up Bird Walk	Manasquan Reservoir, Howell
10:00 a.m. - 3:00 p.m.	Symposium: Need for Seed: Strategies for the Northeast	Native Plant Trust, online
1:00 - 2:00 p.m.	Wednesday Walkabout	Jenkins Arboretum, Devon, Pennsylvania
1:00 - 3:00 p.m.	Hardy Plant Society Private	Federal Twist, Stockton

	Garden Visit	
5:30 - 7:00 p.m.	Hump Day After Work Hike	Rancocas Nature Center, Westampton
7:00 p.m.	Jersey Friendly Yards: Landscaping with Drought- Resistant Native Plants	Mercer County Master Gardeners, online

Thursday, November 3

9:30 - 10:30 a.m.	Cape May Songbird Stopover Project: Banding Demo	South Cape May Meadows, Cape May
10:00 a.m. - 3:00 p.m.	Symposium: Need for Seed: Strategies for the Northeast	Native Plant Trust, online
11:30 a.m. - 12:30 p.m.	Fall Tree ID	Van Vleck House and Gardens, Montclair
1:00 - 2:20 p.m.	Fall Foliage Walk	Snug Harbor Cultural Center and Botanical Garden, Staten Island, New York
1:00 - 3:00 p.m.	Break into Birding	State Park, Cape May Point
2:00 - 3:00 p.m.	Cold Hardy Fruits and Nuts	The Garden Conservancy, online
4:00 - 5:00 p.m.	Gardens and Tonic: A Lazy Horticulturalist's Guide to Gardening Near a State Park: How To Garden with Deer and Not Get Angry	The Scott Arboretum of Swarthmore College, online
6:30 - 8:00 p.m.	Basics of Beekeeping	Rutgers Cooperative Extension of Cape May County, Cape May Courthouse
7:00 - 8:00 p.m.	Learning Native Lenape Plants	Bowman's Hill Wildflower Preserve, online

Friday, November 4

8:30 a.m. - 12:30 p.m.	Half Day Friday Bird Walk	Sandy Hook, Middletown
9:00 a.m. - 3:30 p.m.	Best Management Practices for Tree Care	Rutgers NJAES Office of Continuing Professional Education, online

Saturday, November 5

7:30 - 9:30 a.m.	Fall Migrants	Rea Farm-The Beanery, West Cape May
8:00 - 9:00 a.m.	Morning Walk	Scherman Hoffman Wildlife Sanctuary, Bernardsville
8:00 - 10:00 a.m.	Fall Bird Hike	Awbury Arboretum, Philadelphia, Pennsylvania
8:30 - 11:00 a.m.	Bird Walk	Hatfield Swamp, West Caldwell
9:00 a.m. - 1:00 p.m.	Fall Foliage Tour of Monmouth County	Thompson Park, Lincroft
9:00 a.m. - 1:00 p.m.	Autumn Dendrology Course	Duke Farms, Hillsborough
9:00 a.m. - 3:30 p.m.	Fall Conference: Native Plants: Sustaining and Restoring Life	Native Plant Society of New Jersey, online
9:30 a.m. - 12:30 p.m.	Tackling Invasive Species in the Fall	Ridge and Valley Conservancy, Hardwick
10:00 a.m. - 12:00 p.m.	Brighten Your Winter Garden	Deep Cut Park, Middletown
10:00 a.m. - 12:00 p.m.	Nature Walk	Harrier Meadow, North Arlington
10:00 a.m. - 5:00 p.m.	Closing Day	Greenwood Gardens, Short Hills
11:00 a.m. - 12:00 p.m.	Carnivorous Plant Terrarium Build	Clayton Park, Upper Freehold
12:00 - 4:00 p.m.	Green Day Festival	Green Committee, Hammonton

1:00 - 2:20 p.m.	Fall Foliage Walk	Snug Harbor Cultural Center and Botanical Garden, Staten Island, New York
1:00 - 4:00 p.m.	Knowing Native Plants: From Flowers to Seeds	Bowman's Hill Wildflower Preserve, online
1:30 - 3:00 p.m.	Compost Processing Workshop	Snug Harbor Cultural Center and Botanical Garden, Staten Island, New York
1:30 - 4:30 p.m.	So Many Seabirds	Stone Harbor Point, Stone Harbor
2:00 - 3:00 p.m.	Nature Walk along the Main Trail	Cattus Island Park, Toms River
2:00 - 3:00 p.m.	Seabird ID Mini-Workshop	Seawatch, Avalon
3:00 - 5:00 p.m.	Hawks, Trails and Beach	State Park, Cape May Point

