

I'm bringing 21 years of government experience to this role

City Council

- Since June 2025, serve as a member of the Agriculture and Rural Affairs Committee, Public Works and Infrastructure Committee, Emergency Preparedness and Protective Services Committee, Service Review Working Group, South Nation Conservation Board, and Osgoode Care Centre Board

Intergovernmental Relations

- 3 years as a Senior Policy Advisor at the Privy Council Office, I provided advice to Ministers and departments on federal-provincial-territorial affairs, and supported negotiations to advance national priorities.

Regulatory Affairs & Red Tape Reduction

- For 6 years as a Senior Advisor at the Treasury Board of Canada Secretariat, in Regulatory Affairs, I modernized Canada's federal regulatory system to reduce burden on small business, enable innovation and improve competitiveness.
- I led the legislative review on red-tape reduction.

Operations Management & Program Delivery

- Across 6 years, I held various front-line managerial roles leading large teams at Health Canada while transforming operations to streamline services and cut client wait times.

Procurement & Financial Stewardship

- For 5 years, I supported a major procurement project at Health Canada, ensuring value-for-money, fairness, and transparency through rigorous evaluation standards.

Education

- **I hold a Bachelor of Public Affairs and Policy Management**, Carleton University, Specialization in Social Policy, Highest Honours, 2004

I serve my community

Former President, Greely Community Association (3 years)

I lead local initiatives that improve public spaces and quality of life—expanding programming, organizing community events, and advocating for safer communities.

Member, Greely Lions Club (4 years)

Lead and support local fundraising and service projects that give back to the community.

Leader, Scouts Canada (10 years)

Mentored youth in leadership, outdoor skills, and civic responsibility.

I've been recognized for getting results

- Osgoode Ward 20 - Kay Johnston Outstanding Community Service Award - 2024
- Treasury Board Secretariat Sector Award for Innovation and Creativity – 2022
- Osgoode Ward 20 - Volunteer Appreciation Award 2022
- Health Canada Deputy Minister's Award for Policy Innovation – 2016
- Health Canada Award for Excellence in Service Delivery – 2011, 2016
- Health Canada Deputy Minister's Award for Management Excellence – 2010
- Carleton University Scholarships – Marion Clark Memorial Scholarship, Pollara Prize, Chancellor's Scholarship - 2000-2004
- Canada Millennium Provincial Excellence Award - 2000

I am also committed to a life at home

- I am a wife and proud mother of four children—ages 12, 18, 22, and 28—who were raised in Greely, the community we've called home for 15 years.
- I love spending time outdoors—whether it's gardening, exploring nature or unwinding by the campfire.
- When I find a quiet moment, you'll find me browsing a local market, thrifting, enjoying a show at the theatre, or relaxing in my craft room with a crochet project in hand.