



## **MEET THE JEA PALS**

### **ALEX AND JOY'S ADVENTURE ACTIVITY BOOK**



**HI THERE...**

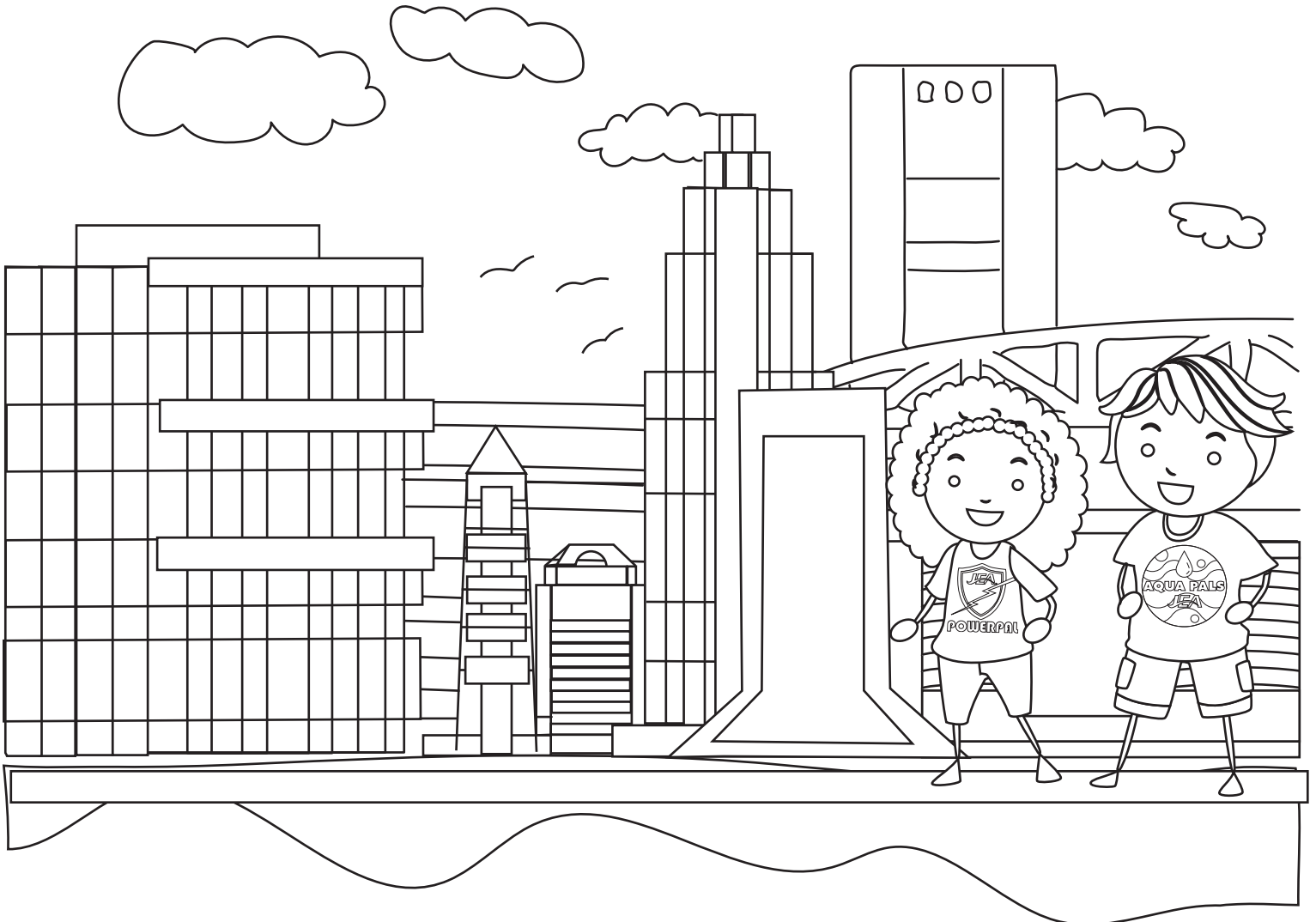
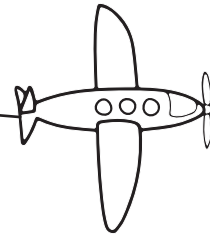
We're Alex and Joy, the JEA Aqua and Power Pals!