Sunday, November 6

7:30 - 9:30 a.m.	Above Par Birding	Cox Hall Creek Wildlife Management Area, Villas
10:00 a.m. - 12:00 p.m.	Nature Walk	Mill Creek Point and Schmidt's Woods, Secaucus
10:00 a.m. - 4:00 p.m.	Bayshore Birding at Its Best	Mauricetown Wawa, Millville
11:00 a.m. - 12:00 p.m.	Eco-Sphere: Life in a Jar	Freneau Woods Park, Aberdeen
1:30 - 2:30 p.m.	Interpretative Trail Hike	Rancocas Nature Center, Westampton
1:30 - 3:30 p.m.	Beginner Gourds	Calgo Gardens, Freehold
2:00 - 3:00 p.m.	Nature Walk along the Main Trail	Cattus Island Park, Toms River

2:00 - 3:00 p.m.	Seabird ID Mini-Workshop	Seawatch, Avalon
2:00 - 4:00 p.m.	Deer Resistant Native Plants for the Northeast	The Scott Arboretum of Swarthmore College, Swarthmore, Pennsylvania or online
3:00 - 4:00 p.m.	Nick McCullough	Radnor Memorial Library, Radnor, Pennsylvania

Monday, November 7

7:30 - 9:30 a.m.	Birding	South Cape May Meadows Preserve, Cape May
6:30 p.m.	Designing Holiday/Winter Containers for Your Home	Senior and Community Center, Ewing

Tuesday, November 8

9:00 a.m.	The Casual Birder	Crosswicks Creek Park, Upper Freehold
3:00 - 5:00 p.m.	Full Moon Walk in Andorra Meadow	Morris Arboretum of the University of Pennsylvania, Philadelphia, Pennsylvania
5:30 p.m.	Full Moon Hike	Reeves-Reed Arboretum, Summit
6:00 - 7:00 p.m.	By the Light of the Full Beaver Moon	Dark Moon Preserve, Newton
6:30 - 7:30 p.m.	Oral Histories for Community Gardners	Pennsylvania Horticultural Society, online
7:00 p.m.	Conifers	Frelinghuysen Arboretum, online
7:00 - 9:00 p.m.	Essex County Beekeepers Society	Garibaldi Hall, Roseland

Wednesday, November 9

10:00 - 11:30 a.m.	Awesome Autumn Amble	Clayton Park, Upper Freehold
10:00 a.m. - 12:00 p.m.	Nature Walk	Losen Slote Creek Park, Little Ferry
1:00 - 2:00 p.m.	Wednesday Walkabout	Jenkins Arboretum, Devon, Pennsylvania
5:30 - 7:00 p.m.	Hump-Day After Work Hike	Rancocas Nature Center, Westampton
6:00 - 8:00 p.m.	Seed Saving 101	Longwood Gardens, Kennett Square, Pennsylvania
7:00 - 9:00 p.m.	Botanical Jewelry	Public Library, Wayne

Thursday, November 10

11:30 a.m. - 12:30 p.m.	Nature Inspired Decor (Demo)	Van Vleck House and Gardens, Montclair
7:00 - 8:00 p.m.	Hedgerows: An Icon of Bucks County's Rural Vernacular Landscape	Bowman's Hill Wildflower Preserve, online

Friday, November 11

1:00 - 4:00 p.m.	Birding on the Barrier Islands	Stone Harbor Point, Stone Harbor
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Saturday, November 12

7:00 a.m. - 12:30 p.m.	Rarity Roundup	State Park, Cape May Point
7:00 a.m. - 4:30 p.m.	Hawk Mountain Sanctuary	Thompson Park, Lincroft
7:30 - 9:30 a.m.	Fall Migrants	Rea Farm-The Beanery, West Cape May
8:00 - 9:00 a.m.	Morning Walk	Scherman Hoffman Wildlife

		Sanctuary, Bernardsville
8:00 - 11:30 a.m.	New Jersey Audubon Annual Bird Count	Canoe Brook Reservoir, Short Hills
8:30 - 9:45 a.m.	Intro to Birding: Turtle Lake	Duke Farms, Hillsborough
8:45 a.m. - 2:00 p.m.	Brigantine	Edwin B. Forsythe National Wildlife Refuge, Galloway
9:00 - 10:00 a.m.	Bird Walk	Cloverdale Farm Park, Barnegat
10:00 a.m. - 12:00 p.m.	Pruning for Home Gardens	Davidson's Mill Pond Park, South Brunswick
10:00 a.m. - 12:00 p.m.	Four Seasons of Colorful Shrubs in Your Landscape	Deep Cut Gardens, Middletown
11:00 a.m. - 12:00 p.m.	Holiday Wreath Making	Essex County Environmental Center, Roseland
11:00 a.m.	Conifers Tour	Morris Arboretum of the University of Pennsylvania, Philadelphia, Pennsylvania
12:00 - 2:00 p.m.	Cider Making Demonstration	Longstreet Farm, Holmdel
2:00 - 3:00 p.m.	As the Marsh Prepares for Winter	Cattus Island Park, Toms River
2:00 - 3:00 p.m.	Seabird ID Mini-Workshop	Seawatch, Avalon
2:00 - 4:00 p.m.	Preparing the Garden for Winter	Native Plant Society of New Jersey Bergen-Passaic Chapter, Glen Rock
3:30 - 5:00 p.m.	Sunset Stroll around Turkey Swamp Lake	Turkey Swamp Park, Freehold

Sunday, November 13

9:00 - 10:00 a.m.	Morning Bird and Wildlife Walk	Seven Presidents Park, Long Branch
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9:00 - 11:00 a.m.	A Place for All Seasons	Sunset Beach, Lower Township
10:30 a.m. - 12:00 p.m.	Dealing with Deer	Great Swamp Outdoor Education Center, Chatham
1:00 -3:00 p.m.	Plan and Plant	Jenkins Arboretum, Devon, Pennsylvania
2:00 - 3:00 p.m.	As the Marsh Prepares for Winter	Cattus Island Park, Toms River
4:00 - 8:00 p.m.	Photographing Birds in Our Regions: Special Birds, Great Experiences and Helpful Techniques and Art Opening -- The Beauty of the Birds	Awbury Arboretum, Philadelphia, Pennsylvania

Monday, November 14

1:20 p.m.	Page Dickey Reflects on a Lifetime of Gardening	Union Congregational Church, Montclair
3:30 - 5:00 p.m.	Sunset Stroll around Turkey Swamp Lake	Turkey Swamp Park, Freehold

Tuesday, November 15

11:00 a.m. - 12:00 p.m.	Eco-Sphere: Life in a Jar	Clayton Park, Upper Freehold
1:00 - 2:30 p.m.	Strategies for Invasive Plant Management	Native Plant Trust, online
6:00 - 8:00 p.m.	Sweet Floral Treats: Pumpkin Pie	Longwood Gardens, online
7:00 - 8:00 p.m.	Seagrass Habitat and Restoration in Barnegat Bay	Ocean County Master Gardeners, online
7:00 p.m.	Bonsai in Your Garden	Frelinghuysen Arboretum, online

Wednesday, November 16

8:00 a.m. - 5:30 p.m.	Autumn Birding Expedition	Thompson Park, Lincroft
10:00 - 11:30 a.m.	Awesome Autumn Amble	Big Brook Park, Marlboro
10:00 a.m. - 12:00 p.m.	Nature Walk	Mill Creek Marsh, Secaucus
11:00 a.m. - 1:00 p.m.	Holiday Floral Design	Fire Department, Lebanon Township
11:30 a.m. or 12:30 p.m.	Cream Tea	Reeves-Reed Arboretum, Summit
1:00 - 2:00 p.m.	Wednesday Walkabout	Jenkins Arboretum, Devon, Pennsylvania
2:00 - 3:30 p.m.	Hump-Day Afternoon Hike	Rancocas Nature Center, Westampton