Our job is to teach kids how to stay safe around electricity and water inside and outside of their homes. Join us for an exciting adventure that will spark your imagination!

**ARE YOU READY TO MAKE A SPLASH AND SPARK YOUR CURIOSITY?**

**LET'S DIVE IN!**

Color This Page!



## LET'S START WITH THE BASICS!

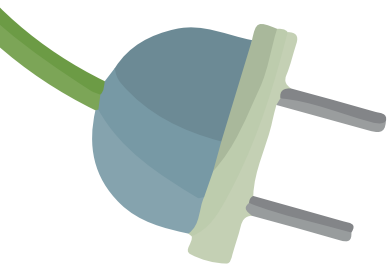
Electricity is all around us. As your JEA Power Pal, Joy,  
I'm here to help you learn more about it!



Electricity powers our homes, our schools and even some of our toys. In the next few activities, we'll take a closer look at how electricity is a part of our daily lives.

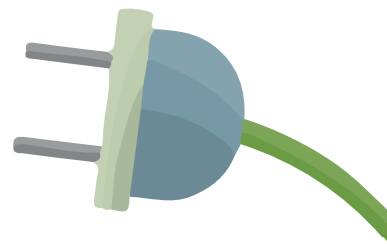
**Activity:** Circle or color the items below that use electricity.





## BE SMART, STAY SAFE!

Electricity is very powerful and can be dangerous if not used properly. Here are some tips to remember to stay safe, while having fun.



### **CHECK FOR DAMAGE**

Before using a cord, always check for any cuts or breaks. If a cord is damaged, don't use it. Tell an adult instead.

### **ASK AN ADULT FOR HELP**

Never plug or unplug a cord without an adult's help.

### **KEEP CORDS OUT OF THE WAY**

Cords should be kept away from where people walk and play. Keep them along walls or tucked away safely. Always keep cords away from water.

### **POWER OUTLETS ARE FOR PLUGS**

Never put anything in a power outlet besides plugs. Sticking things in outlets that don't belong can shock you or could start a fire.

### **STAY AWAY FROM SPARKS**

If you see sparks from an outlet or electronic, safely back away and tell an adult.

### **ELECTRICITY AND WATER DON'T MIX**

If you are playing in or nearby water never touch your devices or anything plugged in with wet hands.



## SAVING ELECTRICITY IS IMPORTANT TOO!

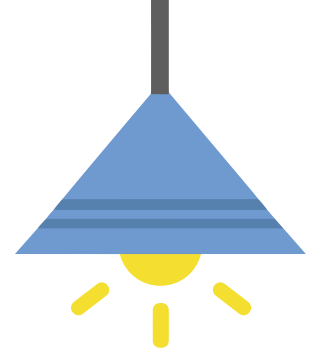
### **PLAY OUTSIDE**

Spend more time outdoors playing and less time inside watching TV or playing video games. It's not only good for saving electricity, it keeps you healthy and active.

### **CLOSE DOORS AND WINDOWS**

Keep doors and windows closed when the heat or air conditioning is on.





## ELECTRICITY WORD SEARCH

ACTIVITY: Can you find the words hidden in the word search below? Circle them when you do!

L	S	M	R	L	M	C	F	J	Z	X	V	H	H	U
K	I	G	K	J	E	Y	Q	I	O	T	J	Y	N	K
K	M	G	Z	F	T	T	E	R	N	C	W	J	L	K
S	R	H	H	J	A	N	S	M	G	S	H	G	V	W
L	R	T	P	T	L	U	Z	L	T	G	K	P	T	I
Z	D	Y	S	R	L	F	O	R	Q	N	W	M	D	R
X	N	U	H	F	O	X	H	J	T	W	I	S	N	E
G	L	E	O	X	Y	C	O	N	E	N	E	R	G	Y
B	E	O	C	F	A	F	V	U	S	Y	Y	F	N	B
H	A	M	K	V	G	Y	U	B	T	R	Z	R	X	W
Q	C	Z	M	L	C	D	R	T	E	L	E	I	L	O
K	O	T	E	G	B	V	S	T	V	W	E	D	A	P
O	R	V	U	C	T	P	T	Q	O	H	R	T	J	V
O	D	L	R	C	Y	A	Q	P	M	T	M	C	U	K
A	P	S	L	P	B	T	H	E	K	A	X	R	D	P

PLUG - OUTLET - CORD - LIGHT - BATTERY  
WIRE - POWER - METAL - SHOCK - ENERGY

## SPOT THE DANGERS WITH JOY

ACTIVITY: Mark an "X" over the parts of pictures that are NOT safe.