Thursday, November 17

8:30 - 11:30 a.m.	Birding Meander	South Mountain Reservation, West Orange
12:30 - 2:30 p.m.	Native Species, Cultivars and Selections	Native Plant Trust, online
2:00 - 3:00 p.m.	Stamps and Stamps: Style and Sensibility	The Garden Conservancy, online
6:00 p.m.	Plantology on Tap: A Longwood Christmas	Longwood at the Creamery, Kennett Square, Pennsylvania
6:00 - 7:30 p.m.	Hot Chocolate Hike	Essex County Environmental Center, Roseland
6:30 - 8:00 p.m.	Gardening in Small Spaces	Rutgers Cooperative Extension of Cape May, Cape May Courthouse
6:30 - 8:00 p.m.	Nature's Ornaments	Rancocas Nature Center, Westampton
7:00 - 8:00 p.m.	Wildspawn Mushrooms:	Bowman's Hill Wildflower

	Cultivating and Foraging Gourmet Fungi	Preserve, online
7:00 - 8:00 p.m.	Birding Seminar: The Next Ten Species	Somerset County Environmental Education Center, online
7:00 - 8:30 p.m.	Owls of the Mid-Atlantic States	Jenkins Arboretum, online

Saturday, November 19

8:00 - 9:00 a.m.	Morning Walk	Scherman Hoffman Wildlife Sanctuary, Bernardsville
8:30 a.m. - 12:00 p.m.	Bird Walk	Raritan Bay Waterfront Park, South Amboy
9:00 - 11:00 a.m.	Photo Walk	Jenkins Arboretum, Devon, Pennsylvania
9:30 - 11:30 a.m.	Bountiful Beginner Thanksgiving Centerpieces	Longwood Gardens, Kennett Square, Pennsylvania
10:00 a.m. - 12:00 p.m.	Native Plants That Thrive in New Jersey	Deep Cut Gardens, Middletown
10:30 - 11:30 a.m.	Guided Hike	Rancocas Nature Center, Westampton
11:00 a.m., 1:00 p.m. or 3:00 p.m.	Hot Apple Cider Hike	Cora Hartshorn Arboretum and Bird Sanctuary, Short Hills
1:00 - 4:00 p.m.	Thanksgiving Centerpieces, Gone Cutting Edge	Longwood Gardens, Kennett Square, Pennsylvania
2:00 - 3:00 p.m.	Masters of the Skies: A Brief Introduction to Falconry	Bowman's Hill Wildflower Preserve, New Hope, Pennsylvania

Sunday, November 20

9:00 a.m. - 4:30	Birding	Cherry Valley National Wildlife Refuge, Stroudsburg,
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p.m.		Pennsylvania
10:00 a.m. or 1:00 p.m.	Wreath Making Workshop	New Jersey Botanical Garden, Ringwood
11:00 a.m. - 12:30 p.m.	Introduction to Home Herbalism	Norristown Farm Park, East Norriton, Pennsylvania
11:00 a.m., 1:00 p.m. or 3:00 p.m.	Hot Apple Cider Hike	Cora Hartshorn Arboretum and Bird Sanctuary, Short Hills
11:30 a.m., 12:30 p.m. or 2:00 p.m.	Afternoon Tea	Reeves-Reed Arboretum, Summit
1:00 - 2:30 p.m.	Wines and Pines	Clayton Park, Upper Freehold
3:00 p.m.	Nature on the Move	Huber Woods Park, Locust
4:00 - 5:00 p.m.	Give a Hoot! Owls of New Jersey	Scherman Hoffman Wildlife Sanctuary, Bernardsville

Tuesday, November 22

7:00 p.m.	Figs	Frelinghuysen Arboretum, online
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Wednesday, November 23

11:00 a.m. - 12:00 p.m.	Carnivorous Plant Terrarium Build	Freneau Woods Park, Aberdeen
1:30 - 2:00 p.m.	Historical Nature Walk	Cedar Bridge Park, Barnegat
2:00 - 3:30 p.m.	Hump-Day Afternoon Hike	Rancocas Nature Center, Westampton

Thursday, November 24

10:00 a.m. - 12:00 p.m.	Thanksgiving Morning Walk	Harrier Meadow, North Arlington
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Friday, November 25

9:00 a.m.	The Casual Birder	Perrineville Lake Park, Millstone
11:00 a.m. - 12:00 p.m.	Opt Outside	Deep Cut Gardens, Middletown

Saturday, November 26

8:00 - 9:00 a.m.	Morning Walk	Scherman Hoffman Wildlife Sanctuary, Bernardsville
1:00 - 5:00 p.m.	Brigantine and Mott's Creek	Edwin B. Forsythe National Wildlife Refuge, Galloway
2:00 - 3:00 p.m.	Hibernation Hike	Cattus Island Park, Toms River
3:00 - 6:00 p.m.	Wreath Making Workshop	Snug Harbor Cultural Center and Botanical Garden, Staten Island, New York

Sunday, November 27

11:30 a.m., 12:30 p.m. or 2:00 p.m.	Afternoon Tea	Reeves-Reed Arboretum, Summit
2:00 - 3:00 p.m.	Hibernation Hike	Cattus Island Park, Toms River

Tuesday, November 29

6:00 - 8:00 p.m.	Holiday Wreath Making	Morven Museum and Garden, Princeton
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Wednesday, November 30

10:00 - 11:30 a.m.	Awesome Autumn Amble	Freneau Woods Park, Aberdeen
11:30 a.m. or 12:30 p.m.	Cream Tea	Reeves-Reed Arboretum, Summit
2:00 - 3:30 p.m.	Hump-Day Afternoon Hike	Rancocas Nature Center, Westampton
5:00 - 7:00 or 7:00 -	Evergreen Holiday Wreath	Cattus Island Park, Toms River

9:00 p.m.		
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Lots to do in the garden this month (courtesy of the New York Botanical Garden):

Protect cold frames by lightly covering perennials and biennials inside the frame with salt hay or leaves, bank well with insulating material and cover on cold nights with thick mats, and ventilate carefully to avoid extremes of heat and cold.

Thoroughly scrub greenhouse glass, woodwork, masonry and benches once chrysanthemums are finished, replace gravel, and make sure humidity is maintained, particularly in warm greenhouse, by wetting down the floors as necessary.

Keep houseplants sufficiently watered to avoid wilting, but not waterlogged.

Avoid fertilizing houseplants except for pot-bound, old, very leafy foliage plants, which may be given dilute fertilizer twice a month.

Keep tender houseplants away from windows on cold nights or shield with paper, avoid cold drafts and radiators or excessively high temperatures, but give as much sunlight as possible.

Complete all planting of trees, shrubs, perennials and bulbs as soon as possible; if bulbs that have been ordered have not yet arrived, cover the proposed planting bed with a thick layer of leaves or straw and top with a few branches to keep the soil soft.

Complete garden cleanup and compost any plant material not diseased or bearing weed seeds; raked deciduous leaves may be segregated for leaf mold.

Keep lawn raked.

Clean gutters and drains.

Drain garden pools and overwinter hardy water lilies in their tubs without disturbing roots in a cool cellar or in the bottom of the drained pool covered with 2-3 feet of leaves or straw and topped with boards to keep them cool and moist but frost-free.

Incorporate soil amendments, which may be only partly decomposed, or sow green manure without delay.

Propagate evergreen cuttings before the wood freezes to avoid damage to the existing plant.

Propagate hardwood cuttings of suitable deciduous trees and shrubs in sand, preferably in cold frame.

Protect newly planted evergreens with burlap screens or pine branches.

Once ground is frozen to a depth of at least 3-4", mulch roses, perennials, and shrubs with material beneficial to the soil and that will allow air to pass through and will not pack down.

Protect perennials that retain their leaves over the winter with evergreen branches, but do not cover the centers of plants that retain their leaves and form rosettes.

One Step Further

So, you have filled your garden with natives, use organic practices and select pollinator-friendly plants. Certainly, you have come a long way from the chemical-intensive, topiary-focused horticulture of the past, but are you ready to take it to the next level?

Ecological horticulture is the practice of cultivating plants to enhance the environment for all its constituents -- soil, micro-organisms, pollinators and wildlife, in addition to plants -- and, in the process, to develop a dynamic ecosystem that can function with as little human intervention -- not to mention back-breaking labor -- as possible. True ecological landscaping begins with native plants and may also provide for some amount of ecological succession, *i.e.*, the directional progression from one ecosystem of a natural community to another. That is not to say that the latest best practices require you to allow your yard to progress to a third growth deciduous forest or that a slovenly appearance is a badge of honor or even that a non-native plant may never again set root on your property. Indeed, a certain amount of formality is necessary to obviate the appearance of neglect, and you are entitled to a garden that meets your needs, however much intervention that requires. Yet, by adapting to a more natural landscape and adopting some less intrusive gardening practices overall, your garden will be healthier, easier to care for, and far more diverse.