## WATER'S FUN BUT SAFETY'S NUMBER ONE!

It's time to splash along with me, your Aqua Pal, Alex! Together, we'll learn all about water safety and how you can be aware of potential dangers.

Here are some of my favorite tips. They'll help keep you safe and make sure you still have fun. Let's dive in!

### **DIVE WITH CAUTION**

Only dive in places marked safe for diving. If you're not sure, jump in feet first.

### **AVOID THE DRAINS**

Don't swim near drains or suction outlets in pools to avoid getting stuck.

### **KNOW THE WATER**

When swimming in lakes or rivers, know how deep the water is and watch out for any hidden dangers.

### **STAY INSIDE WHEN STORMS ARRIVE**

When there's lightning or thunder outside, it's best to stay indoors. Lightning and electricity can be dangerous during storms.

### **KEEP ELECTRONICS DRY**

Before using phones, tablets, or any electric toys make sure your hands are dry. Dry hands help keep the devices dry and working properly.

### **ALWAYS SWIM WITH A FRIEND**

Never swim alone. It's important to swim with a friend and always have permission from an adult first.

### **PLAY WITH A PARENT PRESENT**

Make sure an adult is always watching when you're near water, like a pool or lake, even if you're a good swimmer.

### **WEAR A LIFE JACKET**

If you're in a boat or fishing, wear a life jacket that is your size and in good condition.

### **HAVE AN EMERGENCY PLAN**

Be aware and act quickly. Knowing how to call for help and what to do if you see someone in trouble can save a life.

### **FOLLOW POOL RULES**

Listen to lifeguards and follow the pool rules. Never run around a pool, only walk.





## **SHARE YOUR TIPS WITH YOUR FRIENDS!**

When everyone knows how to play safely, you'll have more fun. Remember, as long as we're careful and pay attention, we can be safe and still have fun in or around water!

**ACTIVITY:** Draw a picture of something safe & fun you do in the water below!

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# WATER WORD SEARCH

**ACTIVITY:** Can you find the words hidden in the word search below? Circle them when you do!

I	R	M	B	M	Y	H	E	P	Y	Q	F	J	R	L
O	Q	Q	H	P	V	G	F	T	H	X	L	K	K	K
C	M	A	I	D	Z	L	J	Z	I	R	R	D	S	S
E	Q	L	B	Y	O	I	W	B	X	T	K	B	K	C
A	Z	T	F	S	F	F	J	E	P	W	G	C	J	Q
N	N	W	S	A	F	E	T	Y	A	K	M	P	R	O
Y	M	Y	A	B	C	G	Y	B	Q	T	U	W	V	Q
C	M	L	H	T	F	U	M	H	Z	E	H	Q	Z	R
G	G	K	N	W	E	A	R	L	F	T	O	E	W	V
D	F	E	I	N	I	R	Y	R	E	V	R	X	R	N
D	Q	L	R	U	J	D	D	P	E	H	L	G	S	D
V	D	P	O	S	S	T	O	R	M	N	S	N	A	K
X	D	B	D	A	B	V	W	X	A	J	T	Q	W	D
D	G	D	V	L	T	K	Z	J	O	I	T	C	M	R
N	X	K	Y	M	C	J	M	X	T	H	N	W	Q	T

LIFEGUARD - OCEAN - WEATHER - SAFETY  
FLOAT - WATER - CURRENT - DRAIN - STORM



## SPOT THE DANGERS WITH ALEX

Water can be loads of fun, but it's important to be aware of risks when you're swimming or playing.

**ACTIVITY:** Circle the dangerous or unsafe parts of the pictures below.





# CERTIFICATE

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**IS NOW AN OFFICIAL MEMBER OF  
THE JEA AQUA PALS AND POWER PALS**