If you want to give ecological horticulture a try, now is the time to make some changes. Start with raking leaves: it is necessary on a lawn to keep the grass from being smothered, but, in most other cases, leaves should be left where they fall around other plants. Leaving them in place allows pollinator larvae or pupae to overwinter and the plants themselves to self-seed. The leaves that fall from a plant act as a natural mulch and not only return nutrients to the plant, or the soil if the plant is an annual, but can actually make the soil more hospitable for its own and related species. One example is the juniper, an adaptable forest tree, which acts as a pioneer.

After a wildfire that consumes part of a forest, which is naturally acid, the ash will render the newly cleared ground more alkaline and hospitable to grasses. If a juniper can gain a foothold and the needle-drop is allowed to remain, these castings will make the soil immediately beneath it more acid and inviting to more alkaline-intolerant trees. Left alone the grassland will eventually be reforested.

There are, of course, circumstances when it is necessary to remove a layer of duff. If the leaves are diseased, they should be removed, as they should if they are likely to smother delicate plants. Moreover, if you do not want your yard to revert to a forest, you may in good conscience remove a juniper or other volunteer, along with its detritus. However, in other circumstances, leaving the fallen leaves will help your garden, to say nothing of your back.

Similarly, the practice of cutting back perennials in the autumn is not scientifically supported for most plants, although it may sometimes be necessary for reasons of aesthetics, for instance, or strain on a shallow root system in a windy area or to provide for stem-nesting bees in 18-inch-high hollow stalks, as from *Asteraceae* family plants. In such cases, cut the stems down in chunks no larger than six inches and let them fall where they are cut. Leave seed heads on the plants over the winter, if possible, to attract wildlife, especially birds.

Of course, without raking leaves and cutting back perennials willy-nilly, you'll have time to do what should be done in the fall: planting. Planting in the spring does not allow young plants to become established before they are subjected to heat and drought. In addition, a newly planted butterfly host plant can be decimated by larvae when they hatch in the spring. Planting in the fall allows for root development while the upper portion of the plant is dormant and undemanding. When established after the winter, it can withstand the larval onslaught and will not need watering except in the case of a true drought. Finally, planting in the fall will leave you time in spring to get after weeds when they are still small enough not to have sucked all the nutrients out of the soil away from your desirable plants or, worse, left enough seeds for another round of weeding.

Brooklyn Bridge Park, an 85-acre landscape built on an old industrial site, is ground zero for ecological horticulture. It is a beautiful garden with year-round interest that has reclaimed degraded land, filters rain water, improves air quality and supports local wildlife in a resilient ecosystem. It's worth a visit and worth emulating.

Season's Eatings:

An opportunity to use some leftover pumpkin without the ubiquitous pumpkin spice.

Orange Pumpkin Mini-Muffins(about 2 1/2 dozen)

1/2 cup slivered orange peels

1 cup sugar

2 cinnamon sticks

1/4 cup cooked, mashed pumpkin or other winter squash
1/2 cup yogurt
1/2 cup orange juice
1 egg
2 cups flour
1 tsp. baking powder
1/2 tsp. baking soda
1/2 tsp. ground ginger

Bring peels, 2/3 cup sugar and cinnamon to boil with 1/2 cup water in a heavy saucepan, reduce heat, simmer, uncovered, about 20 - 30 minutes until syrup is very thick and leaves a thread when dropped from a spoon, remove from heat, cool slightly, remove cinnamon, beat in pumpkin, beat pumpkin mixture into yogurt in large bowl, and beat in orange juice, then egg. Sift together flour, baking powder, baking soda and ginger, add to pumpkin mixture, add remaining sugar, stir together well with wooden spoon, but be careful not to overbeat. Spray mini-muffin tins with cooking spray, fill muffin cups about 3/4 full with pumpkin mixture, and bake at 375° about 15 to 18 minutes until knife inserted in center comes out clean. Cool slightly, turn out of tins, and serve warm.